



# The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

April, 2013

## SPECIAL EVENTS

Tuesday, April 2nd

1:00 Card Making

Wednesday, April 3rd

11:30 & 3 Cyril & Bev Hansen

12:45 The CPR Controversy

Brian Lorenz, Careage

3:00 Birthday Celebration

Thursday, April 4th

Volunteer Appreciation Day

11:30 Bert Heithold, Accordion

Choice of Pie for Dessert

Friday, April 5th

11:45 "Dazzling Dessert"

Hilda Pearson

Thursday, April 11th

Volunteer Appreciation Day

11:40 "Spotlight on Promise"

WSC Students & Phil

12:45 Bert Heithold, Accordion

Butterscotch Pudding

Friday, April 12th

Century Club/Careage

Monday, April 15th

1:00 Board Meeting

Tuesday, April 16th

Connie Webber, Piano

Wednesday, April 17th

9:30 Health Screening

12:00 Special Luncheon/

Emeritus/The Oaks

11:30 Merle Ring, Organ

Thursday, April 18th

Elder fest

75 cent coupon at Auditorium

For Center Dinner

Monday, April 22nd

12:45 Hallie's Comments

Wednesday, April 24th

12:45 Oak's Day, Sara Townsend

Thursday, April 25th

11:30 Pat Cook, Piano

Tuesday, April 30th

12:45 "Cooking Under Pressure"

Stephanie Huff

1:15 pm Bingo Every Friday

Dominoes, Frog, Hand & Foot at

1:00 Mon, Wed, Fri



Wayne Senior Center  
Wishes All Seniors  
A  
Happy Easter  
with  
Wonderful  
Family Gatherings



*The Happy Heart*  
By Patience Strong

*The happy heart is that  
Which is content with  
little things-the heart that  
loves the simple life, the  
heart from which there  
springs a sense of joy  
with each fresh day-a  
prayer of gratitude-for  
the morning miracle of  
health and strength  
renewed.*

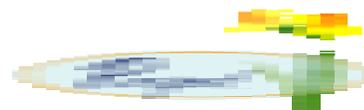
*Just God...and Sky...and Green...  
By Gelia K. Parker*

*I'd love to live in a forest room  
With moss beneath my feet,  
And the ceiling made of leafy green  
Where boughs of pine trees meet.*

*The lighting I'd like indirect—  
Just sunlight trickling through,  
And here and there between the leaves,  
A patch of heaven's blue.*

*Oh, I'd love a little forest room  
With walls of roughened bark,  
And my only entertainment  
Just the sweet song of a lark.*

*I'd let the whole world pass me by  
And live a life serene,  
With all the things I'd ever need—  
Just God and sky and green.*



### Third Times the Charm

Hilda Pearson with Pampered Chef  
will present "Dazzling Carmel Dessert"  
Demonstration at 11:45 a.m., Friday, April 5th  
Enjoy a mini serving of Carmel Dessert and receive the recipe.

*She's Back !*

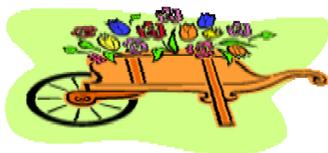
*Pat Cook plays piano  
April 25th*



*National  
Volunteer Week is  
April 21—27th.*

*Thank you  
Volunteers!*

*You give from the heart  
right from the start.  
Thank you, we say, you  
brighten each day!*



**Attention  
Card Makers**

*Please come: Tuesday, April 2nd  
Wayne Senior Center: At 1:00 pm*

*Cards Needed are: Sorting  
Cards and Card Fronts*

***The CPR Controversy***

***By Brian Lorenz  
Careage of Wayne  
@ 12:45, Wednesday,  
April 3rd Don't Miss It.***

**April Birthday Party**

*Wednesday, April 3rd  
11:30 am, 12:45 & 3:00 pm  
Enjoy Cyril & Bev Hansen  
Playing your oldies but  
goodies.*

*3:00pm Birthday Cake by  
Careage of Wayne*



### *Volunteer Appreciation Dinners*

*Volunteers For All You Do for Wayne Senior Center  
We want to invite you to choose a complimentary  
dinner date to come as our guest as a token of our  
gratitude for your kind service to us and others.*

*Volunteer Appreciation Dinner Options are:  
April 4th serving Turkey and Sweet Potato Dinner  
with Choice of Pie for Dessert  
With Bert Heithold beginning at 11:30 am*

*April 11th serving BBQ Meatloaf Dinner  
With Butterscotch Pudding and Topping for Dessert  
Spotlight on Promise beginning at 11:40a.m.  
Bert Heithold on accordion will begin at 12:45*



***At ELDERFEST (get 75cent coupon)***

*12:00 pm, Thursday, April 18TH*

*Make your DINNER reservations early.*

*Highlighting a Swedish Meatball with Dill Sauce*

*The maximum we can serve is 96.*

*Seniors plan to have fun all day in Wayne.*

*Note: Wayne Senior Center helped sponsor the  
Bert Heithold Band at Elderfest*



**Thank you to The Oaks Retirement Community for  
sponsoring**

**14 Special Luncheon Certificates.**

**Thank you Careage for  
supporting the 3 Century Club certificates.**

*Wayne Public Transit is a great mode of  
transportation  
for you to get to appointments & to run errands.  
Calls received at 8:30, rides begin at 8: 50 until  
4:30 the last ride is given.*

