



The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

July, 2010

SPECIAL EVENTS

Thursday, July 1st
 10 cent Meal Increase
 For Home Delivered
 And Congregate Meals

Friday, July 2nd
 11:30 Patriotic Music by Fuoss's
 12:00 4th of July Meal
 12:45 "Independence Day"
 Celebration by Mark Ahmann

Monday, July 5th
 Wayne Senior Center Closed
 No Congregate Meals
 No Home Delivered Meals
 No Public Transit

Tuesday, July 6th
 11:30 Pat Cook, Piano
 1:00 Card Making

Wednesday, July 7th
 11:30 & 3:00 Birthday Celebration
 Ray Petersen, Accordion
 12:45 "Elder Abuse"
 Rebecca Onderstal & Josh Sievers

Monday, July 12th
 1:00 Board Meeting

Tuesday, July 13th
 Val Koeber, Piano

Wednesday, July 14th
 "Senior Medical Literacy"
 Danni Frahm, Providence Med.

Friday, July 16th
 12:45 "Think Your Drink"
 By Sandy Preston, UNL Extension

Monday, July 19th
 11:30 Phil and Sherry's Inspiration

Wednesday, July 21st
 9:30 Health Screening
 9:45 Chair Massage
 12:00 Special Luncheon &
 Certificates

Thursday, July 22nd
 11:30 Pat Cook, Piano

Wednesday, July 28th
 12:45 "Medications & Reactions"
 Connie Vogt, RN

1:15 pm Bingo Every Friday



Wayne Senior
 Center
 Wishes All Seniors
 A
 Happy 4th of July
 with
 Great
 Family Picnics



We're
 Proud to be
 Americans!

Let's Celebrate
 Independence Day!

When: July 2nd

At: Wayne Senior Center

Time: 11:30 am
 Patriotic Music
 By Earl & Janet Fuoss

Dinner: 12:00 noon

12:45pm
 "Independence Day"
 By
 Mark Ahmann



Excerpts from John F. Kennedy 's

Independence Day Speech in 1946

"We stand today in the shadow of history.
 We gather here in the very Cradle of Liberty.

A nation's character is like that of an individual. It is elusive. It is produced partly by things we have done and partly by what has been done to us. It is the result of physical factors, intellectual factors, and spiritual factors. It is well for us to consider our American character, for in peace as in war, we will survive or fail according to its measure.

Our American idealism finds itself faced by the old-world doctrine of power politics. It is meeting with successive rebuffs, and all this may result in a new and even more bitter disillusionment, in another ignominious retreat from our world destiny. But. If we remain faithful to the American tradition, our idealism will be a steadfast thing, a constant flame, a torch held aloft for the guidance of other nations.

The American character that I would bring to your attention is the great patriotic instinct of our people. From our pioneer days, perhaps because we were a people who developed from a beachhead on a tremendous continent, this American patriotism has always had as its core a strange and almost mystical love of the land.

Land, land, land, stretching with incredible richness across half a world. Its sheer vastness has made it a challenge to the American spirit. The endless land stretching to, the western sun caught the imagination of men who founded this nation and awakened the patriotic spirit that has become characteristic of Americans."

From 1946 to present day, our patriotism remains strong.

Source: <http://www.jfklibrary.org/Historical+Resource>

Health Education Offered by Connie Vogt:

"Medication Reactions", Tuesday, July 28th at 12:45. Come & Learn.



Pat Cook on piano
July 6th & 22nd

Val Koeber on piano
July 13th



Happy 4th of July Picnic

“Elder Abuse”

Tragic and Preventable.

Come Hear:
Rebecca Onderstal and
Josh Sievers

From: Haven House
At: 12:45pm
Wednesday, July 7th

Barbequed Beef Sandwich
Baked Beans
Coleslaw
Bun and Promise
Peaches
Apple Crisp provided Senior Center
Milk, Coffee, and Tea



July Joke:
I saw a dairy store the other
day. It was named-
Whey To Go.

Our goal is 96 dinner guests for the 4th.
Help us make our new congregate
Average. (49.45 guests)

Let’s all get together and celebrate our
4th of July Picnic on July 2nd. Call Us.

Attention Card Makers

Please come: Tuesday, July 6th
Wayne Senior Center: At 1:00 pm

Cards Needed are: Get Well

Come Hear: Danni Frahm
From Providence Medical Center

Present: “Medical Literacy”

Wednesday, July 14th



“Think Your Drink”



Presenter: Sandy Preston
UNL Extension Office
Educator from Dixon County
12:45 Friday, July 16th
Tea for Two Anyone?

July Birthday Party
Wednesday, July 7th
11:30 am til 12:15 & 3:00
Enjoy Ray Petersen
on Accordion
Playing your oldies but
goodies.

3:00pm Strawberry Poke
Cake



Thank you to The Oaks Retirement Center of Wayne
for sponsoring
14 Special Luncheon Certificates.
Thank you Careage for 3 Century Club Certificates.

