

AUGUST 2012 ACTIVITIES

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Every Monday & Wednesday: 1:00 Hand & Foot 1:00 Dominoes	Fridays: Bingo at 1:15 pm Chicken Foot Dominoes At 2:00 pm	1 Walking / Quilting / Cards 11:30 & 3:00 Birthday Party Ray Petersen, Accordion 3:00 Birthday Cake Pool, Hand & Foot, Dominoes	2 Morning Walking Quilting Cards Afternoon Bridge Club	3 Morning Walking Quilting / Cards 9:00 & 1:00 Pool 1:15 Bingo 2:00 Dominoes Hand & Foot
6 Walking Quilting / Cards 9:00 & 1:00 Pool 1:00 Hand & Foot 1:00 Chicken Foot Dominoes	7 Morning Walking Quilting 1:00 Card Making Cards Afternoon Bridge Club	8 Walking / Quilting / Cards 9:00 & 1:00 Pool 12:45 "Moonlight Classics" - Charles Maier 1:00 Hand & Foot 1:00 Chicken Foot Dominoes	9 Morning Walking Quilting 1:00 Cards Afternoon Bridge Club	10 Walking/Quilting Cards/Pool Century Club Certificates 12:45 "Bullying" - Casey Brentlinger 1:15 Bingo Dominoes, Hand &Foot
13 Walking / Quilting / Cards 9:00 & 1:00 Pool 11:30 Merle Ring, Organ 1:00 Hand & Foot 1:00 Chicken Foot Dominoes	14 Morning Walking Quilting Cards Afternoon Bridge Club	15 Walking/Quilting/Cards 9:30 Health Screening 11:30 Connie Webber, Organ 12:00 Special Luncheon Pool, Hand & Foot, Dominoes	16 Morning Walking Quilting 12:45 "Travel Tanzania" - Darrel & Phyllis Rahn Cards Afternoon Bridge Club	17 Walking / Quilting / Cards 9:00 & 1:00 Pool 12:45 "Let's Go On Safari" - Darrel & Phyllis Rahn Pie Social 1:15 Bingo, 2:00 Dominoes Hand & Foot
20 Walking / Quilting Cards 1:00 Board Meeting 9:00 & 1:00 Pool 1:00 Hand and Foot Dominoes	21 Morning Walking Quilting 11:30 Val Koeber, Piano 12:45 Comedy Cards Afternoon Bridge Club	22 Walking Quilting Cards Pool, Hand & Foot, Dominoes	23 Walking Quilting 12:45 The Oaks' Day "Pets" Cards Afternoon Bridge	24 Walking / Quilting Cards / Pool 1:15 Bingo Dominoes Hand & Foot
27 Walking / Quilting / Cards 9:00 & 1:00 Pool 1:00 Hand & Foot 1:00 Chicken Foot Dominoes	28 Morning Walking Quilting Cards Afternoon Bridge Club	29 Walking Quilting 11:30 Cyril & Bev Hansen, Organ & Piano Cards Pool, Hand & Foot, Dominoes	30 Morning Walking / Quilting 12:45 "Laugh with Hallie" 3:00 Penny's BDay Treats 1:00 Cards Afternoon Bridge Club	31 Walking / Quilting Cards / Pool 1:15 Bingo Dominoes Hand & Foot

