



December 2014 Menu



Monday

Tuesday

Wednesday

Thursday

Friday

<p>1 Swiss Steak with Gravy Stewed Tomato/Onion Scalloped Potato Beets WW Dinner Roll, Promise Frozen Strawberries</p>	<p>2 Turkey Stack Mashed Potatoes with Skins Turkey Gravy F. Broccoli WW Fresh Bread, Promise Canned Apple Sauce</p>	<p>3 Sliced Beef Roasted Potatoes/ Skins F. Key Largo Blend WW Dinner Roll, Promise Canned Mandarin Orange</p>	<p>4 Creamed Chicken over Biscuit F. Mixed Vegetable Shred. Lettuce & Shred. Carrots Dorothy Lynch Promise Apricots Halves</p>	<p>5 Meatloaf With Tomato Sauce Mashed Potato & Beef Gravy F. Peas & Carrots WW Dinner Roll Promise Canned Peaches</p>
<p>8 Chicken Fried Steak Mashed Potato & Skins Country Gravy F. Corn WW Dinner Roll, Promise Orange Jell-O Shred. Carrots & Pineapple</p>	<p>9 Rotisserie Pork loin Baked Potato & Promise Pork Gravy F. Green Beans WW Dinner Roll Canned Pears</p>	<p>10 Sliced Ham Sweet Potato F. Peas WW Fresh Bread Promise Canned Pineapple with Green Jell-O</p>	<p>11 <i>Smothered Grilled Chicken</i> <i>Cr. Of Chicken Soup</i> <i>Prince Williams Vegetable</i> <i>Stuffing</i> <i>Cucumber Salad</i> <i>WW Fresh Bread & Promise</i> <i>Cherries Fluff Salad</i></p>	<p>12 Taverns on Bun Baked Beans Coleslaw Mandarin Oranges Milk</p>
<p>15 Beef Tips with Mushroom soup & Onions over Mashed Potatoes & Gravy Fr. Green Beans Shredded Lettuce & Carrots Dorothy Lynch, Sliced Peaches WW Fresh Bread, Promise</p>	<p>16 Turkey Cutlet Mashed Potatoes with Skins Turkey Gravy F. Key Largo Blend WW Fresh Bread, Promise Canned Apricots</p>	<p>17 Ham Salad Sandwich WW Fresh Bread HM Pea Salad HM Tomato Soup Crackers, Promise Applesauce, Cherry Crunch Pie (Center)</p>	<p>18 <i>Tuna Noodle Casserole</i> <i>Rotini Noodles</i> <i>F. Prince William Blend</i> <i>Cottage Cheese</i> <i>WW Fresh Bread, Promise</i> <i>Cherry Jello with Canned Pears</i></p>	<p>19 Broasted Chicken Quarters Red Roasted Potatoes F. Cauliflower Mandarin Fluff WW Fresh Bread Promise</p>
<p>22 Scalloped Potatoes & Ham Three Bean Salad Prince Williams Vegetables Whole Wheat Bread & Promise</p>	<p>23 Baked Chicken w/Cream of Chicken Soup Chuckwagon Potatoes with skins Corn Frozen Fruit w/Yogurt WW Fresh Bread, Promise Christmas Cookie (Center)</p>	<p>24 Polish Dog with Kraut on a Bun, Promise Baked Beans Cucumber Salad Vanilla Pudding with Marshmallows & Fr. Mango</p>	<p>Please Note: CHRISTMAS IS CANCELLED Apparently, YOU told Santa that you have been GOOD this year ...  <i>He died laughing</i></p>	<p>Special Friends <i>are like Christmas stars-</i> <i>you don't always see them but you</i> <i>know they're always there.</i> </p>
<p>29 Baked Ham Roasted Sweet Potatoes F. Broccoli WW Fresh Bread Mandarin Oranges Promise</p>	<p>30 Swedish Meatballs With Celery Soup & Dill Au gratin Potatoes F. Peas and Pearl Onions Promise Canned Peaches</p>	<p>31 Country Beef Steak Mashed Potatoes w/Skins Country Gravy F. Corn, Promise WW Fresh Bread Cherry Jell-O with Pears</p>	<p>All Meals served with Coffee, Milk, and Water</p>	<p> RESOLUTIONS? ME?? JUST WHAT ARE YOU IMPLYING? THAT I NEED TO CHANGE?? WELL, BUDDY, AS FAR AS I'M CONCERNED, I'M PERFECT THE WAY I AM!</p>

December 2014 Activities



Monday

Tuesday

Wednesday

Thursday

Friday

<p>1 9:15 Frog Exercises Walking Quilting Pool Hand & Foot Count Down to Christmas...</p>	<p>2 Morning Walking Quilting 11:45 Cowboy Jim Cards Today Afternoon Bridge Club</p>	<p>3 9:15 Frog Exercises Morning Walking/Quilting 11:30 Ray Peterson Accordion 12:45 Careage Updates 2:30 Birthday Cake & Party Campus of Careage</p>	<p>4 Walking Quilting Pitch Afternoon Bridge Club</p>	<p>5 9:15 Frog Exercises/Walking Quilting 12:45 John Brandow, Long Term Insurance FAQ Bingo Hand & Foot , Pitch</p>
<p>8 9:15 Frog Exercises Walking Quilting 12:45 Amanda McMahon Power of Attorney & Wills Free Legal Aide</p>	<p>9 Complimentary Dinner Herman Chiropractic Afternoon Bridge Club 6:30pm Bring your Grandchildren Santa will be at The Senior Center</p>	<p>10 9:15 Frog Exercises Morning Walking/Quilting 12:45 Judith Stanton, Can you HEAR me now?</p>	<p>11 Morning Walking Quilting 11:40/12:10 Spotlight on Promise Pitch Afternoon Bridge Club</p>	<p>12 9:15 Frog Exercises/Walking Quilting Century Club Movie/Drawing Sponsored by The Oaks Bingo Hand & Foot Pitch</p>
<p>15 9:15 Frog Exercises Walking Quilting 11:30 WHS Carolers, with Tracy Anderson 1:00 Board Meeting</p>	<p>16 Morning Walking Quilting Afternoon Bridge Club 11:40 Shannon Reed, Caroling Sing Along</p>	<p>17 9:15 Frog Exercises/Walking 9:30-12 Health Screening 12:00 Special Luncheon Sponsored by Careage 12:40 2nd Grade Carolers with Monica Jensen</p>	<p>18 Morning Walking Quilting Pitch Afternoon Bridge Club</p>	<p>19 9:15 Frog Exercises/Walking Quilting 11:30 Merle Ring, Organ Christmas Carols Providence Bingo Hand & Foot</p>
<p>22 9:15 Frog Exercises Walking Quilting Pool Hand & Foot Pitch</p>	<p>23 Morning Walking Noon Christmas Dinner UGLY Sweater Day 12:45 Grace Lutheran Bell Choir 1:15 Holiday Bingo Afternoon Bridge Club</p>	<p>24 9:15 Frog Exercises Walking The Senior Center will be closed at Noon No Congregate Meals, Home Delivery or Van Service Come Back Monday 12/29!</p>		
<p>29 9:15 Frog Exercises Walking Quilting Pool Hand & Foot Pitch</p>	<p>30 Morning Walking Quilting Pitch 12:45 Oaks Day Afternoon Bridge</p>	<p>31 9:15 Frog Exercises/Walking 11:30 Bierbower Sisters, Piano 1:15 Happy New Year Game Day with Kid's-Invite your Friends and Grandchildren Goodbye 2014.....</p>		