



# The Senior Star



410 N. Pearl Street

A monthly publication of The Wayne Senior Center

November, 2011

## SPECIAL EVENTS

Tuesday, November 1st

1:00pm Card Making

Wednesday, November 2nd

11:30 & 3:00 Cyril & Bev Hansen  
Organ w/ "Oldies But Goodies"

3:00 November Birthday Party

Friday, November 4th

9:45 Art in the Black Box Theater

(meet at center & caravan to WSC)

10:00 Art Displays at WSC Theater

&

11:30 & 12:45 Spotlight on Promise

WSC students & Phil Pfaltzgraff

Tuesday, November 8th

11:30 Pat Cook's "Swan Song"

Friday, November 11th

12:05 Century Club & Meal

1:30 Veteran's Day Program

Brad Weiland, Speaker

Connie Webber, Singer & Piano

Monday, November 14th

11:30 Music Therapy

Jamie Young

Tuesday, November 15th

2:00 to 3:00 Toe Nail Clinic

Anne Hoeman, P.A.

Wednesday, November 16th

9:30 to 12:00 Health Screening

Mary Nichols

12:00 Special Luncheon

Thursday, November 17th

11:30 Val Koeber, Piano

Monday, November 21st

1:00 Board Meeting

Tuesday, November 22nd

Thanksgiving Celebration

11:30 & 12:45 "Senior Sounds"

Barbershop Quartet

Thursday, November 24th

No Congregate Meals

No Home Delivered Meals

No Van Service

Closed for Thanksgiving Day

Friday, November 25th

All Services Closed Again

Thanksgiving Holiday

Tuesday, November 29th

11:30 Connie Webber, Organ

1:00 Monday & Wednesday

Chicken Foot Dominoes

&

Hand & Foot Card Game

Bingo 1:15 Every Friday

2:00 Friday Chicken Foot Dominoes



### Our Blessings of Freedom from Want

November is a busy month for us at the Wayne Senior Center. We have a multitude of wonderful activities that we are so grateful to share with everyone. I would like to cordially invite all persons that read our newsletter to come and partake in activities, programs, and meals offered at our home away from home.

Our new November entertainment is Music Therapy for illness, depression, and healing during grieving. Jamie Young is employed by Providence Medical Center and she will share her healing stories with us.

We will be celebrating Veterans Day with a special dinner and Veterans Day Program and Flag Ceremony followed by refreshments on Friday, November 11th. Come and honor our brave Veterans. Please feel free to invite community veterans to our Center.

We are hosting our Thanksgiving Feast on Tuesday, November 22nd with Baked Chicken and Dressing and all the trimmings. For your dining and music entertainment we are featuring "Senior Sounds". It is a senior Barber Shop Quartet for a delightful time shared by all our dinner guests.

Wayne Senior Center is "The Place to Be" because we have a horn of plenty of things to do. Our Center abounds with an abundance of great Seniors with a variety of interests. Join us at Wayne State College's, Art Display in the Black Box Theatre if you enjoy the fine arts, drama, & music. They have a special morning of programs from all areas for you on the 4th.

Thank you all for participating in our horn of plenty.



### *Veterans Day Program Invitation:*

*Friday, November 11th*

*11:30 Janet and Earl Fuoss, Patriotic Music*

*Noon Meal Special-American Beef Taverns*

*1:30 Veteran's Day Program & Flag Ceremony "We Honor You"*

*Area Veterans & Guests Welcome*

*Special Speaker, Brad Weiland, "Birth of the Wayne Memorial"*

*3:00 Coffee and Cake Served to All Guests and Veterans*

\$3.55 for +60 years old and \$6.30 charge if- 60 yrs. Home Delivered Meal will be: \$3.80 if 60+



November 22th

11:30 & 12:45 to 1:15



*Everyone be Present To Wish Pat Cook A Good Bye Wish & Thank You At:*

*Pat Cook's "Swan Song" 11:30a.m. Tuesday, November 8th We Will Miss You Pat!*

*Thanksgiving Entertainment featuring "Senior Sound" Sioux City Barber Shop Quartet*

