



November 2014 Menu



Monday

Tuesday

Wednesday

Thursday

Friday

<p>Veterans Day Celebration November 11th</p> 	<p>We would be "Thankful" If you'd join us Wednesday November 26th Thanksgiving Dinner... bring a friend</p>	<p>November Birthday's</p>  <p>November 5th</p>	<p>Apple Pie will be served for Special Luncheon 10/19.</p> 	<p>All Meals served with Milk, Water and Coffee</p>
<p>3 Beef Tips with Mushroom soup & Onions over Mashed Potatoes & Gravy Fr. Green Beans Shredded Lettuce & Carrots Dorothy Lynch, Sliced Peaches WW Fresh Bread, Promise</p>	<p>4 Turkey Cutlet Mashed Potatoes with Skins Turkey Gravy F. Key Largo Blend WW Fresh Bread, Promise Canned Apricots</p>	<p>5 Ham Salad Sandwich WW Fresh Bread HM Pea Salad HM Tomato Soup Crackers, Promise Applesauce</p>	<p>6 <i>Tuna Noodle Casserole Rotini Noodles F. Prince William Blend Cottage Cheese WW Fresh Bread, Promise Cherry Jello with Canned Pears</i></p>	<p>7 Broasted Chicken Quarters Red Roasted Potatoes F. Cauliflower Mandarin Fluff WW Fresh Bread Promise</p>
<p>10 Scalloped Potatoes & Ham 3 Bean Salad F. Prince William Veg. WW Fresh Bread Promise Tropical Fruit (by center)</p>	<p>11 Polish Dog with Kraut on a Bun, Promise Baked Beans Cucumber Salad Vanilla Pudding with Marshmallows & Fr. Mango</p>	<p>12 Baked Chicken w/Cream of Chicken Soup Ranch Roasted Potatoes with skins F. Mixed Vegetables Frozen Fruit w/Yogurt WW Fresh Bread, Promise</p>	<p>13 <i>Baked Italian Pasta With Mozzarella Cheese Dilled Carrots Lettuce Salad w/ Dorothy Lynch Fruit Cocktail w/Orange Jello Garlic Bread Stick, Promise</i></p>	<p>14 Hamburger with WW Fresh Bread Steak Fries Baked Beans Pickles Tropical Fruit</p>
<p>17 Baked Ham Roasted Sweet Potatoes F. Broccoli WW Fresh Bread Mandarin Oranges Promise</p>	<p>18 Swedish Meatballs With Celery Soup & Dill Au gratin Potatoes F. Peas and Pearl Onions Promise Canned Peaches</p>	<p>19 Country Beef Steak Mashed Potatoes w/Skins Country Gravy F. Corn, Promise WW Fresh Bread Cherry Jell-O with Pears Apple Pie (by center)</p>	<p>20 Fried Pollack & Tarter Sauce Baked Potato F. Mixed Vegetable WW Fresh Bread Promise Canned Apricots</p>	<p>21 Rotisserie Pork Loin Mashed Potato w/Pork Gravy Dilled Carrots Apple Slices w/Sugar & Cinnamon WW Fresh Bread, Promise</p>
<p>24 Spaghetti and Meatballs Honey Glazed Carrots Shred. Lettuce & Carrots with Dorothy Lynch Canned Peaches Garlic Bread Stick Promise</p>	<p>25 Crispy Chicken Baked Potato Chuckwagon Corn Wheat Dinner Roll Canned Fruit Cocktail Promise</p>	<p>26) Thanksgiving Dinner Baked Turkey, Gravy Stuffing Green Bean Casserole Rapsberry Jello w/ Cranberries Pumpkin Pie w/Topping WW Fresh Bread, Promise</p>	<p>(27) Senior Center Closed</p> 	<p>(28) Senior Center Closed May your Stuffing be Tasty May your Turkey be Plump May your Potatoes & Gravy nary have a Lump May your Pie take the Prize and May your Thanksgiving Dinner stay off your Thighs!</p>



November 2014 Activities

Monday

Tuesday

Wednesday

Thursday

Friday

Mon, Wed, Fri.



Tuesday November 4th



November Birthday's...



November 11th



See you Friday for BINGO

3

9:15 Frog Exercises/ Walking
Quilting
Pool
Hand & Foot
Pitch

4

Morning Walking
Quilting
Cards Today
11:00-12:00 Shredding
Afternoon Bridge Club
Pitch

5

9:15 Frog Exercises
Morning Walking/Quilting
11:30 Ray Peterson Accordion
11:30 Therapy Screens,
Careage
2:30 Birthday Cake & Party
Campus of Careage

6

Morning Walking
Quilting
8:45-4:30 Open Enrollment Medicare
Part D
Pitch
Afternoon Bridge Club

7

9:15 Frog Exercises/Walking
Quilting
Century Club Movie/Drawing
Sponsored by Careage
Bingo
Hand & Foot
1:30 Anne Liska-Toe Nail Clin-

10

9:15 Frog Exercises/Walking
Quilting
Pool
Hand & Foot
Pitch

11

Morning Walking
Quilting
12:00 Veteran's Dinner
1:30 Veteran's Day
Program
Afternoon Bridge Club

12

9:15 Frog Exercises/Walking
Pool
Hand & Foot
Pitch

13

Morning Walking
Quilting
11:40/12:10 Spotlight on Promise
Pitch
Afternoon Bridge Club

14

9:15 Frog Exercises/Walking
Quilting
Pool
11:30 Deb Dickey, Piano
Bingo
Hand & Foot

17

9:15 Frog Exercises/Walking
11:40 Koeber/O'Leary Clarinet
Duet, & Val Koeber
1:00 Board Meeting

18

Morning Walking/ Quilting
Pitch
Afternoon Bridge Club

19

9:15 Frog Exercises/Walking
9:30-12 Health Screening
12:00 Special Luncheon
Sponsored by The Oaks
11:30 Connie Webber, Piano

20

Morning Walking
Quilting
12:45 John Schmitt-Vision Loss
Afternoon Bridge Club

21

9:15 Frog Exercises/Walking
Quilting
12:45 Koeber's Comedy
"Phyllis Diller"
Providence Bingo

24

9:15 Frog Exercises/Walking
Quilting
Pool
Hand & Foot
Pitch

25

Morning Walking
Quilting
11:30 Earl & Janet Fuoss
Blessing & Hymns
Pitch
Afternoon Bridge

26

9:15 Frog Exercises/Walking
11:30 Koeber's,
"We Give Thanks" Music
12:00 Thanksgiving Feast
12:45 Oaks Day
with Sarah & Liz
"Giving Thanks"

27) Pumpkin Pie Breakfast Bake

Remove 2 pkg. Cinnamon Rolls from cans & cut into 8 pieces, put into casserole pan. In a bowl Wisk together 5 oz. evaporated milk, 4 eggs, 1/4 cup brown sugar, 1/2 cup canned Pumpkin & 1 tsp Cinnamon. Pour over cut up rolls. Bake @ 375 degrees uncovered for 30 minutes. Then cover with foil and bake

28) Closed

-for 10 more minutes. Remove foil and after it cools for 10 mins. Top with icing. You can enjoy this year round! Enjoy your holiday with your family!