

July Activities 2015



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>Senior Center closed Friday 7/3 no Meals or Van service</p>	<p>We have a Clucking good time, don't miss out on the FuN!</p> 	<p>1 Morning Walking 9:15 Frog Exercises 11:30 Ray Petersen, Accordion 2:30 Birthday Celebration with Careage Hand & Foot, Pitch</p>	<p>2 Morning Walking ,Quilting 12:40 Charles Maier with Connie Webber Patriotic Tunes Afternoon Bridge Club</p>	<p>July 3 No Meals or Van rides</p> 
<p>6 9:15 FROG Exercises Morning Walking Quilting Pitch 11:30 Merle Ring Organ Music Hand & Foot</p>	<p>7 Morning Walking 11:40-12:30 Not Gone Yet 1:00 Card Making Pitch Afternoon Bridge Club</p>	<p>8 9:15 FROG Exercises Morning Walking Quilting Pool Pitch Hand & Foot</p>	<p>9 Morning Walking Quilting Pitch Afternoon Bridge Club 12:45 Long Term Life Care Planning with Sherry Johnson & Amy Miller</p>	<p>10 9:15 FROG Exercises Walking Quilting 12:00 Century Club Oaks 1:00 Bingo Pitch Hand & Foot</p>
<p>13 9:15 FROG Exercises Walking, Quilting 12:45 LaRayne Topp 81 Seconds Pool Hand & Foot, Pitch 1:15 Board Meeting</p>	<p>14 Morning Walking Quilting Pitch Afternoon Bridge Club</p>	<p>15 9:15 FROG Exercises Walking , Quilting 11:30 Pat Sherry-Piano 12:00 Special Luncheon by Careage Pitch Hand & Foot</p>	<p>16 Morning Walking Quilting Pitch 11:30 & 12:45 Jay O'Leary & Bill Koeber Afternoon Bridge Club</p>	<p>17 9:15 FROG Exercises Walking Quilting Pool Bingo Pitch Hand & Foot</p>
<p>20 9:15 FROG Exercises Walking Quilting Pitch Pool Hand & Foot</p>	<p>21 Morning Walking Quilting Pitch 1:30 Anne Liska Toe Clinic Afternoon Bridge Club 11:30 Val Koeber, Piano</p>	<p>22 9:15 FROG Exercises Walking Quilting Pitch Hand & Foot</p>	<p>23 Morning Walking Quilting Pitch 12:30 Spotlight on Promise Afternoon Bridge Club</p>	<p>24 9:15 FROG Exercises Walking Quilting Pool Bingo Pitch Hand & Foot</p>
<p>27 9:15 FROG Exercises Walking Quilting 12:45 Gwen Jensen Savidge Amusement Pool Hand & Foot, Pitch</p>	<p>28 Morning Walking Quilting 12:45 Stephanie Hoffman Preventing Hospitalization Pitch Afternoon Bridge Club</p>	<p>29 9:15 FROG Exercises Morning Walking Quilting Pitch Pool Brookdale Day Hand & Foot</p>	<p>30 Morning Walking Quilting Pitch Afternoon Bridge Club</p>	<p>31 9:15 FROG Exercises Walking Quilting Pool Bingo Pitch Hand & Foot</p>



July 2015 Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Milk, Water and Coffee are offered with every meal.



1
Sliced Ham
Sweet Potato
F. Peas
Canned Pineapple w/Green Jello w/Juice
WW Fresh Bread, Promise

2
Biscuit with Sausage Patty Smothered in Country Gravy
Shredded Hashbrown
Frozen Fruit with Yogurt Promise
Strawberry Jello w/Strawberries & whipped topping

Closed 3 No Meals or Van rides

**Why did the Chicken cross The road?
To get to his car parked across the street**



6
Tuna Casserole w/ Rotini Noodles, Peas, & Carrots
Fr. Prince Williams Blend Cottage Cheese
Cherry Jello with Canned Pears

7
Turkey Cutlet
Mashed Potatoes with skins
Turkey gravy
Fr Key Largo Blend Vegetables
Canned Apricots Fruit
WW Fresh Bread
Promise

8
Ham Salad Sandwich on WW Bread
Homemade Pea Salad
Homemade Tomato Soup with Stewed Tomatoes
Apple Sauce
Crackers & Promise

9
Beef Tips w/ Mushroom Soup, Onions, & Beef Gravy
Mashed Potato
Fr. Green Beans
Shredded Lettuce w/Fr. Shredded Carrots & Dorothy Lynch
Sliced Peaches

10
Chicken Tenders
Red Roasted Potatoes
Fr. Cauliflower
Mandarin Fluff
WW Fresh Bread
Promise

13
Shredded Hashbrowns w/ Cheesy Sauce & Ham
Three Bean Salad
Fr. Prince Williams Vegetable
WW Fresh Bread
Promise

14
Polish Dog with Kraut on a bun
Baked Beans
Cucumber Salad
Vanilla Pudding with Marshmallows & Fr. Mango
Promise

15
Baked Chicken w/Cream of Chicken Soup
Ranch Roasted Potatoes, skins
Fr. Mixed Vegetables
Frozen Fruit w/Yogurt
WW Fresh Bread, Promise
Mock Peach Pie

16
Baked Italian Pasta Bake w/ Mozzarella Cheese
Dilled Carrots
Lettuce Salad w/Carrots & Dorothy Lynch
Green Jello w/Mandarin Oranges
Garlic Bread Stick, Promise

17
Hamburger with Bun
Crispy Shredded Hashbrowns
Baked Beans
Pickles
Canned Tropical Fruit
WW Fresh Bread, Promise

20
Baked Ham
Roasted Sweet Potatoes
Fr. Broccoli
Canned Mandarin Oranges
WW Fresh Bread
Promise

21
Swedish Meatballs w/Celery Soup & Dill
Augratin Potatoes
Fr. Peas & Pearl Onions
Canned Peaches
WW Fresh Bread, Promise

22
Country Beef Steak
Country Gravy
Mashed Potatoes w/ skins
Fr. Corn
Cherry Jello w/Pears
WW Fresh Bread, Promise

23
Fried Pollack & Tartar Sauce
Baked Potato
Fr. Mixed Vegetables
Canned Apricots
WW Fresh Bread, Promise

24
Rotisserie Pork Loin
Mashed Potatoes w/Skins & Pork Gravy
Fr. Dilled Carrots
Fr. Cut Apples w/Sugar & Cinnamon
WW Fresh Bread, Promise

27
Spaghetti & Meatballs w/ Sauce
Honey Glazed Carrots
Shredded Lettuce w/Fr. Carrot Shreds, Cheese, & Dorothy Lynch
Canned Peaches
Garlic Bread Stick, Promise

28
Sweet and Sour Chicken
Rice
Key Largo Blend Vegetables
Egg Roll
Canned Fruit Cocktail
Promise

29
Pork Cutlet w/Pork Gravy
Fr. Red Roasted Potatoes w/ Skins
Peas & Carrots
Fr. Cut Oranges
WW Fresh Bread, Promise

30
Chicken Tenders
Scalloped Potatoes
Key Largo Blend Vegetables
Canned Pineapple Chunks W/ Green Jello
WW Fresh Bread, Promise

31
Chili w/ Cheese Garnish
Carrot & Celery Sticks
Three Bean Salad
Canned Pears
Cinnamon Roll
Promise