



# The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

October, 2012

## SPECIAL EVENTS

Tuesday, October 2nd

1:00 Card Making

Wednesday, October 3rd

11:30 Birthday Celebration

By Sherie Lundahl

3:00 October Birthday Cake

Monday, October 8th

10-12 Flu Shots

Tuesday, October 9th

12:45 Irish Tunes,

Charles Maier

5:30 Oktoberfest Dinner

6:30 Oktoberfest Music

Burt Heithold Band

Wednesday, October 10th

11:30 & 12:45 Fall Harvest

Celebration

"Singing Farmer"

Friday, October 12th

12:05 Century Club,

Careage Certificates

Monday, October 15th

1:00 Board Meeting

Wednesday, October 17th

9:30 to 12 Health Screening

Noon Special Luncheon

11:30 Cyril & Bev Hansen

Organ & Piano

Thursday, October 18th

11:40 to 12:10 Dinner Music

"Spotlight on Promise"

Phil & WSC Students

Monday, October 22nd

11:30 & 12:45

"Wayne Clarinet Ensemble"

7 Accomplished Musicians

Wednesday, October 24th

Senior Center/Library

15th Anniversary

11:30 Connie Webber, Music

12:45 Georgia Janssen

1:00 Pat Gross

12 & 3:00 15th Anniversary Cake

Thursday, October 25th

12:45 "Falls in Fall"

Careage/ Pumpkin Pie & Topping

Tuesday, October 30th

11:30 Val Koeber Music

12:45 Comedy

Wednesday, October 31st

(Halloween)

12:40 "It's Laughter We're After"  
Jenny Herrick, Famous Comedian



Wayne Senior  
Center  
Wishes All Seniors  
A  
Great Fall  
That awakens  
You to the Beauty  
Of the Golden  
Indian Summer



### Autumn Fanfare

When autumn blends  
her colors  
In a panoramic view  
Over fields, woods, and  
hillsides  
In variegated hue,  
We stand and gaze in  
wonder  
At the lavishness  
arrayed  
In the beauty and the  
vastness  
Of God's handiwork  
displayed.

### *An Autumn Landscape By Grace Noll Crowell*

*Brilliant scarlet and crimson stain,  
And splashes of yellow gold,  
Warm brown stubble and ripened grain;  
The waysides seared and old;  
A dazzle of green where the aftermath  
Breathes a tale long told.*

*Gray where the haze hangs over the west,  
Blue where the asters grow;  
Purple the lights on a hill's far crest,  
The shadows mauve below;  
Blackbirds wheeling above the corn,  
Silent, serenely slow.*

*Lights and shadows and sparkle of wine,  
Somber color and gay;  
Rich and warm in the late sunshine,  
Chill where the shadows play;  
Thus God hangs His masterpiece  
Over the world today.*

Wayne Senior Center Friends and Interested Community Individuals:  
Come to Participate in "Voices for Democracy" 7-9pm Tues. Oct. 23rd.  
Sponsored by WSC for community involvement & interaction. At our Center.



**Featured pianist:**  
Val Koeber  
October 25th  
11:30 Piano Music

12:45 Comedy Skit

"How to Organize your  
Sock Drawer"

**Important Safety  
Information**

**"Falls In Fall"**

Thursday, October 25th  
12:45

By Cassidy Kuszak  
Careage is serving Pumpkin  
Pie with Topping at Noon



**Attention  
Card Makers— Mixture**

Please come: Tuesday,  
October 2nd, 1:00 p.m.

Wayne Senior Center is the  
"Place to Be"  
11:30 & 12:45 Monday, October 22nd

Presenting:  
**Wayne Clarinet Ensemble**  
7 talented musicians playing  
Classical and Popular Selections



**October Birthday Party**  
Wednesday, October 3rd  
11:30 am & 12:45 pm  
Sherie Lundahl, guitarist  
& vocalist

Playing guitar background music  
the 1st set &  
singing on the 2nd set

3:00pm Chocolate Icing on  
Yellow Cake



**German Oktoberfest—Evening Meal /Dance**

**You are Invited to our German Oktoberfest**  
5:30 p.m. Tuesday, October 9th



**Oktoberfest Menu Includes:**  
German Brats with Sauerkraut  
Chilled Pickled Beets  
Hot German Potato Salad  
Jelled Pear Salad  
Rye Bread with Promise  
German Apple Cake with Chopped Apples with Carmel Sauce & Topping  
Milk, Coffee, Water  
Over 60 \$3.75 contribution  
Under 60 \$7.10 charge

We are proud to have Burt Heithold Band to liven up our fest, so bring your dancing shoes.

**Burt Heithold Band & Dance;**  
at 6:30 p.m.

Welcome your friends and family as your dinner guests.  
Call early (402-375-1460) due to 104 maximum seating. *New Senior Friends Welcome!*



All Seniors and Wayne Area Friends are Invited to:  
15th Anniversary Celebration for the new Wayne Senior Center/Wayne Public Library Building  
Wednesday, October 24th at the Wayne Senior Center  
Festivities Include:  
11:30 am Connie Webber, piano music  
12:45 pm Georgia Janssen, past Center Director  
12:55 pm Pat Gross, Friend of the Library  
Noon and 3:00 pm Anniversary Cake (includes Home Delivered Participants. Please join us and celebrate.



