

March 2014 Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>3 Beef Tips w/Mushroom Soup & Onions over Egg Noodles F. Green Beans Shred. Lettuce w/Shred. Carrots & Dorothy Lynch Sliced Peaches WW Fresh Bread, Promise</p>	<p>4 Turkey Cutlet Mashed Potatoes w/Skins Turkey Gravy F. Key Largo Blend Vegetable Canned Tropical Fruit WW Fresh Bread Promise</p>	<p>5 Ham Salad Sandwich on WW Fresh Bread Homemade Pea Salad HM Tomato Soup w/Stewed Tomatoes Applesauce Crackers, Promise</p>	<p>6 Tuna Noodle Casserole w/ Rotini Noodles F. Prince William Blend Veg. Cottage Cheese w/Peaches Cherry Jello w/Canned Pears WW Fresh Bread Promise</p>	<p>7 Roasted Chicken Quarters Red Roasted Potatoes F. Cauliflower Mandarin Fluff WW Fresh Bread Promise</p>
<p>10 Beef Stroganoff /Egg Noodles F. Prince William Veg. Fr. Vegetable Salad Cottage Cheese w/Pineapple WW Fresh Bread Promise</p>	<p>11 Polish Dog w/Kraut on a Bun Baked Beans Cucumber Salad Vanilla Pudding w/ Marshmallows and F. Mango Promise</p>	<p>12 Baked Chicken w/Cream of Chicken Soup Ranch Roasted Potatoes w/Skins F. Mixed Vegetable Frozen Fruit w/Yogurt WW Fresh Bread, Promise</p>	<p>13 Baked Italian Pasta w/Mozzarella Cheese Dilled Carrots Lettuce Salad w/Carrots Dorothy Lynch GreenJello & Mandarin Oranges WW Fresh Bread, Promise</p>	<p>14 Shaved Hot Beef Sandwich Mashed Potatoes Brown Gravy Green Beans F.Strawberries in Juice WW Fresh Bread & Promise</p>
<p>17 Baked Ham Roasted Sweet Potatoes F. Broccoli WW Fresh Bread Mandarin Oranges Promise</p>	<p>18 Swedish Meatballs With Celery Soup & Dill Augratin Potatoes F. Peas and Pearl Onions WW Fresh Bread, Promise Canned Peaches</p>	<p>19 Country Beef Steak Mashed Potatoes Skins Country Gravy F. Corn, Promise WW Fresh Bread Cherry Jello with Pears Pumpkin Pie (center)</p>	<p>20 Fried Pollack & Tarter Sauce Baked Potato F. Mixed Vegetable WW Fresh Bread Promise Canned Apricots</p>	<p>21 Rotisserie Pork Loin Mashed Potatoes w/skins Pork Gravy F. Dilled Carrots Applesauce w/Cinnamon WW Fresh Bread Promise</p>
<p>24 Spaghetti and Meatballs Honey Glazed Carrots Shred. Lettuce & Carrots Dorothy Lynch Canned Peaches WW Fresh Bread Promise</p>	<p>25 Crispy Chicken Baked Potato Green Beans Wheat Dinner Roll Canned Fruit Cocktail Promise</p>	<p>26 Pork Cutlet Pork Gravy Red Roasted Potatoes w/skins F. Dilled Carrots WW Fresh Bread Promise Canned Applesauce</p>	<p>27 BBQ Chicken Quarters Red Roasted Potatoes Key Largo Blend WW Dinner Roll Canned Pineapple Chunks Promise</p>	<p>28 Sliced Roast Beef Russet Potatoes Creamed Peas Canned Tropical Fruit WW Fresh Bread Promise</p>
<p>31 Swiss Steak w/Stewed Tomato, Onion, & Gravy Scalloped Potato Beets Frozen Strawberries WW Dinner Roll Promise</p>	<p>All Meals are served with Water, Coffee,</p>			

HAPPY ST. PATRICK'S DAY



March 2014 Activities

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
3 9:15 Frog Exercises 8:30 Morning Walking Quilting 9:00 & 1:00 Pool 1:15 Hand & Foot	4 8:30 Morning Walking Quilting 12:00 Mardi Gras 1:15 Card Making Afternoon Bridge Club 1:15 Pitch	5 8:30 Morning Walking 9:15 Frog Exercises Quilting 9am & 1pm Pool 11:30 & 3:00 Ray Petersen "Accordion" 3:00 Birthday Cake & Party	6 8:30 Morning Walking Quilting 1:15 Pitch Party Afternoon Bridge Club	7 8:30 Morning Walking 9:15 Frog Exercises Quilting 9:00 & 1:00 Pool 1:15 Bingo 1:15 Hand & Foot 3pm Dan Hansen Piano
10 9:15 Frog Exercises 8:30 Morning Walking Quilting 9:00 & 1:00 Pool 1:15 Hand & Foot	11 8:30 Morning Walking Quilting 12:45 Intro to Digital History Barbara Hayford 1:15 Pitch Afternoon Bridge Club	12 8:30 Moring Walking 9:15 Frog Exercises Quilting 9:00 & 1:00 Pool 1:15 Hand & Foot	13 8:30 Morning Walking Quilting 12:45 Water Physical Theray Jane Uhliir 1:15 Pitch Party Afternoon Bridge Club	14 9:15 Frog Exercises Century Club Movie/Drawing Thank you to Careage! Irish Duets with Linda Christensen & Phil Pfaltzgraff 1:15 Hand & Foot/Bingo
17 9:15 Frog Exercises 8:30 Moring Walking 11:40 Irish Line Dancers St. Patrick's Day Celebration 1:15 Hand & Foot	18 8:30 Morning Walking Quilting Afternoon Bridge Club 1:15 Pitch	19 9:15 Frog Exercises 9:30 Health Clinic 11:30 Merle Ring, Organ 12:00 Special Luncheon Certificates by Oaks!	20 8:30 Morning Walking Quilting 11:30 4yr olds from Rainbow World 1:15 Pitch Afternoon Bridge Club	21 9:15 Frog Exercises 8:30 Morning Walking Quilting 9:00 & 1:00 Pool 1:15 Bingo 1:15 Hand & Foot
24 9:15 Frog Exercises 8:30 Morning Walking 9:00 & 1:00 Pool 1:15 Hand and Foot	25 8:30 Morning Walking Quilting 1:30 Anne Liska, P.A. Toe Nail Clinic Afternoon Bridge Club 1:15 Pitch	26 9:15 Frog Exercises 8:30 Morning Walking Quilting 11:30 Connie Webber, Piano 12:45 Fun Oaks Day!	27 8:30 Moring Walking Quilting 11:30 Spotlight on Promise WSC Phil Pfaltzgraff 1:15 Pitch Party Afternoon Bridge Club	28 9:15 Frog Exercises 8:30 Morning Walking Quilting 9:00 & 1:00 Pool 1:15 Providence Bingo 1:15 Hand & Foot
31 8:30 Morning Walking 9:15 Frog Excercises 9:00 & 1:00 Pool 1:15 Hand & Foot	Friday's, Join us for Dinner and stay for 1:15 BINGO!		Come play Pool Monday, Wednesday, and Friday 9am & 1pm	Every Monday, Wednesday, & Friday 1:15 Hand & Foot!

