



# The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

October, 2010

## SPECIAL EVENTS

Tuesday, October 5th  
1:00 Card Making

Wednesday, October 6th  
11:30 & 3:00

*Birthday Celebration*  
By Ray Petersen, Accordion

Thursday, October 7th  
12:30 Mongolian Culture & Science  
By WSC Instructors and Students

Friday, October 8th  
11:30 Cyril Hansen, Organ

Monday, October 11th  
10-12 Flu Shots  
11:30 Val Koeber, Piano

Tuesday, October 12th  
11:30 Pat Cook, Piano

Wednesday, October 13th  
12:45 Wills & Power of Attorney  
Amanda McMahon, Legal Aide

Thursday, October 14th  
5:30 Oktoberfest Evening Meal  
6:30 Burt Heithold Band

Monday, October 18th  
1:00 Board Meeting

Tuesday, October 19th  
11:30 Cyril Hansen, Organ

Wednesday, October 20th  
9:30 Health Screenings  
Mary Nichols, RN

Friday, October 22nd  
11:30 & 12:45 "Spotlight on Promise"

Wednesday, October 27th  
Fall Prevention  
By Connie Vogt, RN

Thursday, October 28th  
11:30 Polka & Country Dance  
12:45 50's Dance  
By Pat Cook, piano  
(Memory of Tom)

Friday, October 29th  
11:30 Halloween Celebration  
Sheri Lundahl on  
Guitar, Piano, & Organ

1:15 pm Bingo Every Friday  
2:00 pm Chicken Foot Dominoes  
Every Friday



Wayne Senior  
Center  
Wishes All Seniors  
A  
Great Fall  
That awakens  
You to the Beauty  
Of the Golden  
Indian Summer



### Autumn Fanfare

When autumn blends  
her colors  
In a panoramic view  
Over fields, woods, and  
hillsides  
In variegated hue,  
We stand and gaze in  
wonder  
At the lavishness  
arrayed  
In the beauty and the  
vastness  
Of God's handiwork  
displayed.

By Ottis Shirk

### *An Autumn Landscape* By Grace Noll Crowell

*Brilliant scarlet and crimson stain,  
And splashes of yellow gold,  
Warm brown stubble and ripened grain;  
The waysides seared and old;  
A dazzle of green where the aftermath  
Breathes a tale long told.*

*Gray where the haze hangs over the west,  
Blue where the asters grow;  
Purple the lights on a hill's far crest,  
The shadows mauve below;  
Blackbirds wheeling above the corn,  
Silent, serenely slow.*

*Lights and shadows and sparkle of wine,  
Somber color and gay;  
Rich and warm in the late sunshine,  
Chill where the shadows play;  
Thus God hangs His masterpiece  
Over the world today.*

Remember to stop at the Farmer's Market for winter squash and orchard apples for your fall baking. Thursday evenings and Saturday Mornings.



Pat Cook on piano  
October 12th & 28th

Cyril Hansen on organ:  
October 8th, 19th

Val Koeber on piano  
October 11th



### German Oktoberfest—Evening Meal

You are Invited to our German Oktoberfest  
5:30 p.m. Thursday, October 14th



Oktoberfest Menu Includes:  
Apple Cider and Pretzel Appetizer  
Ham Balls with Sweet and Sour Sauce  
Fall Sweet Potato Casserole  
Festive Cranberry Salad  
Creamed Peas  
German Sauerkraut Salad  
Homemade Rye Bread with Caraway Seed & Promise  
German Black Forest Cake  
Milk, Coffee, Water

Over 60 \$3.35 contribution  
Under 60 \$6.10 charge

We are proud to have Burt Heithold Band as our entertainment.

Burt Heithold Band; an instrumental and singing threesome begins at 6:30 p.m.

Welcome your friends and family as your dinner guests.

**Important Safety Information**  
**Wednesday, October 27th**  
**12:45**  
**Connie Vogt, RN**  
**Fall Prevention!!!!!!!!!!!!**



**Attention Card Makers— Mixture**  
Please come: Tuesday, October 5  
Wayne Senior Center: At 1:00 pm

**Legal Advice from:**  
Amanda McMahan  
Legal Aide of Nebraska  
12:45 Wednesday,  
October 13th,



**On Wills and Power of Attorneys**

Have you ever wondered what life in Mongolia is like?

Come Thursday, October 7th for dinner.

Followed by 12:30 screen presentation of

"Mongolian Culture and Science"

Presented by WSC instructors:

Dr. Barbara Hayford

And

Dr. Bill Seimaker



We hope that some students come to discuss their fun stories of their Learning experiences from this last summer's trip to Mongolia.

**October Birthday Party**  
**Wednesday, October 6th**  
**11:30 am til 12:15 & 3:00**  
**Enjoy Ray Petersen**  
**on Accordion**  
**Playing your oldies but goodies.**

3:00pm Sloppy Joes  
Mixed Berry Sundaes



**September: Thank you to The Oaks Retirement Center for sponsoring**

**14 Special Luncheon Certificates & Bingo Black Outs**  
**Thank you Careage for 3 Century Club Certificates.**

*Wayne Public Transit is a great mode of transportation*

*for you to get to appointments & to run Errands for \$1.50 one way.*

*Hours: 9:00am—4:40pm*  
*Last Run*





## VOLUNTEERS Thank You!!

The Senior Center really needs volunteers for

### Monday Kitchen Helpers

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

**Volunteers, You are our " Valued Helpers"**

**Hear Ye! Hear Ye!**  
**Monday, October 18th at**  
**1:00p.m.**  
**Wayne Senior Center**  
**Board Meeting**



*Phil Pfaltzgraff will again invite*

*Wayne State College*  
*Music Majors*

*For-*  
**"Spotlight on Promise"**

*Make Your dinner reservations early :*  
**Friday, October 22nd**  
**11:30 & 12:45 Performances**



