



# The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

October, 2011

## SPECIAL EVENTS

Monday, October 3rd

10:00 to 12:00 Flu Shots

Tuesday, October 4th

1:00 Card Making

Wednesday, October 5th

11:30 & 3:00 Birthday Party

Thursday, October 6th

12:45 Medicare Part D Changes

Pam Albin, Careage Admin.

Monday, October 10th

Mary Humphrey NENAAA

Library Corner, Rita Mclean

Wednesday, October 12th

12:45 "Cell Phone 101"

1:00 Class w/ cell phone

Friday, October 14th

Century Club Movie/12:10 Meal

Monday, October 17th

12:45 Library Corner w/ Rita

1:00 Board Meeting

Tuesday, October 18th

11:30 Val Koeber, Piano

2:00 Toe Nails with Anne Hoeman

Wednesday, October 19th

Health Clinic, Mary Nichols

Noon Special Luncheon

Thursday, October 20th

12:45 Jennie Ramsay,

"Lifespan Respite"

5:30 Oktoberfest Meal

6:30 Autumn Harvest Dance

"Artie and Gwen Schmidt Band"

Friday, October 21

11:30 & 12:45 "Spotlight on Promise"

With Wayne State College Students

Monday, October 24th

12:45 "Land lord Tenant Law"

Amanda McMahan, Legal Aid

Thursday, October 27th

Noon Pumpkin Pie Social

12:45 to 4:00 Sign Up Medicare D

With Pam Albin & Tanya Brogen

Monday, October 31st

11:30 Pat Cook, Piano

Scary Music

Noon Halloween Dinner

3:00 Halloween Party

Dominoes Mon, Wed, Fri

Hand & Foot Mon, Wed, Fri.

Bingo Every Friday at 1:15p.m.



## The Magic of Autumn

Edgar A. Guest

It's a glorious day with the sun overhead  
And the maples off yonder in cardinal red,  
And the elms spilling gold on the floor of the world,  
And the sumac ablaze as the picture's unfurled;  
Oh, poor little genius known as a man,  
Work us such wonders as this if you can!

It's a glorious day, with the magic of fall  
Working its changes too swift for us all;  
Now the green turns to gold, in the glint of the sun,  
But not one of us knows how this marvel is done;  
From the high hat of autumn gay ribbons are tossed  
And man merely calls it the work of the frost.

Here's a performance which dazzles the eye!  
Here are illusions no Hindu dare try!  
Valley and hill top and forest and field  
In garments of beauty are strangely revealed;  
Oh, who can detect it, or who can explain,  
Or what can equal such legerdemain?

The world is the stage, without curtain or wing,  
Where autumn performs for the peasant and king!  
No velvet-topped table he need for his feat  
As he scatters his silver and gold at our feet;  
We see the scenes change in the glint of the sun,  
But none of us knows how such wonders are done.

## Plan to Attend Oktoberfest

### Thursday, October 20th

Fall Evening Meal by Mae and Barb Greve at 5:30p.m.

**Brats with Sauerkraut & German Potato Salad**

Autumn Harvest Dance at 6:30 p.m.

Featuring **Artie and Gwen Schmidt** singing fun songs such as

"In Heaven There is No Beer"

Invite your Senior Friends for Oktoberfest. Limit 100 for German Meal.

## Flu Shots

Monday, October 3rd  
10:00 to 12:00  
At Wayne Senior Center  
Bring Soc. Sec. # and Medicare#

**Monday, October 24th  
at 12:45pm  
From  
Legal Aide Advisor:  
Amanda McMahan**

**Landlord Tenant Laws**



## Attention Card Makers

Please come: **Tuesday, October 4**  
Wayne Senior Center: **At 1:15 pm**  
Cards Needed are: *Get Well &  
Quick Recovery*

Added to Wayne Senior Center  
Activities at 1:15pm.  
**Monday & Wednesdays & Friday:**  
Hand & Foot Cards  
Chicken Foot Dominoes

**Happy Halloween**

## Birthday Party

**Wednesday, October 5th**  
**11:30 am & 3:00 p.m.**  
**Enjoy Cyril Hansen**  
**on Accordion**  
*Playing your oldies but goodies.*

**3:00pm Oma's Carrot Cake w/  
Cream Cheese Frosting**



## Dinner Time Programs to Remember

Please Circle These Dates and Come for Dinner.



Library Corner by Rita Mclean  
October 3rd "Healthier You"  
October 10th "Health Care Services"  
October 17th "What Does the Doctor Need to Know"

"Cell Phone 101" Presentation by Stacey Kraft  
12:45 Wednesday, October 12th

Hands on/ One on One Learning Experience In Conference Room with Stacey Kraft  
Class following the Informative Talk at 1:00p.m.  
Limit To 5 persons. Please bring your cell phone. More classes TBA if interested.

Toe Nail Clinic with Anne Hoeman, P.A.  
2:00 p.m. Tuesday, October 18th

"Lifespan Respite Care" by Jennie Ramsay  
12:45 p.m., Thursday, October 20th  
Give me a break from my loved one, please. There is help.

