



The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

November, 2010

SPECIAL EVENTS

Tuesday, November 2nd

1:15 Card Making

Wednesday, November 3rd

11:30 to 12:15 & 3:00

Birthday Party Ray Peterson

On Accordion

Thursday, November 4th

11:30 & 12:45 "Singing Farmer"

11:50 Rita McLean

Library's Corner on

Home Delivered Books Service

Monday, November 8th

12:45 "Holiday Nutrition" by
Sandy Preston, UNL Ext. Educ.

Tuesday, November 9th

11:30 Pat Cook, Piano

Wednesday, November 10th

Herman Chiropractic

Complimentary Meal at Noon

"Sciatica" by Joelle Herman

Thursday, November 11th

12:00 Veteran's Luncheon

1:30 Veteran's Program

Tuesday, November 16th

11:30 Val Koeber, Piano

Wednesday, November 17th

9:30 Health Screening

11:30 Bill Koeber & Jay O'Leary

Clarinet Ensemble

12:00 Special Luncheon

Thursday, November 18th

12:45 Connie Vogt

"Holiday Stress"

Friday, November 19th

"Spotlight on Promise" by WSC

Monday, November 22nd

1:00 Board Meeting

Tuesday, November 23rd

"We Give Thanks"

Pat Cook, piano

Wednesday, November 24th

11:30 Special Entertainment

12:00 Thanksgiving Dinner

Thursday, November 25th

Closed & No Home Del.

Friday, November 26th

Closed & No Home Del.

12:45 Monday, November 29th

"Is Natural Healthcare for You" by

Dr. Shirley Kraemer

Tuesday, November 30th

11:30 Pat Sherry, Piano

1:15 pm Bingo Every Friday

2:00 pm Chicken Foot Dominoes



Wayne Senior
Center
Wishes All Seniors
A Bountiful
Thanksgiving
Dinner
With
Family & Friends



Family

Love

Together

Happiness

Remember-
U.S. Election Day is
Tuesday, November 2nd
Every vote counts.

Elections and the demo-
cratic process are founda-
tions of the American
governmental system.
Your grand children look
Forward to their first
opportunity to vote as one
of the milestones of their
coming of age in our
society, just as they do
driving a car .

Encourage all to vote.

My Everyday Thanksgiving

The morning sun that awakens me
Makes me thankful I can see.

Loved ones' voices each so dear
Make me thankful I can hear.

Health and strength that get me through
Make me thankful I can do.

Faith that does not let me stray
Makes me thankful for each day.

A mind that reasons and is fair
Makes me thankful that I care.

A heart that accepts help from above
Makes me thankful for God's love.

Ardis Rittenhouse

Thankfulness



Not what we have, but what we enjoy, constitutes our abundance.

J. Petit-Senn



Pat Cook on piano
November 9th & 23rd

Pat Sherry on piano
November 30th

Val Koeber on piano
November 16th

Monday, November 29th
Information on :
"Natural Healthcare? Is It
For You"?

12:45 Dr. Shirley Kraemer
Past Nursing Facility
Administrator for
Many years.



Attention Card Makers- Mixture

Please come: Tuesday,
November 2nd
Wayne Senior Center: At 1:00 pm

Are you feeling stressed and blue
thru the holiday season?

Come have lunch and then hear
Sandy Preston, UNL Ext. Educator

12:45 pm, Monday, November 8th
"Holiday Nutrition"



Wednesday, November 24th

You and Your Family are Cordially invited to the Wayne Senior Center

12:00 Wednesday, November 24th for our
Thanksgiving Day Celebration

For your Listening Pleasure our featured entertainer is:
Special Thanksgiving Entertainment
To be announced.

We are very thankful to have wonderful senior patrons of our center and
we hope to be the "Place to Be" for you.

Menu Includes:

- Smothered Baked Pork Chops
- Candied Sweet Potatoes
- Peas and Carrots
- Whole Wheat Dinner Roll & Promise
- Mandarin Orange Fluff Salad
- Pumpkin Pie with Whipped Topping (Careage)
- Coffee and Milk



Veterans Day Community Dinner

12:00 Thursday, November 11th

Reserve your seat for
The Veterans Day Program.
Limit 96 persons for dinner.
Call Rick or Penny
375-1460 for your reservation.
Invite your Senior Veterans
To attend and come for dinner.



Community Veterans Day Program

Following Dinner
1:30 pm Patriotic Program
at Wayne Senior Center

Refreshments following the
Program.

Please consider coming for
Dinner to reserve your seat.
Wayne Public Transit Available.

November Birthday Party
Wednesday, November 3rd
11:30 am til 12:15 & 3:00
Enjoy Ray Petersen
on Accordion
Playing your oldies but
goodies.

3:00pm Autumn Dairy
Queen Cakes



September: Thank you to Careage of Wayne
for sponsoring
14 Special Luncheon Certificates
Thank you The Oaks for 3 Century Club Certificates &
3 Bingo Black Outs.

Wayne Public Transit is a great mode of
transportation
for you to get to appointments & to run
Errands for \$1.50 one way.
Hours: 9:00am—4:40pm





VOLUNTEERS Thank You!!

