



The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

February, 2011

SPECIAL EVENTS

Tuesday, February 1st

1:00 Card Making

Wednesday, February 2nd

11:30 & 3:00 Birthday Party

Ray Petersen on Accordion

Pie at Noon Shake up.

Ground Hog Day

Thursday, February 3rd

12:45 Pam Browning &

Anthony Lawrence

Goldenrod Hills Weatherization

& Individual Appointments

Friday, February 4th

12:45 Public Hearing

Wednesday, February 9th

Acrylic Heart Quilt Painting

1-3 by Natalie Endicott

Thursday, February 10th

Noon- Century Club

12:45 "Prescription Drug Abuse"

By Lance Webster, Police Chief

Friday, February 11

11:30 Connie Webber, Piano

Monday, February 14th

11:30 & 12:45 Sheri Lundahl

Valentine's Party

Singing, Guitar, and Piano

1:00 "My Best Friend's Wedding"

Movie starring Julia Roberts

Wednesday, February 16th

9:30 Health Screening

Noon Special Luncheon

11:30 & 3:00 Cyril Hansen,

Accordion

Monday, February 21st

1:00 Board Meeting

Wednesday, February 23rd

12:45 "Symptoms of Heart Attacks"

By Connie Vogt, RN

Thursday, February 24th

11:30 Connie Webber, Piano

Friday, February 25th

11:30 & 12:45 "Spotlight on Promise"

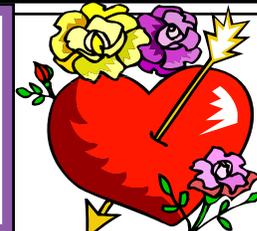
By Phil Pfaltzgraff & WSC Students

Monday, February 28th

11:30 & 3:00 Cyril Hansen on Organ

1:15 pm Bingo Every Friday

2:00 pm Chicken Foot Dominoes



Wayne Senior Center
Wishes All Seniors
A
Happy Valentines
Day
With
Laughter & Joy,
And
Sunshine.



Quotes for the Month:

"Invest in the human soul. Who knows, it might be a diamond in the rough."

"Without faith, nothing is possible. With it, nothing is impossible"

Glad to Know You
On Valentine's Day,
The day of affection,
Our thoughts quickly
turn in your direction.
This Valentine poem is
Meant to show you
How very glad we are to
Know you!



Year Round Valentine

*I love you all through February,
Not just on Valentine's Day;
I cherish you when flowers of spring
Appear in the midst of May.*

*I adore you in the summer,
When the air is filled with heat;
Without you in my life each day,
I wouldn't be complete.*

*I treasure you in fall,
When leaves are turning gold;
I loved you when you were younger;
I'll love you when you're old.*

*I prize you in the winter,
When colder days are here;
I love you, love you all the time,
Every minute of the year.*

*So I'll give to you this Valentine,
But I want to let you know,
It's not just today, but always,
That I will love you so.*

By Joanna Fuchs

Holistic Activities: Rub your hands together to create great heat. This is the Reiki energy pouring through to your palms. Cup your hands over your eyes to relieve headaches, stress, eyestrain, and worry. Place hands on the top of the head. This Position relieves headaches, stress, and anxiety. Place hands on the middle portion of the stomach. This calms nerves, aids in digestion, provides serenity and calms emotions. Place hands on the shoulders and inhale slowly, this relieves worries and stress and aids in relaxation of body, mind, and spirit.

Love Songs

Cyril Hansen on Organ
February 16th
Ray Petersen on Accordion
February 2nd
Connie Webber: February 11 & 24
WSC: Spotlight on Promise Feb. 25th



Monday, February 14th



Connie Vogt, RN
Is happy to present
Health Information on

'Heart Attacks
And Symptoms'

12:45 Wednesday,
February 23rd
Plan to attend and eat Lunch.

