

December 2012 Activities

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>3</p> <p>Walking / Quilting / Cards 9:00 & 1:00 Pool 12:45 "Medicare & You" John Brandow, Wisner CC 1:00 Hand & Foot 1:00 Chicken Foot Dominoes</p>	<p>4</p> <p>Walking / Quilting / Cards 12:45 Amanda McMahon, Legal Aide, "Homestead Exemptions" 1:15 Card Making Afternoon Bridge Club</p>	<p>5</p> <p>Walking / Quilting / Cards 9:00 & 1:00 Pool 1:00 Hand & Foot 1:15 Holiday Bingo 2—3 Christmas Wreath Finale 3:00 Refreshments 3:15 Christmas Caroling</p>	<p>6</p> <p>Walking Quilting / Cards 1:00 Cards Afternoon Bridge Club "Spotlight on Promise," Phil & WSC Students</p>	<p>7</p> <p>Walking / Quilting / Cards Pool 1:15 Bingo 2:00 Dominoes Hand & Foot</p>
<p>10</p> <p>Morning Walking Quilting Cards 9:00 & 1:00 Pool 1:00 Hand & Foot 1:00 Chicken Foot Dominoes</p>	<p>11</p> <p>Morning Walking Quilting Cards Afternoon Bridge Club</p>	<p>12</p> <p>Walking / Quilting Cards 9:00 & 1:00 Pool Birthday Party 12:45 Cornell Runestad, "Land of Martin Luther" 1:00 Hand & Foot</p>	<p>13</p> <p>Walking / Quilting Cards 12:45 Christmas Carols, Wayne Elementary 2nd Grade Afternoon Bridge Club</p>	<p>14</p> <p>Walking Quilting/Cards Pool Century Club Movie Careage Certificates 1:15 Bingo 2:00 Chicken Foot Dominoes</p>
<p>17</p> <p>Walking/Quilting/Cards 9:00 & 1:00 Pool 1:00 Hand & Foot, Dominoes 11:40 & 12:40 Christmas Melody with Phil & Sherry 1:00 Board Meeting 2:30 WHS Jazz Choir</p>	<p>18</p> <p>Morning Walking Quilting / Cards Afternoon Bridge Club 11:30 Val Koeber, Christmas Piano 12:45 Val's Comedy</p>	<p>19</p> <p>Walking / Quilting / Cards 9:00 & 1:00 Pool 9:30 Health Screening 11:30 Ray Petersen, Accordion 12:00 Special Luncheon 1:00 Hand & Foot 3:00 Birthday Cake</p>	<p>20</p> <p>Morning Walking Quilting Cards Afternoon Bridge Club</p>	<p>21</p> <p>Walking / Quilting / Cards 9:00 & 1:00 Pool 11:30 Connie Webber, Christ- mas Organ Music Sing-along 12:45 Holly Torres Family, "Christmas Around the World" 1:15 Bingo, 2:00 Chicken Foot</p>
<p>24</p> <p>Closed For Christmas Eve</p>	<p>25</p> <p>Closed For Christmas Day</p>	<p>26</p> <p>Walking Quilting Cards 9:00 & 1:00 Pool 1:00 Hand & Foot</p>	<p>27</p> <p>Walking Quilting Cards 1 Afternoon Bridge Club</p>	<p>28</p> <p>Walking / Quilting / Cards 9:00 & 1:00 Pool 12:45 "Nursing Home Cover- age," Brian Lorenz, Careage Nursing Home Coverage 1:15 Bingo</p>
<p>31</p> <p>Walking/Quilting/Cards 9:00 & 1:00 Pool 11:30 Hansen's Music 3:00 New Year's Eve Party, Everyone bring Appetizers! 1:00 Dominoes, Hand & Foot</p>		<p>Every Monday & Wednesday: 1:00 Hand & Foot 1:00 Chicken Foot Dominoes</p>		<p>Remember Fridays: 1:15 Bingo 2:00 Chicken Foot Dominoes</p>

