



The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

September, 2010

SPECIAL EVENTS

Wednesday, September 1st
September Birthday Party
11:30 & 3:00, Ray Peterson
On Accordion

Friday, September 3rd
12:45 Country School Memories

Tuesday, September 7th
11:30 Pat Cook, piano
1:00 Card Making

Thursday, September 9th
11:30 Donna Hawley's
Oldies Sing-a-long & Guitar

Friday, September 10th
12:45 "Hallie's Comments"

Monday, September 13th
11:30 Bonnie Anderson's
Energy Medicine-Stretches

Tuesday, September 14th
11:30 Val Koeber, Piano
5:30 Swedish Smorgasbord
6:30 Keep the Faith Music

Wednesday, September 15th
9:30 Health Screening
9:45 Chair Massage
12:00 Special Luncheon
12:45 Neb. HHS Service
Stacy Schenk Assisting

Thursday, September 16th
11:30 Energy Medicine-Stretches
12:45 Shredding Info with Dick

Friday, September 17th
11:30 Energy Medicine-Stretches

Monday, September 20th
11:30 Earl & Janet's "Big Band"
1:00 Board Meeting

Tuesday, September 21st
11:30 Cyril Hansen, Organ

Wednesday, September 22nd
11:30 Connie Webber Glassmeyer
Autumn Music, Organ
12:45 Weight Control, Connie Vogt

Thursday, September 23rd
10am-12noon SHREDDING

Friday, September 24th
11:30 Phil's "Spotlight on Promise"
2:00 Chicken Foot Dominoes

Tuesday, September 28th
11:30 Pat Cook, Piano

1:15 pm Bingo Every Friday



Wayne Senior
Center
Wishes All Seniors
A
Great Fall
That awakens
The Five
Senses of the Season.
Enjoy it.



Autumn is a time of
living rich colors.

Autumn is a time for
hearing the honking of
flocks of geese.

Autumn is a time for
Tasting the tantalizing
pumpkin and apple pies.

Autumn is a time for
smelling the burning
leaves.

Autumn is a time for
touching the harvested
Grain.

Autumn

By Wendy Tousignant

**The miracle of fall renews
My faith, and I'm reborn!
Triumphantly I take my stand
This bright September morn.**

**The spectacle of beauty
In leaves of red and gold
Against the denseness of tall pines
Is wondrous to behold!**

**Fields of pumpkins cast
Their orange reflections in a stream.
Soon gentle hands will harvest them
For faces that will beam.**

**The smell of caramel apples
Now permeates the air;
And ducks gather near cattails,
Their flight plans to prepare.**

**The coral blush of western sky
Caused by the setting sun,
Strengthens the glow I feel inside
Just knowing we are one.**

Autumn begins at 11:00pm on September 22nd, & its celebration will feature Fall Favorites by Connie Webber Glassmeyer, organist at 11:30am.



Pat Cook on piano
September 7th & 28th

Cyril Hansen on organ:
September 21st

Val Koeber on piano
September 14th



Swedish Smorgasbord— Evening Meal

Valkommen til Our Evening Meal
5:30 p.m. Tuesday, September 14th

Our Swedish Smorgasbord Menu Includes:

- Swedish Meatballs with Homemade Cream Sauce
- Twice Baked Potato Casserole
- Golden Coin Carrot Casserole
- Pineapple Lime Fluff Salad
- Pickled Beets
- Swedish Rye Bread & Promise
- Apple Streusel Crisp with Whipped Cream
- Milk, Coffee, or Water



Over 60 \$3.35 contribution
Under 60 \$6.10 charge

We are proud to have "Keep the Faith" singing group as our entertainment for The evening.

"Keep the Faith" begins at 6:30 p.m.
valkommen your friends and family as your dinner guests.

Shredding Information Time:
12:45pm, September 16th with
Dick Brown
Date to Bring Paper Goods
To Shred at the Center South
Parking Lot:
10-12 Noon
Thurs, September 23rd
Security Shredding



Attention Card Makers— Anniv.

Please come: Tuesday, Sept. 7th
Wayne Senior Center: At 1:00 pm

September 22nd Highlights Include:
11:30 Special music provided by
Connie Glassmeyer on the organ.

Noon Meal: BBQ Beef Sandwich

Health Education by Connie Vogt, RN
On "Weight Loss and Nutrition"
Please Come and Enjoy the day.



September Birthday Party
Wednesday, September 1st
11:30 am til 12:15 & 3:00
Enjoy Ray Petersen
on Accordion
Playing your oldies but
goodies.

3:00pm Seniors Bring
Pot Luck Treats



Old Country School Memories
12:45 p.m.
Friday, September 3rd



The School Bell is ringing calling in all teachers and students who attended and/or worked at a Country School.

Your Assignment will be to locate and bring keepsakes such as pictures or think of interesting stories to present to the class.
Stories of books, songs, recess, out houses, etc. and interesting school house responsibilities. We will have a hot school lunch available by reservation.