+

All Wayne Senior Center Friends and Sweethearts are invited to our:
Valentine's Day Party

Featuring for your dining pleasure: Sheri Lundahl

Performing Love Songs starting at 11:30

Accompanied by the Piano and Guitar

Valentine's Day Dinner Menu:

Italian Marinara Sauce and Meatballs on Spaghetti

Green Beans

Shredded Lettuce with Carrots & Cheese with Dorothy Lynch Dressing

Cracked Whole Wheat Bread and Promise

Raspberry Jell-o with Applesauce

Tapioca Pudding with Whipped topping and Maraschino Cherry

(Center Provides This)

Milk, Coffee, & Water

Special Valentine's Movie at 1:00p.m. "My Best Friend's Wedding" with Julia Roberts

Phil & WSC

Spotlight on Promise
Friday, February 25
A Favorite!!!!!!!!!!!!



Attention
Card Makers- Valentines
& Easter Cards
Please come: Tuesday,
1:00pm, February 1st
Be Creative.

Announcement--Wayne Senior Center

Friday, February 4th

Wayne Senior Center Dining Area

Annual Public Hearing at 12:45 p.m.

(Review of Services & Suggestions)



Dinner and Romantic Music

11:30 am Friday, February 11th & 22nd

Come and Enjoy the Beautiful Piano Music
by Connie Webber

Make your reservations early to eat at -
Wayne Senior Center.

February Birthday Party
Wednesday, February 2nd
11:30 am til 12:15 & 3:00
Enjoy Ray Petersen
on Accordion
Playing your oldies but
goodies.
Noon: Fruit Pie
3:00pm Crème White Cake
w Cherries or Blueberries



January: Thank you to Careage of Wayne
for sponsoring
14 Special Luncheon Certificates
Thank you The Oaks for 3 Century Club Certificates &
3 Bingo Black Outs.

Wayne Public Transit is a great mode of
transportation
for you to get to appointments & to run
Errands for \$1.50 one way.
Hours: 9:00am—4:40pm





Please Call and Volunteer!

Calling for Helpful Hands
Kitchen Helpers (Substitutes) Needed!!
If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.
Volunteers, You are our "Valued Sweet hearts"



Mary Nichols, RN
Health Care Screens

Wednesday, February 16th
9:30a.m.—12:00, Blood Sugar and Blood Pressure
Gift Certificates to 14 Lucky Winners
Sponsored by The Oaks

Hear Ye! Hear Ye!
Monday, January 17th at 1:00p.m.
Wayne Senior Center
Board Meeting
Open to All.



Special Entertainment: Cyril Hansen on the Organ.

Special Luncheon Menu:

Baked Pork Chops with Celery Soup
Fresh Red Roasted Potatoes
Frozen Peas & Carrots
Fresh Whole Wheat Bread & Promise
Mandarin Fluff
Cherry Cheesecake
Milk and Coffee and Water



Do you need financial help with a new furnace and insulation in your home? Plan to come to eat at the Center and learn about the: Goldenrod Hills Weatherization Program:

12:45 pm Thursday and Hear Pam Browning and Anthony Lawrence

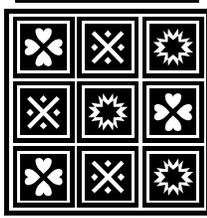
1:00 to 2:30 Individual Help to Fill out Applications to Weatherize your home with Pam Browning.
(Sign Up at Reception Table)



Bake a batch of heart shaped sugar cookies and share with family and friends. Its always a hit.

Painting Class, Wednesday, February 9 at 1 to 3:00pm

- Calling Seniors who always wanted to Paint
- Heart Quilt Painting
- Taught by Natalie Endicott
- Step by step help at your own speed.
- All supplies provided
- Cost is about \$26.00
- Sign up at Reception Table
- Class in Center Dining Area
- Be creative and make a gift.
- 6 minimum and 12 maximum Class size.



Be My Valentine

Mile High Banana Cream Pie on Chocolate Crust

Chocolate Crust -Baked 350 for 18 min.