Wayne Public Transit is a great mode of
transportation
for you to get to appointments & to run er-
rands.

Hours: 9:00am—4:40pm
Last Run





VOLUNTEERS Thank You!!

The Senior Center is looking for volunteers for
Monday MOW & Kitchen Monday & Tuesday

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

Hear Ye! Hear Ye!
Monday, July 12th at 1:00p.m.
Wayne Senior Center
Board Meeting
Open to All.



*Thank you,
Senior Friends for being involved in our afternoon activities. The Wayne Senior Center is fortunate to have card players, pool players, bridge players, and quilters. Our 3:00 Coffee Social is very special due to your sandwiches, chips, ice cream, baked goods, coffee and money donations. Thank you, all. You are all very special and your dedication and participation is appreciated by our staff. Your guests are always welcome here. "It's the Place To Be"*



Notice-Notice-Notice-Notice-Notice- Effective Thursday, July 1st

**Suggested Contribution for :
Home Delivered over 60=\$3.60**

Congregate over 60=\$3.35

Cost of Meal:

Home Delivered under 60= \$6.35

Congregate under 60= \$6.10

Meal Ticket Suggested Contribution \$33.50

June Memorials were received from:

June & Herb Niemann in memory of Lavah Maciejewski
Orgretta Morris & family in memory of Howard Morris
Mary Lou George in memory of Howard Morris
Anne Nolte (1st Realty) in memory of Howard Morris
Anonymous Memorial given in Memory of Dearth Hamm
Charles Maier and Ruth Groene in memory of
George Biermann and also Norris Weible

July Fire Prevention:
Allow lawn mower or tiller engines to cool before refueling.



Mary Nichols, RN
Susan Wells, Certified Massage
Health Care Screens
Wednesday, July 21st

9:30a.m.—12:00, Blood Sugar and Blood Pressure
9:45am Chair Massage by Susan Wells, Certified
12:00 Noon, Special Luncheon

Gift Certificates to 14 Lucky Winners
Sponsored by Oaks Retirement Center.

Special Luncheon Menu

Baked Pork Chop w/ Celery Soup

Red Roasted Potatoes

Peas & Carrots

Fresh Bread & Promise

Strawberry Rhubarb Pie

Milk, Coffee, & Tea



Come Hear the Inspirational Duet
Highlighting:
Philip & Sherry Pfaltzgraff
Special Performance at:
11:30 July 19th

Remember to make your dinner
reservations early.

Call 375-1460. It's Top Notch Talent!



German Butterfinger Cake

Layer 1:

Follow Directions: Make German Chocolate Cake
Bake in 9 x 13 inch cake pan.
Cool Cake Completely.

Layer 2:

Beat together 1 large box of instant vanilla or
butter pecan pudding with 2 1/3 cups milk .

Add 8 oz. cream cheese.

Mix together.

Spread pudding mixture over the cooled cake.

Layer 3:

Spread 1 - 8 ounce container of whipped topping on
top of pudding mixture.

Layer 4:

Crush 3 big butterfinger candy bars (in plastic bag),
then sprinkle on top of whipped topping.

Refrigerate and Serve.



GREAT FOR
FAMILY
4TH OF JULY

CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

Donations

Cash Donations:

Howard and Barvetta McLain

Merlin Preston

Anonymous Contributor

Bridge Donation

Coffee Donations:

Janet Reeg

Duaine and Donna Jacobsen

Alta Meyer

This & That

Margaret Hunt— ice cream

Lanora Sorenson-sandwiches & chips

Deb & Bill Dickey-Memorial Day Napkins

Thank you to those of you who take the time to bring in baked items, ice cream and all the other goodies for 3:00 coffee.

Thank you to those who help with the Decorating for special occasions.

Thank you for the volunteer hours. that many of you provide us each month. You are the Center's treasured angels.

Please notify us if we missed your Donation!!



Thank you Seniors For Supporting the Wayne Senior Center Congregate and Delivered Meal Programs.

Your support has allowed the Center To receive incentive money for the Months of July, August, September, October, November, February, & March. & April. So please invite your friends. come eat!!!



Century Club Movie—To Be Arranged

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:05 to 12:15 on this day. Reservations made the day before. July sponsor will be *Careage of Wayne*.

Tennis Puzzle:

Ace, Alley, Attack, Backboard, Ball Boy, Ball Toss, Chair, Court, Cross Court, Deuce, Doubles, Elbow, Error, Fault, Fifteen, Gallery, Game, Kill, Love

Penny Vollbracht	Coordinator
Rick Barelman	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Dave Headley	Van Driver
Lori Dickes	Part-Time Custodian
Gloria Leseberg	President
Marj Porter	Vice President
Verna Mae Baier	Secretary
Norma Backstrom	Treasurer

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.



Senior Center Hours

Monday – Friday
9:00 a.m. – 5:00 p.m.
AM Walk at 8:30 a.m.

Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.

For van transportation or meal reservations call 375-1460.



A special thank you to United Way for funding the distribution of this newsletter.