*Fare for the van is \$1.50 one way.*

*To reserve your ride call 375-1460.*





**VOLUNTEERS Thank You!!**

The Senior Center is looking for volunteers for

**Interested Persons to Learn Hand Quilting**

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

**Volunteers, You are our " Starburst of Flower"**

**Hear Ye! Hear Ye!**

**Monday, April 15th at 1:00p.m.  
Wayne Senior Center  
Board Meeting  
Open to All.**



*Thank you,  
Bridge Clubs, Minerva, Acne, Extension, &  
Neighborhood Groups for  
Providing wonderful Noon Participation &  
3:00 Refreshments.*

*Your participation really helps  
Wayne Senior Center  
have excellent meal counts.  
"It's the Place To Be"*



**Connie Webber**

**Spring Has Sprung at  
the Wayne Senior  
Center, so bring a guest  
and enjoy**

**Piano Music at 11:30  
Tuesday, April 16th**



**Hallie's Comments**

**"Nebraska Folklore"**



**Monday, April 22nd  
12:45 p.m.**

**Enjoy Earth Day and Hallie's Talk at the Center  
"It's the Place to Be"**

**April Fire Prevention Tip  
Burn permits from the Fire Chief are required for  
Open burning.**



**Mary Nichols, RN  
Health Care Screens  
Wednesday, April 17th**

**9:30a.m.—12:00, Blood Sugar and Blood Pressure  
12:00 Noon, Special Luncheon and  
Gift Certificates to 14 Lucky Winners  
Sponsored by Oaks Retirement Center  
Merle Ring performs "Springtime" Music on the Organ**

**Dinner Menu:**

**Country Beef Steak with Country Gravy  
Mashed Potato w skins w/ Country Gravy  
Corn  
Whole Wheat Bread w/ Promise  
Peach Pie  
Milk, Coffee, & Water**



**"Spotlight on Promise"  
Featuring-  
PERFORMERS FROM  
WAYNE STATE COLLEGE  
WITH  
PHILIP PFALTZGRAFF  
AS ACCOMPANIST  
Thursday April 11th; 11:40  
Come for Appreciation Dinner**

**"Sunshine " Easter Cake  
(so few ingredients and easy to make)  
Sharon Gustafson  
( Helen Beckman's daughter)**

**Lemon Cake Mix  
1 can of lemon pie filling  
4 Eggs**

**Beat together with a mixer. Pour into 9 x 13, or  
Bundt pan, or jelly roll pan. Bake according to the  
cake mix box directions time and temperature.**

**Cool.**

**Frost with canned cream cheese frosting or whipped  
topping or dust with powdered sugar.**

**Enjoy. Easy and Good.**



**GREAT FOR EASTER SUNDAY DINNER**

# CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

## Donations

Baked Goodies-Numerous Angels  
Ice Cream- Numerous Angels

## Piano Cash Donations:

Leon & Melvy Meyer  
Viola Meyer  
Mabel Sommerfeld  
Fern Test

John & Anita Fuelberth  
Sandra Henschke  
Keith & Fern Erickson

Janet Booth  
Rodella Wacker  
Arlene & Lavern Ostendorf

## Irene Blecke Memorials to the Center:

Mabel Sommerfeld  
Rodella Wacker  
Cyril & Bev Hansen  
Lila Knipple  
Dwaine & Carol Rethwisch  
Shirley Pospishil  
Gertrude Vahlkamp  
Chuck & Kathy Pettit

## Coffee Donations:

Marcella Larsen  
Esther Baker  
Bety & Delmar Heithold  
Lanora Sorensen  
Joann McNatt

## *Home Instead Senior Care*

*April 30th, 12:45 p.m.*  
*By Stephanie Hoff*

**“Cooking Under Pressure”**  
*plus*  
*3 Meal Certificates give away to*  
*Those who stay for the program.*

*Oak's Day*  
*Charlotte Eastland*  
*&*  
*Sara Townsend*

**“Your Flower Garden”**  
*Wednesday, April 24th*  
**12:45 Spring Program**



**Thank you Seniors For**  
**Supporting the Wayne Senior Center**  
**Congregate and Delivered Meal Programs.**  
*Your support is appreciated. Our daily average is*  
*growing as spring comes.*  
*So please think of friends who have not been here for awhile.*  
*We're a great place to be!*



## Century Club Movie—April 12th

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:05 to 12:15 on this day. Reservations made the day before. April sponsor will be *Careage of Wayne.*

## **Tongue Twisters Puzzle:**

Benevolent, Gargoyles, Needs, Picky, Shine, Shoes,  
Shrunk, Sleek, Slick, Thieves, Throne, Wheel

Penny Vollbracht	Coordinator
Rick Barelman	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Fred Krenk	Van Driver
Roger Hochstein	Van Driver
Lori Dickes	Part-Time Custodian
Herb Biermann	President
Betty Heithold	Vice President
Verna Mae Baier	Secretary
Joan Lage	Treasurer

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.

## **Senior Center Hours**

**Monday – Friday**  
**8:30 a.m. – 5:00 p.m.**  
**AM Walk at 8:30 a.m.**

**Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.**

**For van transportation or meal reservations call 375-1460.**



*A special thank you to United Way for funding the distribution of this newsletter.*