1 cup flour, 3 tbsp cocoa, 1/2 c butter, 1/2 teaspoon vanilla, 1/4 cup sugar, 1/4 teaspoon Salt, 1 egg yolk.
In a food processor, combine flour, sugar, cocoa and salt, process and blend. Cut in chunks of butter and process until fine crumbs form. Add egg yolk and vanilla. Put mixture into a 9 inch pie pan, and press evenly over bottom and up sides to edge to rim. Bake.

Banana Cream Pie Filling: 3/4 cup sugar, 1/3 cup cornstarch, 1/4 tsp salt, 2 1/4 cups whole milk, 1 tsp vanilla, 3 ripe bananas, 3 large egg yolks, 2 tbsp butter, 1 1/2 cup cool whip or heavy whipped cream, Chocolate candy bar shaved or unsweetened cocoa.

*In 2 Qt. saucepan, combine sugar, cornstarch and salt. Add milk and whisk to blend. Stir and cook until thick. Remove from heat. In a small bowl, beat egg yolks, add 1/2 hot milk mixture and stir. Cook again with pudding mixture. Add butter & vanilla last.

Pie: Slice bananas and put 1/2 in pie pan, pour 1/2 warm pudding, repeat layers. Cover with saran. Chill 2 hours, Uncover. Top with whipped topping & Chocolate. Chill. 8 Servings



The Library Corner
11:50 am Thursday, February 17th
By Rita McLean

"Old Movies" at Wayne Public Library

When the snow blows, when you think there is nothing on TV, Go to the Wayne Public Library and check out an -Old Movie- Invite a friend for extra fun and pop some popcorn.

Snow Blowers: Always let your snow blower cool down before adding gasoline again. Combustible!



MILE HIGH BANANA PIE

CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

Cash Donations:

Ray and Mabel Petersen
 Betty and Delmar Heithold
 Gerald Otte
 Marv Brummond in Loving Memory of Carol
 Pearl Youngmeyer
 Wayne Wessel
 Leon and Melvy Meyer
 Pat Erwin
 Ruby Hammer
 Donna and Duaine Jacobsen

Coffee Donations:

Janet Reeg
 Marv. Nelson
 Darlene Biermann

This & That

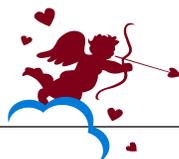
Bill and Deb Dickey-napkins
 Pat Erwin & Family -Welcome Mirror in
 Loving Memory of Ruth Erwin



Thank you to those of you who take the time to bring in **baked items, ice cream** and all the other goodies for 3:00 coffee.

Thank you to those who help Decorate.

Thank you for the volunteer hours, that many of you provide us each month.



Penny Vollbracht	Coordinator
Rick Barelman	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Dave Headley	Van Driver
Lori Dickes	Part-Time Custodian
Gloria Leseberg	President
Marj Porter	Vice President
Verna Mae Baier	Secretary
Norma Backstrom	Treasurer

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.



***Informational Drug Related Program
 Thursday, February 10th***

***12:45 Plan to hear "Prescription Drugs & Their Abuse"
 By***

Lance Webster, Chief of Police

Hear Talk after a Hot Roast Beef Dinner.

Plan to Eat and Learn. Drug Free Class for staff and Seniors.

Century Club Movie—February 10th

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:05 to 12:15 on this day. Reservations made the day before. February sponsor will be *Careage of Wayne*

And the Winner is— Puzzle

Brando, Bullock, DeNiro, Downey, Fonda, Gaynor, Hanks, Hepburn, Maitlin, Nicholson, Olivier, Streep, Tandy

Senior Center Hours

Monday – Friday

9:00 a.m. – 5:00 p.m.

AM Walk at 8:30 a.m.

Van Rides over at 4:40 p.m.

Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.

For van transportation or meal reservations call 375-1460.



A special thank you to United Way for funding the distribution of this newsletter.