*Reservations are to be made early for the Thanksgiving Feast*

*Thanksgiving Feast Menu Includes:*

*Smothered Baked Chicken  
Bread Dressing and Poultry Gravy  
Green Bean Almandine  
Tropical Fruit & Juice in Orange Jell-o  
Dinner Roll (Senior Center) & Promise  
Pumpkin Pie with Whipped Topping  
Milk, Coffee, Water*

*\*Always remember to please call Wayne Senior Center at 375-1460 the day before to be courteous.*



**Attention Card Makers**

*Please come: Tuesday, Nov. 1st Wayne Senior Center: At 1:00 pm Cards Needed are: Holiday Cards For Christmas Dinner*

*Attention: Wayne Senior Center Activities at. 1:15pm. Mondays & Wednesdays: Hand & Foot & Chicken Foot Dominoes*



**Music to Soothe Our Souls by Jamie Young**

*Performance of Music Therapy begins at 11:30 to 12:00 a.m. Enjoy a Healthy Tuna Noodle Casserole Meal Relax to the Music Therapy from 12:45 to 1:15p.m. Jamie will share her stories of how Music Therapy Heals her Patients Instruments she will use are Keyboard, Guitar, Wood Flute, & Percussion Monday, November 14th*



**Birthday Party**  
*Wednesday, November 2nd 11:30 am, 12:45 & 3:00 pm Enjoy Bev and Cyril Hansen*

*Playing your oldies but goodies. 3:00pm Pumpkin Shaped Spice Cake*



**Thank you to Oaks for sponsoring 3 Century Club Certificates & Bingo Certificate and Black Outs. Thank you to the Careage of Wayne for supporting the 14 Special Luncheon certificates & Pie Social.**

*Wayne Public Transit is a great mode of transportation for you to get to appointments & to run errands.*

*Fee for the van is \$1.50 one way. Late Transport at 4:20p.m.*





## VOLUNTEERS Thank You!!

The Senior Center is looking for volunteers for

### Tuesday & Wednesday Villa Route for Home Delivered Meals

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

**Hear Ye! Hear Ye!**

**Monday, November 21st at 1:15p.m.  
Wayne Senior Center  
Board Meeting  
Open to All.**

### *Home Delivered Meal Volunteers*

*Thank you for helping others,  
giving of your time, friendship,  
and providing your gas. &  
For Being A Sub.*



*Thank you, Chartwells staff for meeting the volunteers at the front parking area. Your meals are excellent.*



Wayne State College Art Department headed by Pearl Hansen invites all Seniors to a Special Day:

### Art Displays in the Black Box Theatre

Featuring Black Art Exhibits & Effects  
Mini Drama Presentations  
Singing Groups  
Instrumental Presentations

Where: Meet at Wayne Senior Center to Car Pool.  
To Lied Addition of Ramsey Theatre/  
Black Box Theater ( All in Fine Arts Bldg.)

When: Meet at Wayne Senior Center at 9:45 a.m.  
Car Pool to arrive at Black Box Theatre

**10:00 to 11:00am.Friday, Nov. 4th,**  
The Fine Arts Program Begins

Who: All Seniors

Cost: Free

Refreshments: Free Cookies and Coffee

No Worries: Parking will be saved for you on Anderson Drive,  
Students will escort you in, & there is no steps.  
Bring an interested friend.