## **Halloween Dance** **October 28th**

**11:30 to 11:55 Polka's and Country Tunes**  
**12:45 to 1:00 50's Dance Tunes**

**We are happy to feature Pat Cook, on piano.**

**Make it more fun by inviting your family and friends.**

**Smothered Chicken with Cheese Topping is our**  
**Halloween Special Entrée. Mysterious Halloween ????**

**Health Clinic: Flu Shots Given At Wayne Senior Center**  
*Bring Medicare Health Cards*  
*Wayne Mercy Medical Clinic Nurses*  
**October 11th, from 10:00 to 12:00**

*Please sign up in advance so the nurses know about how much*  
*Flu serum to bring*

**Cost: Free**

**For: Medicare Eligible Persons Only from Wayne Area**

## **October: Fire Prevention Hint**

**Remember: Wear short sleeve or tight fitting sleeve when you**  
**cook.**



**Mary Nichols, RN**  
**Health Care Screens**  
**Wednesday, October 20th**  
**9:30a.m.—12:00, Blood Sugar and**  
**Blood Pressure &**  
**12:00 Noon, Special Luncheon**  
**Gift Certificates to 14 Lucky Winners**  
**Sponsored by Careage**

### Special Luncheon Menu

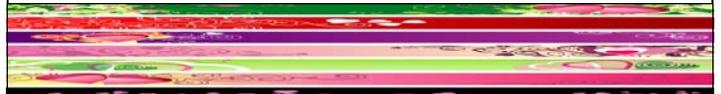
**Roasted Beef**  
**Mashed Potatoes & Gravy**  
**Key Largo Blend Vegetables**  
**Wheat Dinner Roll & Promise**  
**Pumpkin Pie with Whipped Topping**  
**Milk, Coffee or Water**



### Highlighting our New Talent:

*Halloween Celebration*  
**Starting at 11:30am, October 29th**  
**Featuring: Sheri Lundahl**  
**On Guitar, Piano, and Organ**

**Please invite a guest to the party and dinner.**



**Apple Coffee Cake**  
**From Marilyn Leighton**

**1 yellow cake mix**  
**1 can apple pie filling (or peach pie filling)**  
**1 tsp. fresh lemon juice**  
**3 eggs**  
**1/2 cup chopped nuts**

**Mix together the cake mix, pie filling, lemon juice and**  
**eggs. Add nuts. Put in a greased 9 x 13 inch pan.**

### **Topping**

**1/2 cup sugar**  
**1/2 cup flour**  
**1/4 to 1/2 cup margarine**  
**Add 1/2 tsp. cinnamon for apple cake.**

**Mix ingredients together until crumbly. Put the**  
**crumbles over the top of the batter mixture.**  
**Bake according to box instructions.**  
**When baked, drizzle with powdered sugar frosting.**



**OCTOBER'S**

**APPLE COFFEE CAKE**



# CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

**Cash Donations:**

Mabel & Ray Petersen

Marilyn Morse

Memorial to George Bierman & Wally Bull:

from Joanne McNatt

Correction: Memorial to George Biermann &

Norris Weible: Charles Maier & Ruth Grone

Leon & Melvy Meyer

Duaine and Donna Jacobsen

Merlin Preston

Marion Baker

**Coffee Donations:**

Maxine Preston

Lanora Sorensen

Margaret Korn

Delmar & Betty Heithold

Esther Hansen

Charles Maier & Ruth Groene

**This & That**

Alvin & Viola Meyer-Hand Sanitizer

Donna Shufelt-Playing Cards

Thank you to those of you who take the time to bring in **baked items, ice cream** and all the other goodies for 3:00 coffee.

Thank you to those who help Decorate.

Thank you for the volunteer hours, that many of you provide.



*Thank you Seniors For Supporting the Wayne Senior Center Congregate and Delivered Meal Programs. Your support has allowed the Center To receive incentive money for the Months of*



*July & August.*

*So please invite your friends & come eat!!!*

**Century Club Movie—To Be Arranged**

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:05 to 12:15 on this day. Reservations made the day before. October sponsor will be *The Oaks*.

**Popular Books:**

Bible, Common, Guinness, McGuffey, Message, Quotations, Spelling, Steps, Valley, Word

- |                  |                         |
|------------------|-------------------------|
| Penny Vollbracht | Coordinator             |
| Rick Barelman    | Operations Assistant    |
| Fran Poehlman    | Senior Center Assistant |
| John Rebensdorf  | Van Driver              |
| Dave Headley     | Van Driver              |
| Lori Dickes      | Part-Time Custodian     |
| Gloria Leseberg  | President               |
| Marj Porter      | Vice President          |
| Verna Mae Baier  | Secretary               |
| Norma Backstrom  | Treasurer               |

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.



**Senior Center Hours**

**Monday – Friday  
9:00 a.m. – 5:00 p.m.  
AM Walk at 8:30 a.m.**

**Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.**

**For van transportation or meal reservations call 375-1460.**



*A special thank you to United Way for funding the distribution of this newsletter.*