



# The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

June 2014

## SPECIAL EVENTS

Monday, June 2nd  
12:45 Panama Canal

Tuesday, June 3rd  
11:40 Wayne Community Pool  
Jody Pulfer (Committee)  
Card Making 1:00

Wednesday, June 4th  
11:30 & 2:30 Birthdays  
Ray Petersen, Accordion

Friday, June 6th  
12:00 Fred Krenk's  
Retirement Party-Cake

Monday, June 9th  
11:35 Terry Hypse, singing  
My Favorite Things  
Accompanied by Connie Webber

Tuesday, June 10th  
Toe Nail Cutting  
Anne Liska, P.A.

Friday, June 13th  
Father's Day Celebration  
Merle Ring, Organist  
Century Club

Monday, June 16th  
1:00 Board Mtg.

Wednesday, June 18th  
Health Screenings  
Mary Nichols, RN  
Special Luncheon  
Variety of Pie  
12:45 Oak's Day  
Sarah Townsend, Liz Brummond

Thursday, June 19th  
5:30 Evening Meal  
6:30 Burt Heithold Band  
Dance

Friday, June 20th  
Susan Boust, Keyboard

Monday, June 23rd  
Tuesday, June 24th

Wednesday, June 25th

Thursday, June 26th

Friday, June 27th

Monday, June 30th

"Not Gone Yet V"  
Rehearsals at the Center

Friday, June 27th  
Providence Bingo



Wayne Senior  
Center  
Wishes All Senior  
Fathers  
A  
Happy Father's Day  
with  
Great  
Family Barbecues

## A Brook Would Be Lonesome

By Trudy McCoy

*A boy and a brook, they belong together  
Like shades of willows that border the stream,  
With a fishing pole in summer weather,  
He may catch a fish, but he'll build a dream.*

*He may build a boat or explore for treasure  
That pirates buried in days of old,  
And the brook will gurgle and purr for pleasure.  
And glint with silver and sunlight gold.*

*He will wade to his knees and match the laughter,  
As he feels the caressing water flow by;  
The hours of happiness will fly, then after,  
He will lie down on the bank, look up at the sky.*

*A boy and a brook, they belong together,  
For each one gives to the other its joy  
Of secrets and dreams in the summer weather  
A brook would be lonesome without a boy.*



**Recipe for a Perfect Father's Day.**  
**Grilled Steak**  
 Rub steak on both sides with Fresh Garlic Bud  
 Sprinkle with Course Ground Black Pepper  
 Salt to Taste  
 Grill to liking.  
 Enjoy.



"My father gave me the greatest gift anyone could give another person: he believed in me." Jim Valvano



*"Not Gone Yet " 5  
Practice  
June 23, 24,25,  
26,27 & 30  
With Phil Pfaltzgraff  
Show on July 6th*



*Happy Father's Day Celebration  
Friday; June 13th*

In 1924, President Calvin Coolidge, supported the idea of a national Father's Day to honor the nation's dedicated fathers. Come help honor our participants that are fathers at our center.

11:30 come enjoy Merle Ring playing patriotic music on the organ to also honor our flag. Flag Day is June 14th.

Please call and invite your buddies, family, and friends to join in the fun.

Noon Meal:

- Sliced Roasted Beef
- Roasted Russet Potatoes
- Creamed Peas
- Fresh Sliced Whole Wheat Bread
- Canned Tropical Fruit
- Butterscotch Pudding with Topping
- Milk, Coffee, Water



*Back by Popular Demand*

Toe Nail Cutting

*By  
Anne Liska, P. A.  
At Wayne Senior Center*

*Tuesday, June 10th at 1:30 p.m.*



*Attention  
Card Makers*

*Please come: Tuesday, June 3rd  
Wayne Senior Center: At 1:00 pm*

*Cards Needed are: Anniversary*



*11:35 a.m.  
"My Favorite  
Things"*

*Terry Hypse  
Soloist  
Connie Webber  
Pianist*

*All are invited to Fred Krenk's  
Retirement Party*

*Family, Friends, Van Riders & Drivers in the Community, and City Employees  
& Council & Board Members.*

*Let's Wish Fred a Happy Life  
In Madrid, Iowa  
(closer to Kids & Boating)  
Friday, June 13th  
Noon Meal -Celebration Cake.  
Make Reservations Please.*



June Birthday Party

*Wednesday, June 4th  
11:30 am, & 2:30 pm  
Enjoy Ray Petersen  
on Accordion*

*Playing your oldies but  
goodies.*

*2:30 Lemon Daisy Cake  
By Careage Campus of  
Care*



**June: Thank you to Careage Campus of Care for sponsoring 14 Special Luncheon Certificates. Thank you Emeritus at The Oaks for supporting the 4 Century Club certificates. Thank you Providence Medical Center for sponsoring 5 Providence Bingo Certificates.**

*Wayne Public Transit is a great mode  
of transportation. Call 402-375-1460.  
for you to get to appointments & to  
run errands. \$1.50 one way  
(last run at 4:30p.m.)*





## VOLUNTEERS Thank You!!

The Senior Center is looking for volunteers for:

Monday Substitute MOW & Kitchen Substitutes Needed.  
New Quilters Wanted.

If you are interested in volunteering your time for this very important and rewarding service. Call us at 375-1460.

