

December 2013 Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>2 Chicken Fried Steak Mashed Potato & Skins Country Gravy F. Corn WW Dinner Roll, Promise Orange Jello Shred. Carrots & Pineapple</p>	<p>3 Meatloaf With Tomato Sauce Baked Potato with Butter F. Green Beans WW Dinner Roll Promise Canned Pears</p>	<p>4 Sliced Ham Sweet Potato F. Peas WW Fresh Bread Promise Pineapple with Green Jello</p>	<p>5 Grilled Chicken Smothered In Cream of Chicken Soup F. Prince Williams Blend Cucumber Salad Canned Cherries, Marshmallow, Whipped topping, Red Jello WW Fresh Bread & Promise</p>	<p>6 Taverns On Bun Baked Beans Cole Slaw Bun, Promise Canned Mandarin Oranges</p>
<p>9 Beef Tips with Mushrooms & Onions over Egg Noodles Fr. Green Beans, Promise Shredded Lettuce & Carrots Dorothy Lynch Sliced Peaches</p>	<p>10 Turkey Cutlet Mashed Potatoes with Skins Turkey Gravy F. Key Largo Blend WW Fresh Bread, Promise Canned Tropical Fruit</p>	<p>11 Ham Salad Sandwich WW Fresh Bread HM Pea Salad HM Tomato Soup Crackers, Promise Applesauce</p>	<p>12 <i>Tuna Noodle Casserole</i> <i>Rotini Noodles</i> <i>F. Prince William Blend</i> <i>Cottage Cheese with Peaches</i> <i>Promise</i> <i>Cherry Jello with Canned Pears</i></p>	<p>13 Broasted Chicken Quarters Red Roasted Potatoes F. Cauliflower Mandarin Fluff WW Fresh Bread Promise</p>
<p>16 Beef Stroganoff Egg Noodles F. Prince William Vegetables Fresh Vegetable Salad Cottage Cheese with Pineapple WW Fresh Bread, Promise</p>	<p>17 Polish Dog with Kraut on Bun Baked Beans Cucumber Salad Vanilla Pudding with Marshmallow and F. Mango Promise</p>	<p>18 Baked Chicken with Cream Of Chicken Soup Ranch Roasted Potatoes F. Mixed Vegetables WW Fresh Bread & Promise Frozen Fruit with Yogurt Coconut Cream Pie (Center)</p>	<p>19 Baked Italian Pasta Mozzarella Cheese Dilled Carrots Lettuce Salad, Dorothy Lynch WW Fresh Bread, Promise Green Jello with Canned Mandarin Oranges</p>	<p>20 Christmas Dinner Baked Ham Candied Sweet Potatoes Green Bean Casserole WW Fresh Bread & Promise Cranberry Orange Fluff Salad Chocolate Chip Mint Ice Cream (Center)</p>
<p>23 Shaved Hot Beef Mashed Potatoes Brown Gravy Green Beans WW Dinner Roll F. Strawberries in Juice Promise</p>	<p>24 Open till Noon No Meal Served Today Happy Holidays!</p>	<p>25 Closed Christmas Day</p> 	<p>Closed December 26</p> 	<p>27 Rotisserie Pork loin Mashed Potato with Skins Pork Gravy F. Dilled Carrots WW Fresh Bread, Promise Canned Applesauce</p>
<p>30 Spaghetti and Meatballs Honey Glazed Carrots Shredded Lettuce & Carrots Dorothy Lynch WW Fresh Bread Canned Peaches Promise</p>	<p>31 Crispy Chicken Baked Potato Green Beans Wheat Dinner Roll Canned Fruit Cocktail Promise</p>			

