



# The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

September, 2011

**SPECIAL EVENTS**

**Monday, September 5th**  
All Services Closed for Labor Day

**Tuesday, September 6th**  
11:30 Pat Cook, Piano  
Movie Themes  
1:00 Card Making

**Wednesday, September 7th**  
11:30 & 3:00 Cyril, Organ  
Birthday Celebration  
12:45 New Zealand Earthquake  
Charles Maier

**Friday, September 9th**  
Century Club

**Tuesday, September 13**  
11:30 Val Koeber, Piano  
2:00 Toe-nail Clinic  
Anne Hoeman, P.A.

**Wednesday, September 14th**  
Noon Pie Social  
By Careage of Wayne  
12:45 Jodene Cantrell,  
"What's New at Careage"

**Friday, September 16th**  
Burt Heithold Band  
11:30 & 12:45 Dance

**Tuesday, September 20th**  
10:00 to 12:00 Shredding  
By Security Shredding  
11:30 & 12:45 Gary Weldon  
Tony Bennett's Plus More

**Wednesday, September 21st**  
9:30 Health Screening  
By Mary Nichols  
Noon Special Luncheon

**Monday, September 26th**  
1:00 Board Meeting  
(Date Changed)  
Install New Board Members

**Wednesday, September 28th**  
11:30 Pat Cook, Piano

**1:15 pm Bingo Every Friday**  
**2:00 pm Chicken Foot Dominoes**  
**Every Friday**  
**1:00 pm Hand & Foot Every**  
**Monday & Wednesday**



Wayne Senior  
Center  
Wishes You  
A  
Splendid September  
Enjoy it with friends  
and families .



A Cost Correction  
Cost of a Meal to Go:  
\$6.30/meal

This is a cost not a  
contribution.

We encourage all  
congregate partici-  
pants to order Take  
Home Meals for you  
and your loved one  
when one of you is  
sick, or going to a  
late doctor's appoint-  
ment, or if you are a  
Senior over 60 and  
still working and  
want a meal to go.

Enjoy  
September's  
Weather



***The Thrifty Squirrel***  
By Mary Pollard Tynes

What's scaring the sparrows  
High up in the tree?  
A gray squirrel is busy,  
As busy as can be.

See how the birds flutter  
And cry is sharp tone,  
"Get out of this tree,  
Can't you see it's our own?"

But the little gray squirrel  
Does not heed what they say,  
He is storing up food  
For some dark winter day.

When the frolicsome sparrows  
Seek food in each drift,  
The squirrel will be eating  
His acorns of thrift.

***When September Comes***  
By Enola Chamberlin

It is September now, and school has started.  
The bells are gay, but I am heavy-hearted.  
For you, who were a babe but yesterday,  
Have gripped a pencil, started on your way  
To learn the things the world would have you know;  
To pick, yourself, the path where you must go.

Now I no longer am your all in all,  
But just your starting point...the heart-high wall  
From which you leap to enter on your flight...  
God grant your skies be calm and blue and bright.  
I would not have you stay, the gift of years  
Is yours, but still I shed these foolish tears.

11:30, September 6th,  
Pat Cook, piano  
Movie themes

11:30, September 13th  
Val Koeber, piano

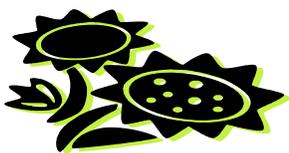
11:30, September 28  
Pat Cook, piano

### Creative Card Makers

We need more card makers:

1st Tuesday of the Month:  
Tuesday, September 7th  
1:00 approx.

Organize Donated Cards  
Birthday Cards  
Anniversary Cards



Note:  
Security Shredding at Center

10:00 to Noon  
Tuesday, September 20th  
Wayne Senior Center  
South Parking Lot

### "The New Zealand Earthquake"

12:45 Wednesday, September 7th

Hear about the damage that occurred as  
A result of this earthquake.

Presented by Charles Maier

Plan to eat with us.

September 7th,  
Birthday Party  
Featuring :  
Cyril & Bev Hansen,  
On Organ & Piano  
Beginning at 11:30  
Hum to Your Favorites

3:00pm Fun With Cyril  
&  
Olma's  
Carrot Cake with Cream  
Cheese Frosting

## Back by Popular Demand: Burt Heithold Band

Dinner and Dance on: **Friday, September 16th**  
Dancing begins at 11:30 to 12:00 p.m.  
Dinner at Noon  
Dancing again at 12:45 until 1:15p.m.



### Dinner Menu:

Beef Lasagna  
Creamed Peas  
Fresh Broccoli Salad with Raisins  
Whole Wheat Bread with Promise  
Pineapple Tidbits  
Milk, Coffee, Water

Wayne Senior Center is "The Place to Be"

Please make your reservations by calling Wayne Senior  
Center, 402-375-1460.



Wednesday, September 14th at Noon:

"Pie Social" provided by Careage of Wayne

Choice of Cherry, Blueberry, or Lemon Pie by the chef at Careage of Wayne.

