



The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

May 2013

SPECIAL EVENTS

Wednesday, May 1st

11:30 Val & Bill Koeber
Piano & Clarinet Duet

3:00 Birthday Party w/BD Cake
by Nelby at Careage

Thursday, May 2nd

11:40 May Day Baskets
& Donna's Dinner Music
Wear Spring Clothes & Hats

Tuesday, May 7th

1:00 Card Making
1:00 Toe Nail Clinic

Wednesday, May 8th

11:30 Connie Webber, Piano
Thursday, May 9th

11:40 & 12:45 Rehearsal
"Not Gone Yet" #4
Phil Pfaltzgraff

Friday, May 10th

12:45 Hallie's Comments
"Grandma's Love"
Century Club Certificates

Monday, May 13th

Spotlight on Promise
11:30 & 12:45

Phil & Sherry Pfaltzgraff
Wednesday, May 15th

9:30 to 12:00 Health Screenings
Noon Special Luncheon
Strawberry Rhubarb Pie

11:30 Bev and Cyril Hansen
Thursday, May 16th

"Not Gone Yet" Rehearsal
11:40 & 12:45 with Phil
5:30 Evening Meal

6:30 The Singing Farmer
Monday, May 20th

1:00 Board Meeting

Wednesday, May 22nd

"Not Gone Yet" Rehearsal
11:40 & 12:45 with Phil

Friday, May 24th

Memorial Day Celebration
"Patriotic Tunes"

by Merle Ring

Frog 9:15 M, W, F

M,W,F, Hand & Foot

MW,F Chicken Foot Dominoes

1:15 pm Bingo Every Friday



Wayne Senior Center
Wishes All Seniors
A
Meaningful Memorial
Week-end
with
Wonderful
Family Gatherings



Mother's Day

May 12, 2013

Real Mothers

Anonymous

Real mothers don't eat quiche.
They don't have time to make it.

Real mothers know that their kitchen utensils
Are probably in the sandbox.

Real mothers often have sticky floors,
Filthy ovens, and happy kids.

Real mothers don't want to know that dried play
dough doesn't come out of carpets.

Real mothers don't want to know
what the vacuum just sucked up.

Real mothers sometimes ask, why me?
And get their answer when a little voice says.
"Because I love you best."

Real mothers know that a child's growth
Is not measured by height or years or grade.
It is marked by the progression of Mommy to
Mom to Mother.



The heart of a mother is a
deep abyss at the bottom
of which you will always
find forgiveness.

By Honore de Balzac

When you are a mother,
you are never really
alone in your thoughts.
A mother always has to
think twice, once for
herself and once for her
child. By Sophia Loren

May is Older Americans Month, May is Better Sleep Month, National Meditation Month, and National Mental Health Month. Ways to promote all four Health issues is to have : Soothing Environment, Rhythmic Exercises, Deep Breathing or Belly Breathing, Tense and Relax muscles from feet up to your-head, Guided Imagery of your favorite soothing vacation scenery.

Connie Webber, Piano

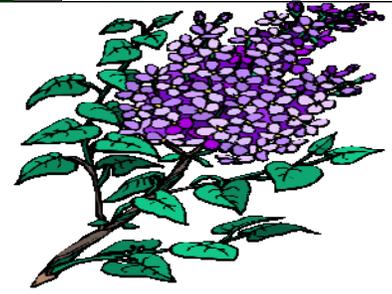
Springtime Songs
11:30 Wednesday,



Mother's Day



The old days came and made their claim.
I saw my mother's face-
Her hand touched mine, and made life shine with
Happiness again! By Anne Campbell



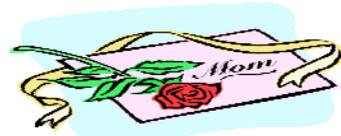
Come Join Us Friday, May 10th at Noon

For our Mother's Day Dinner Celebration
(Your Children and Families are invited to enjoy this special day with you.)

Lilacs and Spring Colors will Adorn our Dining Room

Special Entertainment will be "Grandma's Love" by
Hallie Sherry

The Special Dessert will be: **Lemon Pie**



Evening Dinner
Date: May 16th
Time: 5:30 meal &
6:30 Singing Farmer
Dinner Contribution \$3.75
Call Early: 375-1460



Evening Menu:
Chicken Casserole
Green Beans w/ Promise
Springy Fruit Salad
Whole Grain Dinner Roll
Peach Cobbler



11:30 a.m., Thursday, May 2nd,
Let's Celebrate Springtime in May

Donna Hawley

Will demonstrate and show everyone how to make a
miniature

May Basket Cupcake

Donna will perform her favorite piano songs

For Fun Everyone wear spring clothes and Hats



**Thank you to Careage of Wayne for sponsoring
14 Special Luncheon Certificates.**

**Thank you Emeritus at The Oaks for
supporting the 3 Century Club certificates.**

May Birthday Party
Wednesday, May 1st
11:35am Val and Bill Koeber
a Piano & Clarinet Duet

3:00pm Birthday Party
given by Nelby from
Careage

Birthday Cake:
May Day Basket by Oma



Wayne Public Transit is a great mode of
transportation
for you to get to appointments & to run er-
rands.