The Wayne Senior Center is **"The Place to Be"**

**Careage of Wayne (Pam Albin, Administrator)**  
**Will Present**

**"Medicare, Part D Changes for 2012"**  
**12:45 Presentation, Thursday, October 6th**  
**Then:**

**Pumpkin Pie Social at Wayne Senior Center ,**  
**Thursday Noon, October 27th**

**12:45p.m. on Thursday/ Individual Consultation**

**(Bring Medications & Medicare #, Present Medicare Part D Plan.**  
**Medicare, Part D Sign Up with Pam Albin and Tanya Brogen from Careage**  
**Conducted in Conference Room. (Miss this -arrange with Pam Albin at Careage)**

**Year 2012**

**Thank you to Premier Estates for sponsoring  
3 Century Club Certificates.**

**Thank you to the Oaks for supporting the  
14 Special Luncheon certificates.**

**Wayne Public Transit is a great mode of transportation  
for you to get to appointments & to  
run errands.**

**Fee for the van is \$1.50 one way.**





## VOLUNTEERS Thank You!!

The Senior Center is looking for volunteers for

### Quilter Volunteers ( they will teach you)

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

**Volunteers Needed.**

**Hear Ye! Hear Ye!**

**Monday, October 17th at 1:00p.m.**

**Wayne Senior Center**

**Board Meeting**

**Open to All.**

*Gloria Leseberg, Past Board President*

*Marj Porter, Past Vice President*

*Your help and support on the*

*Wayne Senior Center Board*

*Was very Appreciated by*

*All at our Beautiful Center.*

*Thank you so much for your service, Gloria and Marj.*



Monday, October 31st

## Halloween Party

11:30 Scary Music by Pat Cook, Piano

12:00 Dinner with Halloween Décor & 3:00 Halloween Treats

Please wear a silly, scary, crazy hat. (and/or Halloween Mask) (and/or Halloween Costume)

Let's make this a Halloween to remember.

“Beware, oh timid, tarry not  
In meadow, field or grassy green,  
For spirits lurk on every hand  
Throughout the night on  
Halloween.”

By Frances Cooper Thompson



**October Fire Prevention Hint:**

**Be careful with sleeves, dust cloths, paper goods around Lit candles. Fires happen quickly.**



*Health Care Screens by Mary Nichols, RN*

*Wednesday, October 19th*

*9:30a.m.—12:00, Blood Sugar and Blood Pressure*

*Special Luncheon and*

*Gift Certificates to*

*14 Lucky Winners*

*Sponsored by Careage of Wayne*

*Menu:*

*Country Beef Steak w/ Country Gravy*

*Mashed Potatoes w/skins*

*Corn*

*Cherry Jell-O with*

*Pears and Juice*

*Whole Wheat Bread & Promise*

*Surprise Pie*

*Milk, Coffee, and Water*



**FRIDAY MYSTERY PERFORMER**

**FEATURING**

**MUSIC PERFORMERS FROM WAYNE STATE COLLEGE**

**WITH**

**PHILIP PFALTZGRAFF AS ACCOMPANIST**

**October 21th, 11:30am and 12:45pm**



*Harvest Walnut Refrigerator Cookies*

*3 1/4 cup flour*

*1 teaspoon baking powder*

*1/4 teaspoon soda*

*1/2 teaspoon salt*

*2/3 cup granulated sugar*

*1 cup brown sugar*

*1 1/4 cup shortening*

*2 eggs*

*1 1/2 teaspoon vanilla*

*1 cup favorite nuts (walnuts are especially good)*

*Sift flour, baking powder, soda and salt together.*

*Cream sugars and shortening together, add eggs and vanilla and mix well. Add flour and nuts mix until well blended. Press and shape into 2 loaves, wrap with wax paper and chill at least 4 hours.*

*Slice to 1/4 to 1/8 thick.*

*Bake 6 minutes at 375 degrees.*



**A  
COOKIE JAR FAVORITE**

# CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

## Donations

**Baked Goodies-Numerous Friends**  
**Ice Cream- Numerous Friends**

## Cash Donations:

**Janet Bull**  
**Raymond and Mabel Petersen**  
**Glennadine Barker**  
**Leon & Melvy Meyer**  
**Mabel Sommerfeld**

## Coffee Donations:

**Tom Rose**  
**Lanora Sorensen**  
**Gerald and Sharon Grimm**  
**Marguerite Preheim**  
**Marv Nelson**  
**Don Matthes**  
**Janet Reeg**

## This & That

**Oma Jacobsen: Hand & Foot Card Holders**  
**Richard Johnson -2 Watermelons**

**Thank you to those of you that take the time to bring in baked items, ice cream and all the other goodies for 3:00 coffee.**

**Thank you for your generous support.**

*Thank you Seniors  
For*

*Supporting the Wayne Senior Center  
Congregate and Delivered Meal Programs.*

*Your support has allowed the Center  
To receive incentive money for the Months of July and September.  
Way to Go!!! We're a great place to be!*



## Century Club Movie—October 9th

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:15 on this day. Reservations made the day before. October's sponsor is The Oaks Retirement Center.

## Puzzle Word List:

Adam, Alison, Beets, Cows, Dozen, Dwayne, Generally, Irish, Isabel, Justin, Olive, Sarah, Sincerely, Warrior, Yodel

Penny Vollbracht	Coordinator
Rick Barelman	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Fred Krenk	Van Driver
Gary Wright	Van Driver
Lori Dickes	Part-Time Custodian
Betty Heithold	President
Herb Biermann	Vice President
Verna Mae Baier	Secretary
Norma Backstrom	Treasurer

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.

## **Senior Center Hours**

**Monday – Friday**  
**9:00 a.m. – 5:00 p.m.**  
**9:00a.m.-4:40 Last Van Ride**

**Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.**

**For van transportation or meal reservations call 375-1460.**



*A special thank you to United Way for funding the distribution of this newsletter.*