

JANUARY 2014 MENU



Monday

Tuesday

Wednesday

Thursday

Friday

My idea of a Super Bowl is a toilet that cleans itself!



All meals served with Coffee, Water, Milk

We will be celebrating Birthday's Jan. 7th at 2:30 Yellow Cake with Coconut frosting will be served.

Senior Center is closed

Happy New Year 2014



2
Rotisserie Pork loin
Mashed Potato w/skins
Pork Gravy
F. Dilled Carrots
Fresh cut Apples
w/Sugar & Cinnamon
WW Fresh Bread, Promise

5

Spaghetti and Meatballs
Honey Glazed Carrots
Shred. Lettuce & Carrots with Cheese, & Dorothy Lynch
Canned Peaches
Garlic Bread Stick
Promise

6

Crispy Chicken
Baked Potato
Green Beans
Wheat Dinner Roll
Canned Fruit Cocktail
Promise

7

Pork Cutlet & Pork Gravy
Red Roasted Potatoes,
Peas & Carrots
WW Fresh Bread, Promise
Fresh cut Oranges

8

BBQ Chicken Quarters
Scalloped Potatoes
Key Largo Blend
WW Dinner Roll
Canned Pineapple with
Green Jello
Promise

9

Chili
with cheese garnish
Carrot & Celery Sticks
3 Bean Salad
Canned Pears
Cinnamon roll

12

Swiss Steak with Gravy
Stewed Tomato/Onion
Scalloped Potato
Beets
WW Dinner Roll, Promise
Frozen Strawberries

13

Turkey Stack
Mashed Potatoes with Skins
Turkey Gravy
F. Broccoli
WW Fresh Bread, Promise
Canned Apple Sauce

14

Sliced Beef
Twice Baked Potatoes w/ Skin
F. Key Largo Blend
WW Dinner Roll, Promise
Canned Mandarin Orange

15

Creamed Chicken over Biscuit
F. Mixed Vegetable
Shred. Lettuce & Shred. Carrots
Dorothy Lynch
Promise
Apricots Halves

16

Meatloaf
with Tomato Sauce
Mashed Potato & Beef Gravy
F. Peas & Carrots
WW Dinner Roll
Promise
Canned Peaches

19

Chicken Fried Steak
Mashed Potato & Skins
Country Gravy
F. Corn
WW Dinner Roll, Promise
Orange Jell-O Shred. Carrots & Pineapple

20

Rotisserie Pork Loin
Baked Potato & Promise
Pork Gravy
F. Green Beans
WW Dinner Roll
Canned Pears

21

Sliced Ham
Sweet Potato
F. Peas
WW Fresh Bread, Promise
Canned Pineapple with Green Jell-O
Coconut Cream Pie (Center)

22

Smothered Grilled Chicken
Cr. Of Chicken Soup
Prince Williams Vegetable
Stuffing
Cucumber Salad
WW Fresh Bread & Promise
Cherries Fluff Salad

23

Taverns on Bun
Baked Beans
Coleslaw
Mandarin Oranges
Milk

26

Beef Tips with Mushroom soup & Onions over Mashed Potatoes & Gravy
Fr. Green Beans & WW Bread
Shredded Lettuce & Carrots
Dorothy Lynch, Sliced Peaches

27

Turkey Cutlet
Mashed Potatoes with Skins
Turkey Gravy
F. Key Largo Blend
Canned Apricots
WW Fresh Bread, Promise

28

Ham Salad Sandwich
WW Fresh Bread
HM Pea Salad
HM Tomato Soup
Crackers, Promise
Applesauce

29

Tuna Noodle Casserole
Rotini Noodles w Peas & Carrots
F. Prince William Blend
Cottage Cheese
WW Fresh Bread, & Promise
Cherry Jello with Canned Pears

30

Broasted Chicken Quarters
Red Roasted Potatoes
F. Cauliflower
Mandarin Fluff w 1/2 Mandarin Oranges
WW Fresh Bread



January 2015



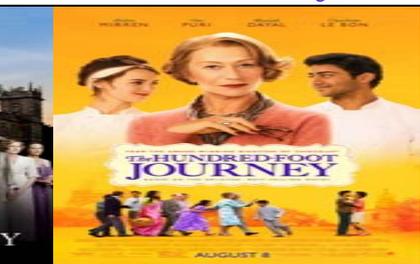
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Thursday

Friday

<p>Starting Thursday's 10:30-11:45 we will be watching the PBS series Downton Abbey, starting with season 1 We will be watching one episode each week.</p>			<p>1 Senior Center Closed Happy New Year's</p>	<p>2 9:15 Frog Exercises/Walking Quilting Bingo Hand & Foot Pitch</p>
<p>5 9:15 Frog Exercises Walking Quilting Pool Hand & Foot & Pitch</p>	<p>6 Morning Walking Quilting Cards Today 1:30 Toe Nail Clinic Ann Liska, P.A. Afternoon Bridge Club</p>	<p>7 9:15 Frog Exercises Morning Walking/Quilting & Pool Morning Pitch Group 11:30 Ray Peterson Accordion Snowball Dance 12:40 Chuck Funk-Careage 2:30 Birthday Cake & Party</p>	<p>8 Morning Walking Quilting 10:30 Downton Abbey Season 1 Episode 1 Pitch Afternoon Bridge Club</p>	<p>9 9:15 Frog Exercises/Walking Quilting Century Club Movie/Drawing Sponsored by Careage Bingo Hand & Foot Pitch</p>
<p>12 9:15 Frog Exercises Walking Quilting 12:30 "The 100 Foot Journey" Movie(2hrs)</p>	<p>13 Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>14 9:15 Frog Exercises/Walking Pool & Quilting 12:45 Dan Hansen's Variety Show</p>	<p>15 Morning Walking & Quilting 10:30 Downton Abbey Season 1 Episode 2 12:45 Judith Stanton Can you hear me now? Afternoon Bridge Club & Pitch</p>	<p>16 9:15 Frog Exercises/Walking Pool & Quilting Hand & Foot Pitch Bingo</p>
<p>19 9:15 Frog Exercises Walking Quilting Pool Hand & Foot, Pitch 12:45 Public Hearing 1:00 Board Meeting 2:00 Safety Meeting</p>	<p>20 Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>21 9:15 Frog Exercises & Walking Walking & Pool am & pm 9:30-12 Health Screening 11:30 Connie Webber-Piano 12:00 Special Luncheon Sponsor The Oaks</p>	<p>22 Morning Walking Quilting 10:30 Downton Abbey Season 1 Episode 3 Pitch Afternoon Bridge Club</p>	<p>23 9:15 Frog Exercises/Walking Quilting Providence Bingo Hand & Foot Pitch</p>
<p>26 9:15 Frog Exercises Walking Quilting Am & PM Pool Hand & Foot Pitch</p>	<p>27 Morning Walking Quilting Pitch Afternoon Bridge</p>	<p>28 9:15 Frog Exercises/Walking Quilting AM & PM Pool & Pitch 12:45 Oak's Day</p>	<p>29 Walking Quilting 10:30 Downton Abbey Season 1 Episode 5 Pitch Afternoon Bridge Club</p>	<p>30 9:15 Frog Exercises/Walking Quilting & AM & PM Pool Hand & Foot Pitch Bingo</p>