December 2012 Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>3</p> <p>Beef Stroganoff with Egg Noodles Frozen Prince William Veg. Fresh Vegetable Salad Lettuce Leaf w/ Cottage Cheese & Pineapple WW Dinner Roll & Promise</p>	<p>4</p> <p>Polish Dog with Kraut Creamed Frozen Peas WW Fresh Bread & Promise Vanilla Pudding with Marshmallows and Frozen Mango</p>	<p>5</p> <p>Baked Chicken with Crm of Chicken Soup Gravy Ranch Roasted Potatoes Frozen Mixed Vegetables WW Fresh Bread & Promise Canned Tropical Fruit</p>	<p>6</p> <p>Hamburger Goulash w/ Tomatoes, Celery, Onions, and Tomato Sauce Scalloped Potatoes w/ Parsley Frozen Peas WW Dinner Rolls & Promise Green Jell-O with Oranges</p>	<p>7</p> <p>Chicken Salad with Pineapple & Celery on WW Bread Potato Cheese Soup Sliced Fresh Cucumbers in Sauce Crackers & Promise Frozen Strawberries</p>
<p>10</p> <p>Swedish Meatballs with Celery Soup & Dill Au gratin Potatoes Frozen Peas & Pearl Onions WW Fresh Bread & Promise Vanilla Pudding w/ Marshmallow & Peaches</p>	<p>11</p> <p>Sliced Turkey Roasted Sweet Potatoes Frozen Broccoli WW Dinner Roll & Promise Canned Mandarin Oranges</p>	<p>12</p> <p>Roast Pork Loin Fresh Red Roasted Potatoes With Skins Peas & Carrots WW Fresh Bread & Promise Cherry Jell-O with Pears</p>	<p>13</p> <p>Fried Pollock Tartar Sauce Baked Potato Frozen Mixed Vegetables WW Fresh Bread & Promise Canned Apricots</p>	<p>14</p> <p>Chicken Parmesan Creamed Frozen Peas Fresh Broccoli Salad WW Fresh Bread & Promise Canned Pineapple Tidbits</p>
<p>17</p> <p>Spaghetti & Meatballs with Spaghetti Sauce Frozen Green Beans Lettuce w/ Carrot Shreds, Cheese & Dorothy Lynch WW Fresh Bread & Promise Canned Peaches</p>	<p>18</p> <p>Crispy Chicken Baked Potato w/ Butter Honey Glazed Frozen Carrots WW Dinner Roll & Promise Canned Fruit Cocktail</p>	<p>19</p> <p>Country Beef Steak Country Gravy Mashed Potatoes w/ Skins Frozen Corn WW Fresh Bread & Promise Lime Jell-O with Peaches Cheesecake with Cherries</p>	<p>20</p> <p>Sausage Gravy over Biscuit Mashed Potato w/ Skins Country Gravy Frozen Key Largo Blend Veg. Promise Canned Tropical Fruit</p>	<p>21</p> <p>Pork Loin with Kraut Mash Potatoes & Pork Gravy Frozen Dilled Carrots WW Fresh Bread & Promise Raspberry Jell-O with Pears Holiday Pie Provided by the Senior Center</p>
<p>24</p> <p>No Meals for Congregate Or Home Delivered</p> <p><u>Happy Christmas Eve!</u></p>	<p>25</p> <p>No Meals for Congregate Or Home Delivered</p> <p><u>Merry Christmas!</u></p>	<p>26</p> <p>Creamed Chicken on Biscuit Frozen Mixed Vegetables Lettuce w/ Carrot Shreds & Dorothy Lynch Biscuit & Promise Apricot Halves</p>	<p>27</p> <p>Sliced Roast Beef Russet Potatoes w/ Skins Frozen Key Largo Vegetables WW Dinner Roll & Promise Canned Mandarin Oranges</p>	<p>28</p> <p>Tator Tot Casserole With Green Beans Frozen Peas & Carrots WW Fresh Bread & Promise Canned Peaches on Cottage Cheese</p>
<p>31</p> <p>Chicken Fried Steak Country Gravy Mashed Potatoes w/ Skins Frozen Corn WW Dinner Roll & Promise Orange Jell-O w/ Carrots and Pineapple</p>			<p>Menus are Subject to Change By Dietitian</p>	<p>2% Milk, Skim Milk, Water, and Coffee are offered with every meal.</p>