



The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

January, 2009

SPECIAL EVENTS

Thursday, January 1

New Years Day

***Wayne Senior Center Closed
No Congregate & No Delivered Meals &
No Van Rides***

Tuesday, January 6th

1:00 Card Making

Volunteers Thank you Made

Wednesday, January 7th

12:00 Volunteer Luncheon

Birthday Club

Ray Peterson, Music

Thursday, January 8th

Noon, Century Club

Friday, January 9th

Noon, Aaron Shear, Piano

Monday, January 12th

Noon, Deb Dickey, Piano

Wednesday, January 14th

12:45 Hallie Comments

Thursday, January 15th

12:00 Volunteer Luncheon

Ray Peterson, Music

Friday, January 16th

Noon, Aaron Shear, Piano

Monday, January 19th

1:00 Board Meeting

Tuesday, January 20th

12:00 Volunteer Luncheon

Ray Peterson, Music

Wednesday, January 21st

***9:30 Blood Pressure and Blood Sugar
Screenings, Mary Nichols***

12:00 Special Luncheon

Nutrition Counseling, AAA Dietitian

Thursday, January 22nd

10:00 Tea Time

History of Purses, Hilda Pearson

Friday, January 23rd

Aaron Shear, Piano

Monday, January 26th

Deb Dickey, Piano

Wednesday, January 28th

12:45 Snowball Party

Carolyn Harder, Comedian & Singer

3:00 Popcorn Balls

Thursday, January 29th

Surprise Party

Friday, January 30th

Noon, Aaron Shear, Piano

Bingo every Friday at 1:15

New Year's Eve and New Years Day

It is traditional to sing: "Auld Lang Syne" at the stroke of midnight on New Years Eve following the count down.

Originally it was written as a Scottish poem by Robert Burns in 1788 and later set to the tune of a traditional folk song. It is well known in many English-speaking countries, and it is often sung to celebrate the start of the new year. The words literally mean "old long since".

The song is used in celebration in Scotland, British Isles, the Republic of Ireland, the United States, Australia, New Zealand, South Africa, Hong Kong, Singapore and English-speaking areas of India, Pakistan, and Canada.

The most common use of the song involves only the first verse and the chorus, with the last line often changed to "and days of auld lang syne".

The band leader Guy Lombardo is often credited with popularizing the use of the song at New Year's celebrations in America, through his annual broadcast on radio and television, beginning in 1929: "Should old acquaintance be forgot, and never brought to mind? What are your New Year Eve memories of how and who you celebrated this evening with?"





**Happy
New Year!**

In Observance of New Years

The Wayne Senior Center will be closed on January 1, 2009

The Center will be open on January 2nd so be sure to make your dinner reservation before January 1st.

Attention Card Makers!!

Please plan to come:

January 6th at 1:00

To: Wayne Senior Center
after lunch.

We Need: Thank you cards for the
Volunteer Luncheons.

Theme: Silver, Snow, &
Evergreens



Winter Wonderland Tea

January 22nd at 10:00am

Come and Enjoy an Elegant Tea

Served on:
Fancy Luncheon Plates

Program: **History of Purses**
By Hilda Pearson
Pampered Chef Goodies

Thank You

Volunteers are invited to a special noon luncheon in their honor in January. The Wayne Center Staff feel fortunate that so many of you are dedicated to assist in all aspects of our organization. Our volunteers are special. Thank you so much for your help.

Luncheon for Card Makers, 3:00 Coffee Servers, Center Monthly Decorators, Quilters, Helping Hand Volunteers, Entertainment and Healthcare, and Kitchen Help Substitutes will be honored on January 7th at noon.

Luncheon for Kitchen Help and Dining Room Volunteers will be honored on January 15th at noon.

Luncheon for Wayne and Winside Home delivered Meals Volunteers and Board Members will be celebrated on January 20th at noon.

For Your Special Entertainment: Ray Peterson will be featured on the accordion.

Make your reservation for lunch to hear:

Hallie's Comments

On – Winter Wonderland

12:45 January 14th



Thank you to Premier Estates for the sponsoring the "Helping Hands Luncheon". Thank you to The Oaks for sponsoring the Veterans Day "We Salute You" ceremony and Special Luncheon.

Wayne Public Transit is a great mode of transportation for you to get to appointments & to run errands.

