



# The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

September 2014

## SPECIAL EVENTS

Monday, September 1st

Closed Labor Day

No Meals

No Van Service

Tuesday, September 2nd

10:00 Line Dancing

1:15 Card Making

1:30 Toe Nail Clinic

Wednesday, September 3rd

11:30 Ray Petersen,

Accordion Polkas

12:45 "A View of Careage"

Ammon Wolfley, Admin.

2:30 Birthday Party

& Birthday Cake

Tuesday, September 9th

10:00 Line Dancing

Thursday, September 11th

11:30 Dan Hansen,

Piano

Friday, September 12th

11:30 Merle Ring, Organ

12:45 Century Club Cert.

Monday, September 15th

1:00 Board Meeting

Tuesday, September 16th

10:00 Line Dancing

Wednesday, September 17th

9:30 to 12:00 Health Screen

Mary Nichols

12:00 Special Luncheon

12:45 Phyllis & Darrel Rahn

"To the Land Down Under"

Thursday, September 18th

11:40 & 12:10 "Spotlight on

Promise" WSC Students

Tuesday, September 23rd

10:00 Line Dancing

Wednesday, September 24th

11:30 Susan Boust, Piano

Thursday, September 25th

12:45 "Oak's Day" Sarah &

Liz

Tuesday, September 30th

11:30 Val Koeber, Piano

1:15 pm Bingo Every Friday

1:00 Hand & Foot MWF



Wayne Senior  
Center  
Wishes All Seniors  
A  
Great Fall  
That awakens  
You to the Beauty  
Of the Golden  
Indian Summer



### Autumn Fanfare

When autumn blends  
her colors  
In a panoramic view  
Over fields, woods, and  
hillsides  
In variegated hue,  
We stand and gaze in  
wonder  
At the lavishness  
arrayed  
In the beauty and the  
vastness  
Of God's handiwork  
displayed.

By Ottis Shirk

## The Reflection of Autumn

By Loise Pinkerton Fritz

We see the reflection of Autumn  
In the season's looking glass;  
We view the leaves' vibrant colors  
Of oaks, maples, sassafras.

We hear the resounding of Autumn  
In the rustling of the leaves;  
In the shrill call of the blue jays,  
The honk of the flying geese.

We feel the touch of Autumn  
At this turning of the year.  
We see, hear and feel its presence  
And we know that God is near.

Remember to Sign up for Toenail Clinic by Anne Liska, P.A.  
1:30 p.m. Tuesday, September 2nd ( location Quilting Room)



*Val Koeber on piano*  
**11:30 Tuesday,**  
**September 30**



*To the Land Down Under*

*Susan Boust*  
**On Piano**  
**Playing**

*Autumn Music*  
**11:30, WEDNESDAY**  
**September 24, 2014**

*Good day, Matey-*

Come and see the wonders of the Outback at Australia  
 And the lushness of New Zealand

Hear Darrel and Phyllis Rahn share their travel experiences



12:45 p.m. Wednesday, September 17th

*See ya Matey at the Senior Center*

*Attention*  
**Card Makers– Mixture**  
*Please come: Tuesday, Sept. 2nd*  
*Wayne Senior Center: 1:15pm*

*Merle Ring*

*Special Entertainment by a*  
*Special Entertainer*

*Friday, September 12th at*

*11:30 to 12:15 with Organ Classics*

*Do you need paper shredded that has your identity info?*

*As a community service, Security Shredding is coming-*

*In October ( Public Welcome). So start collecting.*

*At South Parking Lot at the Wayne Senior Center*



*September Birthday Party*  
*Wednesday, September 3rd*  
*11:30 am until 12:15*  
*Enjoy Ray Petersen*  
*on Accordion*  
*Playing your oldies but*  
*goodies.*

*2:30pm Oma's Carmel /*  
*Choc.Cake for September*



**Thursday, September 25th**  
**12:45**  
**Oak's Day**  
**Featuring a Fall Fun Subject**  
**Don't miss it.**

*Wayne Public Transit is a great mode*  
*of transportation*  
*for you to get to appointments & to*  
*Run Errands for \$1.50 one way.*  
**Hours: 8:50am—4:30pm**  
**402-375-1460**





## **VOLUNTEERS Thank You!!**

The Senior Center really needs volunteers for  
**Kitchen Helpers & Subs Needed**

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

**Volunteers, You are our " Valued Helpers"**

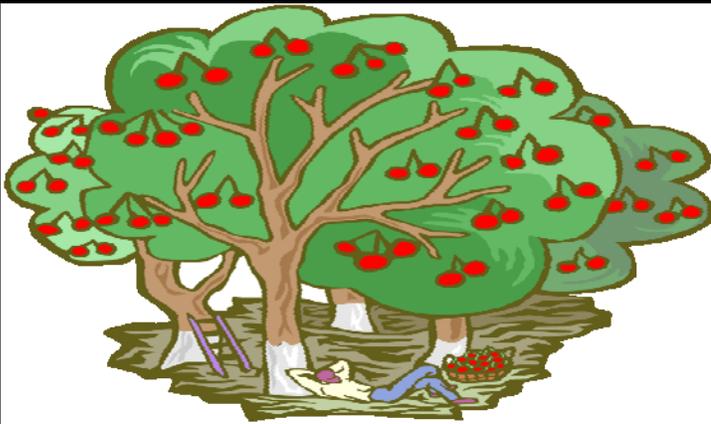
**Hear Ye! Hear Ye!**  
**Monday, Sept. 15th at**  
**1:00p.m.**  
**Wayne Senior Center**  
**Board Meeting**