8:50 a.m. til 4:30 p.m. last ride

\$1.50 per stop





VOLUNTEERS Thank You!!

The Senior Center is looking for volunteers for

Quilters & Kitchen Helpers (talk to Fran)

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

Hear Ye! Hear Ye!
Monday, May 20th at 1:00p.m.
Wayne Senior Center
Board Meeting
Open to All.



*Thank you,
Senior Friends for inviting your friends and family to come to our wonderful center. Your outreach really helps Wayne Senior Center have excellent meal counts. Keep up the Good Work!*



"It's the Place To Be"

Memorial Day Ceremony

We invite you to bring your families to dinner to visit and enjoy each other's company. Make a day of it at the "Place to Be" -Wayne Senior Center.



*11:30 Friday, May 24th Merle Ring will begin playing the organ and piano "Patriotic Music"
Strawberry Shortcake for Dessert*

*"Not Gone Yet" Performance #4
Rehearsal Times 11:40 & 12:45
With Phil and his humorous play.*

May 9th

May 16th

May 22nd

All Seniors are Invited to Join In.

May 4th International Firefighter's Day: Red and blue ribbons linked together are worn to honor firefighters. Red symbolizes fire, and Blue symbolizes water.



Mary Nichols, RN
Health Care Screens
Wednesday, May 15th

9:30a.m.—12:00, Blood Sugar and Blood Pressure
12:00 Noon, Special Luncheon and Gift Certificates to 14 Lucky Winners
Sponsored by Careage of Wayne.

Entertainment at 11:30 Bev and Cyril Hansen

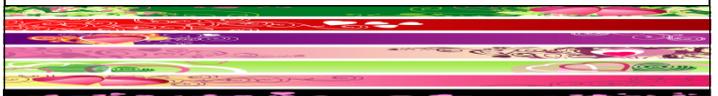
Menu

Ham Salad on Whole Wheat
Home Made Pea Salad
HM Tomato Soup & Crackers
With Stewed Tomatoes
Strawberry Rhubarb Pie



"Spotlight on Promise"
Featuring-
SHERRY and PHILIP PFALTZGRAFF
Singing a Special Duet

Monday, May 13th, 11:30am and 12:45pm
Come for Lunch Please.



Mississippi Mud Cake by Shirley Kuhn

1 cup butter
2 cups sugar
4 eggs
1/4 cup of cocoa
3/4 teaspoon salt

1 1/2 cup flour
1 teaspoon vanilla
1 1/2 cup coconut
2 1/2 cup nuts

Cream butter & sugar, beat in eggs (one at a time) sift in dry ingredients and add coconut, nuts, & vanilla. Bake in greased 9"x13" baking pan at 350 degrees for 40 minutes.

Spread 9 oz. Marshmallow Crème on warm cake. (not hot) Cool.

Frost with: 1/2 cup cocoa, 1/2 cup butter, 1/2 tsp vanilla, 1/3 cup milk, 1 pound of powdered sugar.



GREAT MEMORIAL DAY PICNICS

CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

Donations

Cash Donations:

Elaine Pinkelman
Hallie Sherry

Coffee Donations:

Sharon & Gerald Grimm
Esther Baker
Janet Reeg

This & That

Fred & Jo Krenk Ice Cream
Gertrude Vahlkamp Ice Cream
John & Anita Fuelberth Ice Cream
Viola Meyer Hand Sanitizer

Thank you to those of you that take the time to bring in baked items, ice cream and all the other goodies for 3:00 coffee.

Thank you to those who help with the Decorating for special occasions.

Thank you for the volunteer hours that many of you provide us each month. You are the Center's treasured angels.

Please notify us if we missed your Donation!! Thank you, For Your Baked Goods.



Thank you Seniors For Supporting the Wayne Senior Center Congregate and Delivered Meal Programs. Your support has allowed the Center to receive III B, Congregate and Home Delivered Meal Incentives. So please invite your friends. come eat!!! We're a great place to be!



Century Club Movie—May 10th
If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:05 to 12:15 on this day. Reservations made the day before. May sponsor will be *Emeritus at the Oaks*.

Puzzle:
Bernstein, Buster, Clara, Cooper, Delany, Enrico, Grandma, Granny, Holway, Kuhn, Laborde, Mother Winston

- | | |
|------------------|-------------------------|
| Penny Vollbracht | Coordinator |
| Rick Barelman | Operations Assistant |
| Fran Poehlman | Senior Center Assistant |
| John Rebensdorf | Van Driver |
| Fred Krenk | Van Driver |
| Roger Hochstein | Van Driver |
| Lori Dickes | Part-Time Custodian |
| Herb Biermann | President |
| Betty Heithold | Vice President |
| Verna Mae Baier | Secretary |
| Joan Lage | Treasurer |

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.



Senior Center Hours

Monday – Friday
8:30 a.m. – 5:00 p.m.
AM Walk at 8:30 a.m.
Van 8:50 am to 4:30 p.m. last ride.

Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.

For van transportation or meal reservations call 375-1460.



A special thank you to United Way for funding the distribution of this newsletter.