Effective May 1st, the fee for the van is \$1.50 one way.





VOLUNTEERS NEEDED!!

The Senior Center is looking for volunteers for Meals on Wheels.

If you are interested in volunteering your time for this very important and rewarding service please call the Senior Center at 375-1460.

Wednesdays & Fridays Needed

Do you want more information about your diet?

Do you need better control of your diabetic diet?

Sign up for Nutritional Counseling :
Wednesday, January 21st
By Area on Aging Dietitian
(time to be arranged according to need)
Come to the Center.

Featuring Deb Dickey
On the Piano



Monday noon, January 12th
And

Monday noon, January 26th
11:45 and after Meal.



Wayne Center Board Meeting
And Safety Meeting

1:00 pm Monday, January 19th



Following a great meal of:

Cod Nuggets
Parmesan Potatoes
Asparagus
Velvet Salad
Whole Wheat Bread
Strawberries
Sign up for the meal.

January

Fire Prevention Tips from Art Barker

Make sure all candles and cigarettes are dead out before
Retiring for the night.

Check Furnace filters, and replace if they are dirty.



Special Luncheon and Gift Certificates
Sponsored by the Oaks

Menu

Wednesday, January 21th

Beef Vegetable Soup

Celery/Peanut Butter

Pasta Salad

Crackers

Cherry Pie

Milk, Coffee, Water



Make your reservation
early for lunch.

Health Care Screens by Mary Nichols on
Wednesday, January 21st from 9:30-12:00.

Blood sugar and blood pressure screens will now be
done from 9:30-12:00

FYI: Fasting blood sugar screens are the most
accurate.

After your blood sugar and blood pressure screens join us for our
Special Luncheon. Pie is served and meal gift certificates are
given away to **14 lucky winners**. The gift Certificates are good
for one free Center meal. This event is sponsored by .

The Oaks Retirement Community.

Snowball Party

January 28th at noon & 3:00pm



Plan to attend our 1st annual Snowball Party

Featuring for Lunch:

Tuna and Noodles Casserole

Peas

Lettuce with cheese

Tomato Juice

Whole Wheat Bread

Angel Food Cake

Beverage

Followed by Carolyn Harder, Comedian and

Singer at 12:45pm

Card Games & More

Surprise Birthday

3:00 Coffee?????

January 29th



CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

Donations

Cash Donations:

**Dave Robinson
Waldo Johnson
Marion Baker
Women's VFW Aux.**

Coffee Donations:

**Eddie Heithold
Ailene Sievers
Glennadine Barker**

Miscellaneous Donations:

**Deb and Bill Dickey-napkins
Donna & Lester Hansen-Wreaths**

Thank you to those of you that take the time to bring in baked items, fruit and all the other goodies for 3:00 coffee.

Thank you to those who bought Thanksgiving decorating items.

Thank you to those who brought cards to be recycled for the Center's cards.

Thank you for the volunteer hours that many of you provide us each month. You are the Center's treasured angels.

Please notify us if we missed your Donation!!

Tuesday, January 20, 2009 marks Inauguration Day for the 44th U. S. President.

Remember John F. Kennedy's quote: " And so, my fellow Americans, ask not what your country can do for you-ask what you can do for your country."

Century Club Movie—January 8th

If you attend the *Century Club Movie*, make plans to have lunch afterwards! You won't be late.

Serving time is at 12:15 on this day.

Please make a reservation for your meal by 12:00 the day before. This month's sponsor is

The Oaks Retirement Center

Congratulations to the November winners: Jeannine Anderson, Viola Meyer, Tom Rose

Snow Day

Wind blowing with snow, have to stay in, no place to go.

Let's light a fire and let it glow.

It is so comfy as we look at the snow.

Penny Vollbracht	Coordinator
Jeanie Harris	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Dave Headley	Van Driver
Jerry Krueger	Part-Time Custodian
Lori Dickes	Part-Time Custodian
Tom Rose	President
Gloria Leseberg	Vice President
Verna Mae Baier	Secretary
Lucile Luhr	Treasurer

Thank you Norma Backstrom for helping in coordinator's absence.

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.

Senior Center Hours

**Monday – Friday
9:00 a.m. – 5:00 p.m.**

Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.

For van transportation or meal reservations call 375-1460.



A special thank you to United Way for funding the distribution of this newsletter.