**Hear Ye! Hear Ye!**  
**Monday, June 16th at 1:00p.m.**  
**Wayne Senior Center**  
**Board Meeting**



*Thank you,*

*Senior Friends for being involved in our walking program, Pool Playing, Card Playing, Quilting, Kitchen Help, Chair Exercises, Dominoes Puzzles, Card Making & 3:00 Coffee Refreshments. Your involvement helps Our supportive services which helps the Center's revenue.*  
*"It's the Place To Be"*



**Spring into Dance!!!!!!!!!!!!!!!!!!!!!!**  
**Thursday, June 19th at 5:30 p.m. Dinner-**  
**Menu:** *Hamburger Noodle Bake*  
*Lettuce w/ Mix of Fresh Vegetables*  
*Buttered Corn,*  
*Whole Grain Dinner Roll & Promise*  
*Rhubarb Dessert & Topping*



**Burt Heithold & Band begins at 6:30 p.m. Dance Tunes**

*Let's try again to see the "Travels of Panama Canal"*  
*By Darrel and Phyllis Rahn*



**Presentation: Monday, June 2nd at 12:45 p.m.**

*Come for Lunch that day and make a day of it. We'd love to have you.*

### June Fire Prevention Tip:

Is your grill in good shape? Do you grill in an open area? Away from your home? Away from Over hangs?



**Mary Nichols,**  
**Health Care Screens**  
**Wednesday, June 16th**

**9:30a.m.—12:00,**

**Blood Sugar and Blood Pressure**

**12:00 Noon, Special Luncheon**

**Gift Certificates to 14 Lucky Winners**

**Sponsored by Careage Campus of Care**

**Entertainment: Oak's Day, Sarah Townsend**

*Liz*

**Brummond**

### **Special Luncheon Menu**

**Sliced Beef**

**Key Largo Vegetables**

**WW. Dinner Roll**

**Mandarin Oranges**

**Variety of Pie (Oaks)**



**Susan Boust, Pianist**  
**Will use her Keyboard & Speakers**  
**Friday, June 20th**  
**11:30 a.m.**

**Susan is offering this special instrument for your Listening Entertainment**  
**Please call & set up your dining reservation.**  
**402-375-1460**



### **Vegetable Macaroni Salad**

*1/2 cup mayonnaise*

*1/2 cup sour cream, regular or light*

*2 Tbsp. lemon juice*

*1/8 tsp. cayenne pepper*

*1 tsp. salt*

*1/2 tsp. pepper*

*8 oz. whole wheat or regular elbow macaroni*

*1 cup carrots, grated*

*1 cup celery, thinly sliced*

*1 cup cherry tomatoes, halved*

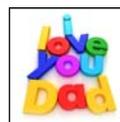
*1 medium red bell pepper, seeded and diced*

*1/3 cup green onions, diced*

*Dressing—whisk together the mayonnaise, sour cream, lemon juice, cayenne pepper, salt, and pepper*

*Cook macaroni, then rinse under cold water & drain*  
*In large bowl, add macaroni, carrots, celery, tomatoes, red pepper, and onion.*

*Stir in dressing mixture.*  
*Refrigerate.*



**GREAT FOR**  
**FAMILY**  
**PICNICS**

# CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

Joke:

**Donations**

**Cash Donations:**

**Louise Green**  
**Dwaine & Carol Reithwisch in Memory of**  
**Pat Erwin**  
**Mert Sievers**  
**Melvy & Leon Meyer**

**Coffee Donations:**

**Marv Nelson**  
**Mary Kramer**  
**Sandra Henschke**  
**Esther Baker**  
**Janet & Earl Fuoss**  
**Lanora Sorensen**

**This & That**

**Mabel Sommerfeld Bag of Cookies**  
**Fuoss's & Vahlkamp—Rhubarb**  
**Earl & Janet Fuoss-CD**  
**Erma Barker-Mother's Day Choc. Chip Cookies**

**Ice Cream:**

**Jo & Fred Krenk**  
**Gertrude Vahlkamp**  
**Marv Nelson**

**Thank you to those of you that take the time to bring in baked items, ice cream and all the other goodies for 2:30 p.m. coffee.**

**Thank you for the volunteer hours that many of you provide.**



A man was stopped by a game warden in Northern Algonquin Park recently with two buckets of fish leaving a lake well known for its fishing. The game warden asked the man, "Do you have a license to catch those fish? The man said, "No, sir. These are my pet fish." The warden said, "Pet Fish?" "Yes, sir. Every night I take these here fish down to the lake and let them swim around for a while. I whistle and they jump back into their buckets, and I take em home."

"That's a bunch of hooley! Fish can't do that!"

The man looked at the game warden for a moment, and then said, "Here, I'll show you. It really works."

"O.K. I've GOT to see this! The game warden was curious.

The man poured the fish in to the river and stood and waited. After several minutes, the game warden turned to the man and said, "Well?"

"Well what?" the man responded.

"When are you going to call them back?" the game warden prompted.

"Call who back? The man asked

"The FISH"

"What fish? The man asked.



FISH JOKE

**Century Club Movie—**

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:05 on this day. Reservations made the day before. June sponsor will be *Emeritus at The Oaks*.

**Puzzle: Hurricanes**

Bhola, Cyclone, Eye Wall, Female, Florida, Galveston, Hurucane, Names, Ocean, Retire, Tropical, Typhoon

- |                  |                         |
|------------------|-------------------------|
| Penny Vollbracht | Coordinator             |
| Carol Wibben     | Operations Assistant    |
| Fran Poehlman    | Senior Center Assistant |
| John Rebensdorf  | Van Driver              |
| Fred Krenk       | Van Driver              |
| Roger Hochstein  | Van Driver              |
| Herb Biermann    | President               |
| Betty Heithold   | Vice President          |
| Verna Mae Baier  | Secretary               |
| Joan Lage        | Treasurer               |

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.



**Senior Center Hours**

**Monday – Friday**  
**9:00 a.m. – 5:00 p.m.**  
**AM Walk at 8:45 a.m.**

**Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.**

**For van transportation or meal reservations call 375-1460.**



*A special thank you to United Way for funding the distribution of this newsletter.*