



The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

February 2014

SPECIAL EVENTS

Monday, Feb 3rd 5-6:30p.m.
Untold Stories @ Center

Tuesday, February 4th
1:00 Card Making

Wednesday, February 5th
11:30 & 3:00 Birthday Party
Ray Petersen on Accordion
12:45 For Visually Impaired by
John Schmitt
3:00 Careage BD Celebration

Tuesday, February 11th
11:30 Romantic Music
Connie Webber, Piano/Sing

Thursday, February 13th
11:30 Deb Dickey, Piano

Friday, February 14th
Valentines Day Celebration
Earl & Janet Fuoss's
Romantic Music Collection
Century Club & Cupids Bingo

Monday, February 17th
12:45 Library Corner
"President's Day Trivia"
1:05 Board Meeting

Wednesday, February 19th
9:30—12:00 Health Clinic
Noon Special Luncheon Cert.
12:45 Protecting Your Home & Drugs
By Marlen Chinn, Pol. Chief

Thursday, February 20th
11:30 Spotlight on Promise
Phil & WSC

Tuesday, February 25th
12:45 "The Burned Out Old
Broads" Comedy by
Joy Johnson, Author &
Comedian

Wednesday, February 26th
12:45 Oak's Day
By Sarah Townsend &
Charlotte Easland

1:15 pm Bingo Every Friday
2:00 pm Chicken Foot Dominoes
Every Friday
1:00 Hand & Foot M,W,F



*Wayne Senior
Center
Wishes All Seniors
A
Happy Valentines
Day
With
Laughter & Joy,
And
Sunshine.*



*Flower Language
Each flower speaks a
language
So tender and sincere
The rose sends out a
message
Of love for all to hear.*

*The daisy shyly whis-
pers, "I'll never tell on
you"
And violets sweet and
dainty,
Repeat, "I'll e'er be
true."*

*Gardenias say, "You're
lovely."
Carnations, soft and
white, speak out,
"You're very pretty and
always a delight."*



Mr. Lincoln President
By Alice Leedy Mason

*Abraham Lincoln, backwoods child,
Born when the States were young and wild.
Spent his childhood in sweet content,
Hardly knew the name of the president.*

*Young A. Lincoln, loving son,
Worked through the dusk till his chores were done,
Studied in the firelight's shadowy glow
Built himself a ferry 'Cross the Ohio.*

*Captain Lincoln, six foot and more,
Served his country in the Black Hawk War.
First to enlist when the call came in,
Proved himself a stalwart leader of men.*

*Honest Abe Lincoln, man of law,
Felt compassion for the hurt he saw,
Lean of stature, quick of wit,
Strong as the roughhewn rails he split.*

*Man of honor, firm in strife,
Saw the humor in his daily life-
Turned to God for the courage lent-
Mr. Lincoln, President!*

Holistic Activities: Rub your hands together to create great heat. This is the Reiki energy pouring through to your palms. Cup your hands over your eyes to relieve headaches, stress, eyestrain, and worry. Place hands on the top of the head. This Position relieves headaches, stress, and anxiety. Place hands on the middle portion of the stomach. This calms nerves, aids in digestion, provides serenity and calms emotions. Place hands on the shoulders and inhale slowly, this relieves worries

Don't Miss Beautiful
Romantic Piano Music by -

Deb Dickey
Thursday, February 13th
11:30 til 12:15

Library Corner
By Rita McLean

"President's Day Trivia"
Monday, February 17th
12:45 p.m.

Let's Have Some Fun

Phil & WSC

Spotlight on Promise
Thursday at 11:30
February 20



Attention

Card Makers- Valentines
& Easter Cards

Please come: Tuesday,
1:00pm, February 4th
Be Creative.

Loosing one's eyesight is a tragedy,
Loosing a part of your eye sight make
so many things so difficult.. But
there might be devices that can help.
Come hear -

John Schmitt, Director for Services
For Visually Impaired

Wednesday, February 5th at 12:45

February Birthday Party

Wednesday, February 5th
11:30 am til 12:15 & 3:00

Enjoy Ray Petersen
on Accordion

Playing your oldies but
goodies.

Noon: BD Celebration
3:00pm Red Heart BD
Cake



Friday, February 14th



All Wayne Senior Center Friends and Sweethearts are invited to our:
Valentine's Day Party & (Cupid's Bingo)

Featuring for your dining pleasure: Earl and Janet Fuoss's
Big Name Singers Performing Love Songs starting at
11:30 thru 12:30 & Century Club Certificates /Oaks

Valentine's Day Dinner Menu:

Roast Beef

Russet Potatoes

Creamed Peas

Tropical Fruit

Tapioca Pudding with Topping and Marchino Cherry (Center)



Dinner and Romantic Music

11:30 am Tuesday, February 11th

Come and Enjoy the Beautiful Piano Music
by Connie Webber

Make your reservations early to eat at -
Wayne Senior Center.



February: Thank you to Careage of Wayne
for sponsoring

14 Special Luncheon Certificates

Thank you The Oaks for 3 Century Club Certificates &
1 Bingo Black Outs.

Wayne Public Transit is a great mode of
transportation 402-375-1460

for you to get to appointments & to run
Errands for \$1.50 one way.

Hours: 9:00am—4:30pm





Please Call and Volunteer!