AUGUST 2012 MENU

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>2% Milk, Skim Milk, Water, and Coffee are offered with every meal.</p>	<p>Menus Subject to Change By Dietitian</p>	<p>1 Baked Chicken w/ Cream of Chicken Soup Ranch Roasted Potatoes with Skins Frozen Mixed Vegetables WW Fresh Bread & Promise Canned Tropical Fruit</p>	<p>2 Hamburger Goulash with Stewed Tomatoes, Celery, Onions, & Tomato Sauce Scalloped Potatoes w/ Parsley WW Dinner Rolls & Promise Lime Jell-O w/ canned Mandarin Oranges & Juice</p>	<p>3 WW Chicken Salad Sandwich With Pineapple & Celery Sliced Fresh Cucumbers in Sauce WW Bread & Promise Frozen Strawberries in Juice</p>
<p>6 Swedish Meatballs w/ Celery Soup & Dill Au gratin Potatoes Frozen Peas & Pearl Onions WW Fresh Bread & Promise Vanilla Pudding, Marshmallow & Canned Peaches</p>	<p>7 Sliced Turkey Canned Sweet Potatoes Frozen Brussels Sprouts WW Dinner Roll & Promise Canned Mandarin Oranges</p>	<p>8 Country Beef Steak & Country Gravy Mashed Potatoes w/ Skins Frozen Corn WW Fresh Bread & Promise Cherry Jell-O w/ Canned Pears & Juice</p>	<p>9 Fresh Fried Fish (Alaskan Pollock) Tartar Sauce Baked Potato Frozen Mixed Vegetables WW Fresh Bread & Promise Canned Apricots</p>	<p>10 Roasted Pork Loin with Pork Gravy Mashed Potatoes w/ Skins Frozen Dilled Carrots WW Fresh Bread & Promise Canned Applesauce with Cinnamon</p>
<p>13 Spaghetti & Meatballs with Spaghetti Sauce Frozen Winter Mix Vegetables Shredded Lettuce w/ Cheese & Dorothy Lynch WW Fresh Bread & Promise Canned Peaches</p>	<p>14 Crispy Chicken Fresh Baked Potato W/ Butter Canned 4-Bean Salad WW Dinner Roll & Promise Frozen Strawberries</p>	<p>15 Egg Salad Sandwich with Celery & Relish Dill Pickle Spear Cauliflower, Broccoli, and Carrot Salad WW Sliced Bread & Promise Strawberry Rhubarb Pie</p>	<p>16 Roast Pork Loin Roasted Red Potatoes with Skins Frozen Creamed Peas WW Fresh Bread & Promise Canned Plums</p>	<p>17 Beef Lasagna Frozen Green Beans Shredded Lettuce with Cheese and Ranch Dressing WW Fresh Bread & Promise Cottage Cheese w/ Peaches Pie</p>
<p>20 Turkey Stack Turkey Gravy Mashed Potatoes with Skins Frozen Broccoli WW Fresh Bread & Promise Canned Applesauce</p>	<p>21 Swiss Steak with Gravy, Stewed Tomatoes & Onions Scalloped Potatoes Canned Beets WW Dinner Roll & Promise Frozen Strawberries</p>	<p>22 Sliced Beef Roasted Russet Potatoes with Skins Frozen Key Largo Vegetables WW Dinner Rolls & Promise Canned Mandarin Oranges</p>	<p>23 Creamed Chicken over Biscuit Frozen Cauliflower Shredded Lettuce with Cheese and Dorothy Lynch Biscuit & Promise Canned Plums</p>	<p>24 Tator Tot Casserole with Frozen Green Beans Frozen Peas & Carrots WW Fresh Bread & Promise Canned Peaches On Cottage Cheese</p>
<p>27 Chicken Fried Steak with Country Gravy Mashed Potatoes with Skins Frozen Corn WW Dinner Roll & Promise Orange Jell-O with Pineapple and Carrots</p>	<p>28 Meatloaf with Tomato Sauce Baked Potato Frozen Green Beans WW Dinner Roll & Promise Canned Pears</p>	<p>29 Sliced Ham Canned Sweet Potatoes Frozen Peas WW Sliced Bread & Promise Canned Pineapple</p>	<p>30 Grilled Chicken Parmesan Frozen Prince William Veg. Fresh Lettuce Salad w/ Tomatoes & Ranch Dressing WW Fresh Bread & Promise Canned Plums</p>	<p>31 BBQ Riblet on a Bun Baked Beans Fresh Cole-slaw Hamburger Bun & Promise Canned Mandarin Oranges</p>