At 12:45 p.m. hear

"What's Happening at Careage of Wayne with New Management"  
By new Social Worker, Jodene Cantrell



August: Thank you to Careage of Wayne  
for sponsoring  
14 Special Luncheon Certificates  
Thank you Oaks Retirement Center for 3 Century Club Certificates

Wayne Public Transit is a great mode of  
transportation  
for you to get to appointments & to run  
Errands for \$1.50 one way.  
Hours: 9:00am—4:40pm





**Please Call and Volunteer!**  
**Needed Thursday**  
**Home Delivery Volunteer**

Calling for Helpful Hands  
 If you are interested in volunteering and learning hand quilting then you are invited to come. This is a very important and rewarding service so please call the Wayne Senior Center at 375-1460.  
**Volunteers, You are our "Valued Friends"**



*Mary Nichols, RN*  
**Health Clinic**

*Wednesday, September 21st*  
 9:30 a.m.-12:00 Blood Sugar and  
 Blood Pressure

*Gift Certificates to 14 Lucky Winners Sponsored by  
 Oaks Retirement Center*

*11:30 Entertainment: Cyril Hansen*

**Special Luncheon Menu:**

- Sliced Beef*
- Russet Roasted Potatoes with Skins*
- Key Largo Blend Vegetables*
- Canned Mandarin Oranges*
- Whole Wheat Dinner Roll & Promise*
- Strawberry Rhubarb Pie***
- Milk, Coffee, and Water*

**Hear Ye! Hear Ye!**  
**Mon., September 25th at 1:00 p.m.**  
**Wayne Senior Center**  
**Board Meeting**  
**Open to All.**



*New Health Clinic*  
*At Wayne Senior Center*  
**Toe Nail Trimming Clinic**

*2:00 p.m., Tuesday, September 13th*  
*By Anne Hoeman, P.A.*  
*Suggested Contribution Donation*  
*\$10.00*  
*Goes To Her Affiliation*



Please make reservations early and  
 please invite a friend or two. 375-1460

*Bright Sunflowers, and*  
*Bright Skies in September.*



**Microwave Bread & Butter**  
**Pickles from Maxine Allemann**

**Special Entertainment!!!!**  
**Do You Like Frank Sinatra, Tony Bennett,**  
**And Willie Nelson**  
**Come to Hear**  
**Gary Weldon, Singer & Ventriloquist**  
**11:30 & 12:45**  
**Tuesday, September 20th**  
**Limit 88 persons for Dinner Reservations.**

- 2 cups finely sliced cucumbers*
- 3/4 cup finely sliced onions*
- 1/2 cup of sugar*
- 1/2 cup white vinegar*
- 1 teaspoon salt*
- 1/2 teaspoon mustard seed*
- 1/2 teaspoon celery seed*
- 1/4 teaspoon ground turmeric*

**Dance to Your Heart's Content!**  
**(Even if you only vision yourself dancing)**

*In a 2 quart microwave safe bowl, Combine cucumbers, onion, sugar, white vinegar, salt, mustard seed, celery seed, and turmeric. Stir well. Microwave mixture on full power 7 to 10 minutes depending on power of your microwave. Stirring twice during cooking time. Store covered and chilled in refrigerator.*

*Remember an apple a day keeps the doctor away.*  
*Baked, Stewed, Apple Salad, Apple Pie, Apple Crisp, sliced apple with peanut butter, sliced apple with caramel sauce. Apple Betty, Apple Dumpling, Apple Cake, Apple Spice Muffins, Apple Streusel Coffee cake, Applesauce, Apple Butter, Hot Apple Cider,*

*Blow out candles when you leave the room.*



USE FOR ALL THE CUCUMBERS

# CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

## Cash Donations:

Hallie Sherry  
Viola Meyer

Donations in Memory of Sam Noyes from David  
L. Noyes  
Dottie Wacker

## Coffee & Ice Cream Donations:

Lee Larsen  
Margaret Hunt  
Marv Nelson (Both)  
Jerry Conrad  
Joann McNatt  
Betty and Delmar Heithold (Both)  
Ed Heithold  
Leoma Baker  
Alvin & Janet Anderson  
Leon Meyer  
Darlene Biermann  
Les and Donna Hansen  
Esther Baker  
Shirley Pospishil  
Gertrude Vahlkamp

## This & That

Mabel Tietgen-Playing Cards  
Betty Heithold-Kleenex Tissues



Bring your cakes, cookies, deserts, and sandwiches to share with everyone. Thank you, all.



## *Thank you Wayne Senior Center Participants:*

*August average is 50 so we did not make incentive. But still an excellent achievement. Home Delivered remains to be too low.*

*Wayne Senior Center continues to be the "Place to Be" New Participants Please Keep Coming. More the merrier.*



## Century Club Movie—September 9th

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:05 to 12:15 on this day. Reservations made the day before. September sponsor will be Careage of Wayne.

**Word List:** Barry, Bombeck, Buchwald, Coulter, Ebert, Goldman, Harris, Krauthammer, Phillips, Rogers, Royko

Penny Vollbracht	Coordinator
Rick Barelman	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Fred Krenk	Van Driver
Gary Wright	Van Driver
Lori Dickes	Part-Time Custodian
Betty Heithold	President
Herb Biermann	Vice-President
Verna Mae Baier	Secretary
Norma Backstrom	Treasurer

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and



## Senior Center Hours

**Monday – Friday**  
**9:00 a.m. – 5:00 p.m.**  
**AM Walk at 8:30 a.m.**  
**Van Rides over at 4:40 p.m.**

**Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.**

**For van transportation or meal reservations call 375-1460.**



*A special thank you to United Way for funding the distribution of this newsletter.*