Calling for Helpful Hands
Kitchen Helpers (Substitutes) Needed!!
If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.
Volunteers, You are our "Valued Sweet hearts"



Mary Nichols, RN
9:30-12:00 Health Care Screens
Blood Sugar, Blood Pressure & Pulse
Wednesday, February 19th

Gift Certificates to 14 Lucky Winners
Sponsored by Careage

12:45 p.m. Protecting Your Prescription Drugs & Your Homes by Marlen Chinn. Chief of Police
Special Program for Seniors & Staff

Special Luncheon Menu:

Roast Beef

Key Largo Blend Vegetables

Scalloped Potatoes

Dinner Roll & Promise

Mandarin Oranges

Lemon or Coconut Cream Pie

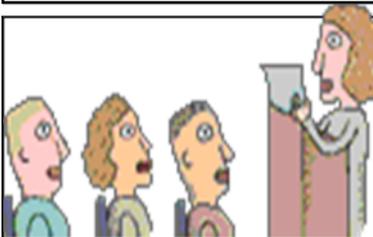
Milk, Coffee, & Water



Hear Ye! Hear Ye!
Monday, January 17th at 1:00p.m.
Wayne Senior Center
Board Meeting
Open to All.



 **Bake a batch of heart shaped sugar cookies and share with family and friends. Its always a hit.**



Book Review and Comedy
Laugh til Your Sides Hurt

Tuesday, February 25th
12:45p.m.
Dinner & Comedy don't miss it.

The Burned Out Old Broads at Table 12 (Book Title)
A delightful, laugh out loud 40 minutes of laughter and humor. By Joy Johnson, Author & Humorist
Sponsored by Center & Library

Dinner & Providence Bingo
Don't miss your chance to be one of the winners of Five meal certificates.

Fourth Friday of the month.
1:15 p.m. Friday, February 28th

Followed by a game of pitch or dominoes or Hand and Foot & Pool & 3:00 Coffee

Wayne Senior Center is-
"The Place to Be"



Wayne Senior Center Needs You.

Remember we need 45 or more people everyday for incentive
We need 15 meals + on wheels people every day for incentive.
We do better if everyone contributes what they can afford.
We always need coffee & ice cream or 3:00 luncheon items.
We need your 60+ family and friends as your guests.
We need more new regulars on a our daily meal list.
We always need your help, you are our valued helpers.



Snow Blowers: Always let your snow blower cool down before adding gasoline again. Combustible!

Be My Valentine

Twinkie Dessert

- 1 Box of Twinkies
2. 2 to 3 Sliced Bananas
3. One medium can drained crushed pineapple
4. 8 oz. cream cheese
5. 1 cup of powdered sugar
6. 1 tsp. of vanilla
7. 12 oz. container of whipped topping (6+ 6)
8. 3 Cups of Milk
9. 1 large package of vanilla instant pudding

Layers Twinkies cut in half and line the bottom of 9x13 pan

Layer sliced bananas

Then drained pineapple, Top with sliced twinkies
Mix together cream cheese, powdered sugar, and 6 ounces whipped topping and vanilla. Spread on top of twinkies.

Combine 3 cups of milk + 1 package of vanilla pudding. Mix. Spread on Cream Cheese Mixture.
Top with cool whip. (Crushed Nuts optional)



WON'T YOU BE MY SWEETHEART?

CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

Cash Donations:

Carol Dunning
Delmar Shipley
Donna Lutt
Elinor Jensen
Leon & Melvy Meyer
Don Leighton

Coffee Donations:

Mary Kramer
Esther Baker

This & That

Steve & Connie Hall– 2 Pool Table Covers
Jan Liska-Puzzles
Mary Kramer– Puzzles

Thank you to those of you who take the time to bring in baked items, ice cream and all the other goodies for 3:00 coffee.

Thank you to those who help Decorate.

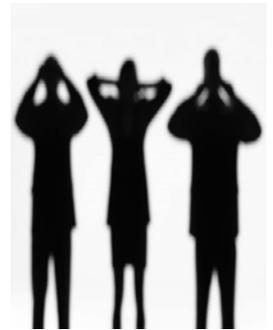


Thank you for the volunteer hours, that many of you provide us each

Move A little, Stretch A little, Chair Exercises with Stretch Bands. Move to the Beat.

“Oaks Day”
It’s Fun To Move

Wednesday, February 26th
12:45 p.m.
With Sarah Townsend and Charlotte Easland



*Informational Drug Related Program
Wednesday, February 19th*

*12:45 Plan to hear “Prescription Drugs & Home Protection”
By*

Marlen Chinn, Chief of Police

Hear Talk after a Hot Roast Beef Dinner.

Plan to Eat and Learn. Drug Free Class for staff and Seniors.

Century Club Movie—February 14th

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:07 on this day. Reservations made the day before. February sponsor will be *Emeritus at the Oaks*

Famous African-Americans — Crossword Puzzle
Anderson, Angelou, Baker, Booker, Bumbry, Davis, Haley, Holiday, King, King, Morrison, Poitier

Penny Vollbracht	Coordinator
Carol Wibben	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Fred Krenk	Van Driver
Roger Hochstein	Van Driver
Herb Biermann	President
Betty Heithold	Vice President
Verna Mae Baier	Secretary
Joan Lage	Treasurer
Norma Backstrom	Operations Asst. Sub.

60+ \$4.25 suggested contributions at the Center
60+ Home Delivered \$4.40 suggested contributions

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.



Senior Center Hours

Monday – Friday

9:00 a.m. – 5:00 p.m.

AM Walk at 8:30 a.m.

Van Rides over at 4:30 p.m. \$1.50/stop

Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.

For van transportation or meal reservations call 375-1460.



A special thank you to United Way for funding the distribution of this newsletter.