*Phil Pfaltzgraff will again invite*

*Wayne State College*  
*Music Majors*  
*For-*  
**"Spotlight on Promise"**

*Make Your dinner reservations early :*  
**Thursday, September 18th**  
**11:40 to 12:10am Performances**



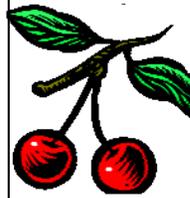
## ***New & Fun***

***Come Hear Dan Hansen improvise and play the piano by ear.***  
***(a rare talent)***  
***Thursday, September 11th at 11:30 a.m.***

***Enjoy a Creamed Chicken over Biscuit Dinner***  
***Wayne Sr. Center is the "Place to Be"***

## ***September: Fire Prevention Hint***

***Remember: Wear short sleeve or tight fitting sleeve when you cook.***



**Mary Nichols, RN**  
**Health Care Screens**  
**Wednesday, September 17th**  
**9:30a.m.—12:00, Blood Sugar and**  
**Blood Pressure &**

**12:00 Noon, Special Luncheon**  
**Gift Certificates to 14 Lucky Winners**  
**Sponsored by Careage Campus Care**

**\*12:45 Australia & New Zealand/Rahns**

### **Special Luncheon Menu**

**Sliced Ham**  
**Sweet Potato**  
**Peas**

**Canned Pineapple in lime**  
**jello with pineapple juice.**  
**Whole Wheat Bread/ Promise**  
**Cherry Crunch (Center)**



**Line Dance Continues Again In September**  
**By Deb Daehnke & Rita McLean**



**Really Learn the Steps**  
**Sept 2nd**  
**Sept 9th**  
**Sept 16th**  
**Sept. 23rd**



### ***Spiced Honey Cake***

***Use a bundt cake or loaf pan. Bake 1 hr. 350 Degrees***

***16 oz. honey***  
***16 oz. sugar***  
***5 eggs***

***5 cups all-purpose flour***  
***2 tsp. baking powder***  
***1 tsp. baking soda***  
***1/4 tsp. nutmeg***

***1/4 tsp. ground ginger***  
***1/4 lb. blanched almonds mixed with a little flour***  
***1/2 glass whiskey***  
***1/2 cup strong, black, cold coffee***  
***1/2 cup oil***

- 1. In a large bowl, cream the honey, sugar, and eggs until smooth.***
- 2. Sift the dry ingredients into another bowl, add the almonds, and mix***
- 3. Add the dry ingredients with the almonds and the whiskey, coffee, and oil to the honey and egg mixture and mix well.***

***4.***



**SEPTEMBER'S**

**SPICED HONEY CAKE**



# CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

**Cash Donations:**

**Leon & Melvy Meyer**  
**Ardyce Mayberry a cash donation in memory of**  
**Husband Dale Mayberry**  
**Dr. W.E. Wessel**  
**Joanne McNatt a donation in memory of**  
**Frieda Jorgensen**  
**Marcella Larsen**  
**Keith & Fern Erickson**

**Coffee & Ice Cream Donations:**

**Gertrude Vahlkamp**  
**Lanora Sorensen**  
**Lee Larsen**  
**Marilyn & Bob Carhart**

**This & That**

**Charles Maier-SF Cookies**  
**Thank you to those of you who take the time to**  
**bring in baked items, ice cream and all the other**  
**goodies for 2:30 p.m. coffee.**

**Thank you for the volunteer hours, that many of you**  
**provide us each month.**

**You are the Center's**  
**treasured**  
**angels.**



**“A View of Careage”**

*In September a Specialty will be highlighted  
 By video of a department.*

*Presenter : Ammon Wolfley, Administrator  
 12:45 Wednesday, September 3rd*

*Thank you Seniors For  
 Supporting the Wayne Senior Center  
 Congregate and Delivered Meal Programs.  
 Your support has allowed the Center*



*To almost receive incentive money for the Month of July,  
 August & September Congregate. Thanks to Carol's calls & in return  
 “yes we will come” from all of you. “We are the Place to Be”.*

**Century Club Movie—To Be September 12th**

**If you attend the Century Club Movie, make plans to have**  
**lunch afterwards! You won't be late. Serving time is at**  
**12:07 on this day. Reservations made the day**  
**before. September's sponsor will be Careage**

**M\*A\*S\*H Trivia Crossword Puzzle:**

**Word List: Captain, Colonel, Crabapple, Daisy, Francis, Freedman,**  
**Hunnicut, Klinger, Malibu, Sophie**

- |                  |                         |
|------------------|-------------------------|
| Penny Vollbracht | Coordinator             |
| Carol Wibben     | Operations Assistant    |
| Fran Poehlman    | Senior Center Assistant |
| John Rebensdorf  | Van Driver              |
| Dan Carroll      | Van Driver              |
| Roger Hochstein  | Van Driver              |
| Betty Heithod    | President               |
| George Burcum    | Vice President          |
| Verna Mae Baier  | Secretary               |
| Joan Lage        | Treasurer               |

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.



**Senior Center Hours**

**Monday – Friday**  
**8:50 a.m. – 5:00 p.m.**  
**AM Walk at 8:30 a.m.**

**Meals are served at noon. Please make your**  
**meal reservations & cancellations by noon**  
**the day before.**

**For van transportation or**  
**meal reservations call 375-1460.**



*A special thank you to United Way for  
 funding the distribution of this newsletter.*