August: Thank you to Careage of Wayne
for sponsoring
14 Special Luncheon Certificates.
Thank you The Oaks for 3 Century Club Certificates.

*Wayne Public Transit is a great mode of
transportation
for you to get to appointments & to run
Errands for \$1.50 one way.
Hours: 9:00am—4:40pm
Last Run*





VOLUNTEERS Thank You!!

The Senior Center is looking for volunteers for

Monday & Tuesday Kitchen Helpers

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

Volunteers, You are our " Valued Helpers"

Hear Ye! Hear Ye!
Monday, September 20th at
1:00p.m.
Wayne Senior Center
Board Meeting



Phil Pfaltzgraff will again invite

Wayne State College
Music Majors

For-
"Spotlight on Promise"

Make Your dinner reservations early :
Friday, September 24th
11:30 & 12:45 Performances



Are your Tired and Stressed and Not Limber anymore:

Come for Bonnie Anderson's:

Energy Medicine (Body Points & Exercises)
11:30 Monday, September 13th

11:30 Thursday, September 16th

11:30 Friday, September 17th

Come and Practice so it becomes natural to do on your own.

*.Hallie's back for her " **Hallie's Comments**"*

12:45pm Friday, September 10th



Enjoy lunch and have fun with her humor and understanding of Life's special serendipities-

"Live, Love, & Wiggle Your Ear"

September : Fire Prevention Tips

Have Your Heating Furnace Checked and New Filters Installed.



Mary Nichols, RN
Health Care Screens
Wednesday, September 15th
9:30a.m.—12:00, Blood Sugar and
Blood Pressure &
9:45 am-Susan Wells, Chair Massage
12:00 Noon, Special Luncheon
Gift Certificates to 14 Lucky Winners
Sponsored by The Oaks.

Special Luncheon Menu

Sliced Ham

Scalloped Potato

Peas

Fresh Wheat Bread & Promise

Apple Pie

Milk, Coffee, Water



Highlighting our New Talent:



Donna Hawley will be our 1st Guitarist

& she will lead us in a Sing-a-long

Please come for lunch and fun songs:
Thursday, September 9th
11:30 & 12:45 performances



Apple Strudel

1/2 c. butter

1 c. flour

1 t. salt

1 t. sugar

1/2 t. baking powder

1/2 c. sour cream

1/4 c. melted butter

1 1/2 t. cinnamon

1/2 c. sugar

4 apples, finely chopped

1 egg yolk mixed with 1 t. water

Cut butter into flour, salt, sugar and baking powder. Stir in sour cream, mixing thoroughly. Divide dough into four portions. Roll out each portion to 8x 10 rect. Spread with butter, sprinkle with sugar & cinnamon. Cut up one apple per rectangle. Sprinkle with cinnamon & sugar again. Roll up like a jelly roll. Place on a sprayed jelly roll pan. Brush tops with egg mixture. Sprinkle top with cinnamon & sugar. Bake 375 deg. For 35 minutes. Drizzle with thin icing.



SEPTEMBER'S

APPLE STRUDEL



CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

Donations

Esther Hansen: Greeting Cards
Rodella Wacker-Photo paper

Cash Donations:

Memorial in honor of Wally Bulls by M. Korn
Arnold & Sandra Emery
Les Alemann
Melvin Preston
Irene Blecke
Don & Irene Hansen
Howard & Barvetta McLain
Wayne Wessel
Marion Baker
Dr. Gail & Carol Dunning

Coffee Donations:

Jerry Conradt
Alta Meyer
Alvin & Viola Meyer
Delmar & Betty Heithold
Darlene Biermann

This & That

Thank you to those of you who take the time to bring in baked items, ice cream and all the other goodies for 3:00 coffee.

Thank you to those who help

Decorate occasions.

Thank you for the volunteer hours.



Thank you Seniors For
Supporting the Wayne Senior Center
Congregate and Delivered Meal Programs.

Your support has allowed the Center
To receive incentive money for the Months of July,
So please invite your friends & come eat!!!
We're a great place to be!



Century Club Movie—To Be Arranged

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:05 to 12:15 on this day. Reservations made the day before. September sponsor will be *Careage of Wayne*.

NFL Football Teams: Bears, Bengals, Bills, Broncos, Browns, Buccaneers, Cardinals, Chargers, Chiefs, Colts, Cowboys, Dolphins, Eagles, Falcons, Giants, Jets, Lions, Packers, Panthers, Patriots, Raiders, Rams, Ravens, Redskins, Saints, Seahawks, Steelers, Texans, Titans, Vikings

Penny Vollbracht	Coordinator
Rick Barelman	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Dave Headley	Van Driver
Lori Dickes	Part-Time Custodian
Gloria Leseberg	President
Marj Porter	Vice President
Verna Mae Baier	Secretary
Norma Backstrom	Treasurer

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.



Senior Center Hours

Monday – Friday
9:00 a.m. – 5:00 p.m.
AM Walk at 8:30 a.m.

Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.

For van transportation or meal reservations call 375-1460.



A special thank you to United Way for funding the distribution of this newsletter.