

December 2009 Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>2% Milk, Water, and Coffee are offered with every meal.</p>	<p>Dec 1 BBQ Beef Sandwich Baked Beans Beets Fruit Cocktail</p>	<p>2 Tuna Casserole California Blend Veggies Baby Raw Carrots WW Bread & Promise Sliced Apples</p>	<p>3 Sliced Turkey Stuffing & Turkey Gravy Peas Dinner Roll & Promise Pineapple Chunks</p>	<p>4 Dill Baked Fish Parsley Buttered Potatoes Cheesy Broccoli Sliced Bread & Promise Pears</p>
<p>7 Diced Beef & Noodles Prince Williams Veggies Lemon Poppy Seed Muffin & Promise Mandarin Oranges</p>	<p>8 Early American Goulash Mixed Vegetables Three Bean Salad Sliced Bread & Promise Sliced Peaches</p>	<p>9 Baked Pork Chops Red Roasted Potatoes Green Beans Sliced Bread & Promise Butterscotch Pudding Dessert</p>	<p>10 Deli Sandwich Chicken Noodle Soup Sliced Cucumbers in Sauce Dinner Roll & Promise Tropical Fruit</p>	<p>11 Beef Tips Mashed Potatoes Cauliflower Apple Sauce Sliced Bread & Promise Cookie</p>
<p>14 Sliced Pork Baked Beans Dill Buttered Carrots Dinner Roll & Promise Sliced Peaches</p>	<p>15 Turkey Divan Stewed Tomato Cottage Cheese Sliced Bread & Promise Tropical Fruit</p>	<p>16 Special Luncheon: Beef Pot Pie with Biscuit Cauliflower Crackers & Promise Peach Cobbler</p>	<p>17 Sliced Turkey & Gravy Stuffing Beets Mandarin Oranges Sliced Bread & Promise Chocolate Pudding Parfait</p>	<p>18 Creamed Ham over Biscuit Celery Stick Orange Slices Sliced Bread & Promise Brownie</p>
<p>21 Crispy Chicken Baked Potato Wax Beans Dinner Roll & Promise Fruit Cocktail</p>	<p>22 Country Beef Steak Mashed Potato & Gravy Corn Pear in Lime Jell-O Cinnamon Apple Rings Peppermint Ice Cream</p>	<p>23 Beef Pot Pie Cauliflower Mandarin Oranges Butterscotch Pudding</p>	<p>24 Closed for Christmas</p>	<p>25 Closed for Christmas</p>
<p>28 Turkey Gravy Stack Mashed Potatoes Peas Jell-O with Fruit & Whipped Topping</p>	<p>29 Chicken Stir Fry with Rice Broccoli Sliced Pears Fortune Cookie</p>	<p>30 Early American Goulash Mixed Vegetable Three Bean Salad Tropical Fruit Bread Stick & Promise</p>	<p>31 Sliced Beef Russet Potatoes Carrots Apple Sauce Dinner Roll & Promise Jell-O with Banana & Topping</p>	<p><u>NOTICE:</u> Menus are subject to change by Dietitian.</p>

December 2009 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
Pool at 1:00 pm Mon-Wed-Fri Bingo at 1:15 pm Every Friday	1 Morning Walking Quilting / Cards Bridge	2 Morning Walking Quilting / Cards Birthday Party 11:30 Ray Petersen, accordion 1:00 Pool	3 Morning Walking Quilting Cards Bridge Pitch Party 1:15	4 Morning Walking Quilting / Cards 11:30 am Pat Cook Christmas Music 1:15 Bingo
7 Morning Walking/Quilting 12:45 "Stress for the Holi- days" By Connie Vogt 6:30 pm Wreath Auction 1:00 Pool Bridge	8 Morning Walking Quilting / Cards Bridge 1:00 pm Card Making	9 Morning Walking Quilting / Cards 1:00 Pool	10 Morning Walking Quilting / Cards Bridge 9:30-3:30 Medicare Part D Enrollment, Deb Skipper Pitch Party 1:15	11 Morning Walking Quilting / Cards "Spotlight on Promise" with Phil & WSC Students 1:00 Pool 1:15 Bingo
14 Morning Walking Quilting / Cards Wayne High School Jazz Choir, Tracy Anderson, Dir. 1:00 Pool	15 Quilting / Cards Bridge Val Koeber, Christmas Songs	16 Morning Walking 9:30 - Noon Health Screens 9:30 Pamper Yourself Noon: Special Luncheon 1:00 pm Wayne 2nd Graders with Monica Jensen	17 Morning Walking Quilting / Cards Bridge Pitch Party 1:15	18 Morning Walking Quilting / Cards Christmas Organ Music Connie Glassmeyer 1:00 Pool 1:15 Bingo
21 Morning Walking Noon: Holiday Program by Phil & Sherry Pfaltzgraff 1:00 Board Meeting 1:00 Pool	22 Morning Walking Quilting / Cards / Bridge 12:00 Christmas Feast 12:45 "Here Comes Santa" by Linda Anderson	23 Morning Walking Quilting Cards 1:00 Pool	24 Closed for Christmas	25 Closed for Christmas
28 Morning Walking Quilting / Cards / Pool 11:30 am Show Tunes, Pat Cook	29 Morning Walking Quilting / Cards Bridge	30 Morning Walking Quilting / Cards Phil Pfaltzgraff, Organ Music 1:00 Pool	31 Morning Walking Quilting / Cards / Bridge 11:30 New Years Eve Party Ray Petersen on Accordion Pitch Party 1:15	Coffee Served Daily At 3:00 pm