**September: Thank you to Careage of Wayne  
for sponsoring  
14 Special Luncheon Certificates & Bingo Black Outs  
Thank you Emeritus/Oaks for sponsoring 3 Century  
Club Certificates and Oaks Day Guest Meals.**

**Wayne Public Transit is a great mode of  
transportation  
for you to get to appointments & to run  
Errands for \$1.50 one way.  
Hours: 9:00am—4:30pm  
Last Run**





## VOLUNTEERS Thank You!!

The Senior Center really needs volunteers for

### **Home Delivered Meal Substitutes**

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

**Volunteers, You are our " Valued Helpers"**

**Hear Ye! Hear Ye!**  
**Monday, October 15th at**  
**1:00p.m.**  
**Wayne Senior Center**  
**Board Meeting**



*Phil Pfaltzgraff will again invite*

*Wayne State College*  
*Music Majors*

*For-*  
**"Spotlight on Promise"**

*Make Your dinner reservations early :*  
**Thursday, October 18th**  
**11:40& 12:10 Performances**



**Back by Popular Demand**  
**"The Singing Farmer"**  
**Ervin Pickhinke and Don Toms**  
**Featured Performers.**

**11:30 & 12:45 Wednesday**  
**October 10th Dinner & Dance**

**Please make dinner reservations early as 104 is our maximum dining capacity. Please invite family and friends to our dinner to hear our great entertainers.**

**Health Clinic: Flu Shots Given At Wayne Senior Center**  
*Bring Medicare Health Cards*  
*Wayne Mercy Medical Clinic Nurses*

**October 8th, from 10:00 to 12:00**

*Please sign up in advance so the nurses know about how much Flu serum to bring*

*Cost: Free*

*For: Medicare Eligible Persons Only from Wayne Area*

## **October: Fire Prevention Hint**

**Remember: Wear short sleeve or tight fitting sleeve when you cook.**



**Mary Nichols, RN**  
**Health Care Screens**  
**Wednesday, October 17th**  
**9:30a.m.—12:00, Blood Sugar and Blood Pressure &**  
**12:00 Noon, Special Luncheon**  
**Gift Certificates to 14 Lucky Winners**  
**Sponsored by Emeritus at The Oaks**

### **Special Luncheon Menu**

**Ham Salad Sandwich on WW Bread**  
**Homemade Pea Salad**  
**Homemade Tomato Soup with Stewed Tomatoes**  
**Crackers and Promise**  
**Lemon Meringue Pie**  
**Milk, Coffee or Water**



**Entertainers: Bev & Cyril Hansen**



**Halloween Celebration, Oct. 31st**  
**By Jenny Herrick, Humorist & Author**  
**Presenting**

**"It's Laughter We're After"**  
**12:40 Sharp. Be ready for "Laughter is the Best Medicine" Don't Miss This National Speaker.**

### **Candied Sweet Potatoes and Apples**

*From allrecipes.com*

*Bakes 1 Hour*

*6 Fresh Sweet Potatoes (optional canned)*

*1 1/2 cups peeled, cored and sliced apples*

*3/4 cup brown sugar*

*1/2 teaspoon salt*

*1 teaspoon ground cinnamon*

*1/2 cup butter*

*1/4 apple juice*

**Directions:**

- 1. Place sweet potatoes in large pot and cover with water and boil until tender, cool, peel, and cut into 1/4 inch slices.**
- 2. Preheat oven to 350 degrees. Grease a 9x13 inch baking pan. In a small bowl, mix together brown sugar, salt, and cinnamon. Layer sweet potatoes, apple, brown sugar mixture, potatoes, apples and finish with brown sugar mix & sprinkle apple juice over the top.**
- 3. Bake in the preheated oven for 1 hour, until apples are tender and top is golden brown.**



**OCTOBER'S**

**FALL SIDE DISH**

# CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

### Cash Donations:

Melvy & Leon Meyer  
Pat Erwin

\$20/Winter Bridge Player

### Coffee Donations:

Marilyn Morse  
Darlene Biermann  
Lanora Sorensen

### This & That

Jean & Denny Lutt-Playing Cards  
Gertrude Vahlkamp-Hand Sanitizer  
Wayne High School-Juice & Donuts  
Hollis Frese-Pot Holders

Thank you to those of you who take the time to bring in baked items, ice cream and all the other goodies for 3:00 coffee.

Thank you to those who help Decorate.

Thank you for the volunteer hours, that many of you provide. us each month.

You are the Center's treasured angels.

Let us know if we missed your Donation!!



Thank you Seniors For Supporting the Wayne Senior Center Congregate and Delivered Meal Programs. Your support has allowed the Center To receive incentive money for the Months of July & August. & September for Home Delivered So please invite your friends & come eat!!!



### Century Club Movie—To Be Arranged

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:05 to 12:10 on this day. Reservations made the day before. October sponsor will be *Careage*.

### Crossword Puzzle:

“Peanuts” Happy Birthday

Baseball, Beagle, Blue, Chuck, Five, Jump Rope, Sally, Schroeder, Spike, Supper Dish, Van Pelt, Woodstock

Penny Vollbracht	Coordinator
Rick Barelman	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Fred Krenk	Van Driver
Gary Wright	Van Driver
Lori Dickes	Part-Time Custodian
Herb Biermann	President
Betty Heithold	Vice President
Verna Mae Baier	Secretary
Joan Lage	Treasurer

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.



### Senior Center Hours

Monday – Friday  
9:00 a.m. – 5:00 p.m.  
AM Walk at 8:45 a.m.

Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.

For van transportation or meal reservations call 375-1460.



A special thank you to United Way for funding the distribution of this newsletter.