**November Fire Prevention Hint:**

**Be more careful in the kitchen with guests this Holiday Season.**

**Remember:  
Fall Back your Clock  
November 6th**



### *Health Care Screens*

**Wednesday, November 16th**

**9:30a.m.—12:00, Blood Sugar and Blood Pressure**

***Special Luncheon and  
Gift Certificates to  
14 Lucky Winners***

***Sponsored by The Oaks Retirement Center  
Menu***

Ham Salad Sandwich  
On WW Bread  
Homemade Tomato Soup  
With Stewed Tomatoes  
Homemade Pea Salad  
Crackers & Promise  
Apple Pie  
Milk, Coffee, Water



**“One Hour of Promise”  
Featuring-  
PERFORMERS FROM  
WAYNE STATE COLLEGE  
WITH  
PHILIP PFALTZGRAFF  
AS ACCOMPANIST  
Friday, November 4th, 11:30am and 12:45pm  
Come for Lunch.**



### Fresh Tomato Bruschetta

4 Plum Tomatoes, seeded and chopped  
1/2 cup shredded Parmesan Cheese  
1/4 cup minced Fresh basil  
3 Tbsp. Olive Oil  
2 Tbsp. minced Fresh Parsley  
3 Garlic Cloves, minced  
2 tsp. Balsamic Vinegar  
1/8 tsp. Salt  
1/8 tsp. Crushed Red Pepper Flakes  
1/8 tsp. Pepper  
1 French Bread Baguette (10 1/2ounce)  
1/2 cup butter, softened  
8 oz. Fresh Mozzarella Cheese, sliced

Combine & Mix First 10 ingredients in a small bowl.  
Spread Baguette Slices with Butter.  
Top each buttered slice with a Mozzarella Cheese Slice  
Broil 3-4 inches from the heat for 3 to 5 minutes.  
Top each slice with 1 tbsp. of the first 10 ingredients.



**NEBRASKA TAILGATE PARTY**

# CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

## Donations

**Baked Goodies-Numerous Friends**

**Ice Cream– Numerous Friends**

**Ruth & Charles Maier**

**Esther Baker**

**Genevieve Carmichael**

**Fred & Jo Krenk**

**Gertrude Vahlkamp**

**Cash Donations:**

**Gerald & Marilyn Otte**

**Winter Bridge \$20.00 donation each**

**Donna & Les Hansen**

## Coffee Donations:

**Esther Baker**

**Alta Meyer**

**Babs Middleton**

**Esther Hansen**

## This & That

**Deb and Bill Dickey– Fall Napkins**

**Marjorie Johnson-Greeting Cards**

**Oma & Don Jacobsen-Decorated Sheet Cake**

**Viola Meyer– Hand Sanitizer**

**Felt Replacement on Two Pool Tables in**

**Memory of Sam Noves from his family.**

Thank you to those of you that take the time to bring in baked items, ice cream and all the other goodies for 3:00 coffee.

Thank you to those who help with the Decorating for special occasions.

*Thank you Seniors*

*For*

*Supporting the Wayne Senior Center  
Congregate and Delivered Meal Programs.*

*Your support has allowed the Center*

*To receive incentive money for the Month September. Way to Go!!!*

*We're a great place to be!*



## Century Club Movie—November 11th

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:05 on this day. Reservations made the day before. November sponsor will be Careage of Wayne.

## Puzzle Word List:

Background, Crammed, Gargoyles, Leads, Mushrooms, Picky, Property, Shoes, Shrunk, Southwards, Twine, Wagons, Wales, Wheel

|                  |                         |
|------------------|-------------------------|
| Penny Vollbracht | Coordinator             |
| Rick Barelman    | Operations Assistant    |
| Fran Poehlman    | Senior Center Assistant |
| John Rebensdorf  | Van Driver              |
| Fred Krenk       | Van Driver              |
| Gary Wright      | Van Driver              |
| Lori Dickes      | Part-Time Custodian     |
| Betty Heithold   | President               |
| Herb Biermann    | Vice President          |
| Verna Mae Baier  | Secretary               |
| Norma Backstrom  | Treasurer               |

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.

## **Senior Center Hours**

**Monday – Friday  
9:00 a.m. – 5:00 p.m.**

**Meals are served at noon. Please make your  
meal reservations & cancellations by noon  
the day before.**

**For van transportation or  
meal reservations call 375-1460.**



*A special thank you to United Way for  
funding the distribution of this newsletter.*