The Senior Center really needs volunteers for

Monday Kitchen Helpers

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

Volunteers, You are our " Valued Helpers"



Mary Nichols, RN
Health Care Screens
Wednesday, November 17th

9:30a.m.—12:00, Blood Sugar and Blood Pressure &

12:00 Noon, Special Luncheon
Gift Certificates to 14 Lucky Winners
Sponsored by The Oaks Retirement

11:30 Clarinet Ensemble by Bill Koeber and Jay O'Leary

Special Luncheon Menu :

Country Beef Steak
Mashed Potatoes & Beef Gravy
Corn
Whole Wheat Sliced Bread
Cherry Jell-o with Pears
Choice of : Pumpkin, Apple, or
7 Layered Carmel Pies
Milk and Coffee



Hear Ye! Hear Ye!
Monday, November 22nd at 1:00p.m.
Wayne Senior Center
Board Meeting
Open to All.



Phil Pfaltzgraff will again invite

Wayne State College
Music Majors
For-
"Spotlight on Promise"

Make Your dinner reservations early :
Friday, November 19th
11:30 & 12:45 Performances



Attention!

2nd Annual Complimentary Meal
Provided by Herman Chiropractic

When: 12:00 Wednesday, November 10th

PLEASE CALL EARLY!!!!!! 96 person Center Limit

Joelle Herman will talk about "Sciatic Nerve"

Harvest Ending Celebration



Gathering Senior Friends to our First
Harvest Ending Celebration:
THURS, NOVEMBER 4th

11:30 & 12:45 "The Singing Farmer &
Harmonica Player"

12:00 Harvest Meal:

Turkey & Gravy
Sweet Potato
California Blend
Pineapple
WWDinner Roll & Promise
Tapioca Pudding



Rita McLean will present
Wayne Public Library Outreach Services
11:55 Thursday, November 4th

A Service for residents in the city limits who are unable to visit the library due to illness, disability, lack of transportation or care-giving commitments. This monthly service is provided by the "Friends of the Library" volunteers.

Books, DVDS, Books on Tape and CDS may be requested.
Get a Library Card for free & call Rita at 375-3135.



November Fire Prevention: Select on fresh Christmas Trees
And water daily.



Mae's Easy Black Forest Torte

5 cups miniature marshmallows
1 package (18-1/4 ounces) chocolate cake mix
(Swiss or German Chocolate is Good)
1 can (21 ounces) cherry pie filling
1 carton (8 ounces) frozen whipped topping, thawed
Thick Milk Chocolate Chunky Bar

Sprinkle marshmallows in a greased 13 inch x 9 inch Baking pan. Prepare cake batter according to package directions; pour over the marshmallows. Spoon Pie filling over batter.

Bake at 350 degrees for 1 hour or until a toothpick inserted near the center comes out clean.

Cool. Frost with whipped topping.
Shave milk chocolate candy bar on top.
Store in the refrigerator.
Yield: 12-16 servings



NOVEMBER'S
HORN OF PLENTY

CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

Cash Donations:

Wayne Winter Bridge Cash Donations/person
Wakefield, Pender, Emerson, Thurston Bridge

No Name Bridge Group Donations

Howard & Barvetta McLain

Coffee Donations:

Janet Reeg

Alta Meyer

Esther Hansen

Duaine Jacobsen

Tom Rose

Darlene Biermann

Marion Baker

Jerry Conradt

This & That

Gertrude Vahlkamp-Placemats

Margaret Korn-Napkins & Popcorn

Thank you to those of you who take the time to
bring in baked items, ice cream and all the other
goodies for 3:00 coffee.

Thank you to those who help
Decorate.

Thank you for the volunteer hours, that many of you
provide. us .each month.

You are the Center's
treasured angels.



Penny Vollbracht	Coordinator
Rick Barelman	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Dave Headley	Van Driver
Lori Dickes	Part-Time Custodian
Gloria Leseberg	President
Marj Porter	Vice President
Verna Mae Baier	Secretary
Norma Backstrom	Treasurer

Services are provided without regard to race, origin, handicaps, age
or sex. The Wayne Senior Center is funded by the City of Wayne,
Northeast Nebraska Area Agency on Aging, The Department of
Roads, United Way, and your donations.



*Thank you Seniors For
Supporting the Wayne Senior Center
Congregate and Delivered Meal Programs.
Your support has allowed the Center
To receive incentive money for the Months of
July & August & September
So please invite your friends & come eat!!!*



Century Club Movie—To Be Arranged

If you attend the Century Club Movie, make plans to have
lunch afterwards! You won't be late. Serving time is at
12:05 to 12:15 on this day. Reservations made the day
before. November sponsor will be *Carage of Wayne.*

Famous Saxophone Players:

Art, Benny, Bill, Boots, Bup, Charlie, Coleman, Dewie, Dizzy, John,
Kenny, Lester, Lucille, Pepper, Phil, Stan

Senior Center Hours

Monday – Friday
9:00 a.m. – 5:00 p.m.
AM Walk at 8:30 a.m.

**Meals are served at noon. Please make your
meal reservations & cancellations by noon
the day before.**

**For van transportation or
meal reservations call 375-1460.**



*A special thank you to United Way for
funding the distribution of this newsletter.*