December 2013 Activities

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>2</p> <p>9:15 Frog Exercises 8:30 Morning Walking 9-4 Quilting 9:00 & 1:00 Pool 1:00 Hand and Foot 1:00 Dominoes</p>	<p>3</p> <p>8:30 Morning Walking 9-4 Quilting 1:00 Card Making Afternoon Bridge Club 6:30pm Santa Hour at Library/Senior Center Invite your grandchildren</p>	<p>4</p> <p>9:15 Frog Exercises 8:30 Walking/9-4 Quilting 9:00 & 1:00 Pool 11:30 Ray Petersen Accordion 1:00 Hand & Foot 3:00 Birthday Cake & Party Campus of Careage</p>	<p>5</p> <p>8:30 Walking 9-4 Quilting Cards 1:00 Pitch Party Afternoon Bridge Club</p>	<p>6</p> <p>9:15 Frog Exercises 8:30 Walking/9-4 Quilting 9:00 & 1:00 Pool 1:15 Bingo 1:00 Hand & Foot Dominoes</p>
<p>9</p> <p>9:15 Frog Exercises 8:30 Morning Walking 9-4 Quilting 9:00 & 1:00 Pool 1:00 Hand & Foot 1:00 Dominoes</p>	<p>10</p> <p>8:30 Morning Walking 9-4 Quilting 12:45 Amanda McMahan "Reverse Mortgages" Afternoon Bridge Club 1:15 Cards & Pitch</p>	<p>11</p> <p>9:15 Frog Exercises 8:30 Walking/9-4 Quilting 9:00 & 1:00 Pool 12:45 2nd Graders Sing with Monica Jensen "Christmas Carols" 1:00 Hand & Foot</p>	<p>12</p> <p>8:30 Walking 9-4 Quilting 11:30 WSC Phil Pfaltzgraff "Spotlight on Promise" Oaks Century Club Movie/ Drawing 11:55 Afternoon Bridge Club</p>	<p>13</p> <p>9:15 Frog Exercises 8:30 Walking/9-4 Quilting 9:00 & 1:00 Pool 1:15 Bingo 1:00 Hand & Foot Dominoes</p>
<p>16</p> <p>9:15 Frog Exercises 8:30 Walking/9-4 Quilting Cards / 9:00 & 1:00 Pool 11:30 WHS Carolers 1:00 Hand & Foot 1:00 Hand & Foot Dominoes 1:00 Board Meeting</p>	<p>17</p> <p>8:30 Walking/9-4 Quilting 11:30 Susan Boust Piano Complimentary Meal Herman Chriopractic Afternoon Bridge Club 1:30 Anne Hoeman Toe Clinic</p>	<p>18</p> <p>9:15 Frog Exercises 8:30 Walking / 9-4 Quilting 9:00 & 1:00 Pool 9:30 Health Screening Special Luncheon Certificates by Careage 1:00 Hand & Foot</p>	<p>19</p> <p>8:30 Walking 9-4 Quilting 1:00 Pitch Party Afternoon Bridge Club 12:45 Oaks Day Sarah Townsend & Charlotte Easland</p>	<p>20</p> <p>9:15 Frog Exercises 8:30 Walking/9-4 Quilting 11:30 Merle Ring Organist "Christmas Carols" 12:00 Christmas Dinner 1:15 Bingo 1:00 Hand & Foot Dominoes</p>
<p>23</p> <p>9:15 Frog Exercises 8:30 Walking/9-4 Quilting 9:00 & 1:00 Pool Christmas Music Deb Dickey 1:00 Hand and Foot 1:00 Dominoes</p>	<p>24</p> <p>8:30 Morning Walking 9-12 Quilting Senior Center Closing at Noon Today Enjoy your Holiday!</p>	<p>Closed Christmas Day 25</p>	<p>Closed 26</p>	<p>27</p> <p>9:15 Frog Exercises 8:30 Walking 9-4 Quilting 9:00 & 1:00 Pool 1:15 Providence Bingo 1:00 Hand & Foot Dominoes</p>
<p>30</p> <p>9:15 Frog Exercises 8:30 Walking 9-4 Quilting Cards 9:00 & 1:00 Pool 1:00 Hand & Foot Dominoes</p>	<p>31</p> <p>8:30 Morning Walking 9-4 Quilting 11:30 Sarah Wibben Piano New Years Eve Party Card Party Afternoon Bridge Club</p>	 	<p>Remember Fridays: 1:15 Bingo 2:00 Chicken Foot Dominoes</p>	<p>Every Monday & Wednesday: 1:00 Hand & Foot</p>