

December 2011 Activities

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>Every Monday & Wednesday: 1:00 Hand & Foot</p>	<p>Every Monday & Wednesday: 1:00 Chicken Foot Dominoes</p>	<p>Remember Fridays: 1:15 Bingo 2:00 Chicken Foot Dominoes</p>	<p>1 Morning Walking Quilting Cards 1:00 Cards Afternoon Bridge Club</p>	<p>2 Walking/Quilting/Cards/Pool 11:30 & 12:45 "Spotlight on Promise" w/ Phil Pfaltzgraff And WSC Students 1:15 Bingo 2:00 Chicken Foot Dominoes and Hand & Foot</p>
<p>5 Walking / Quilting / Cards 9:00 & 1:00 Pool 11:30 to 12:15 Jay O'Leary & Bill Koeber's "Christmas Clarinet Duet" 1:00 Hand & Foot and Chicken Foot Dominoes</p>	<p>6 Morning Walking Quilting Cards Afternoon Bridge Club 1:00 Making Holiday Cards 2:00 Toe Nail Clinic with Anne Hoeman</p>	<p>7 Walking/Quilting/Cards/Pool 11:30 & 3:00 Ray Petersen, Accordion 12:00 Free Dinner by Herman Chiropractic 12:45 Osteoporosis Info 3:00 Birthday Cake</p>	<p>8 Walking / Quilting Cards 11:30 Connie Webber, Soloist: "Christmas Carols;" piano & vocal 1:00 Pitch Party Afternoon Bridge Club</p>	<p>9 Walking/Quilting/Cards/Pool Century Club Movie 12:10 Dinner 1:15 Bingo 2:00 Chicken Foot Dominoes and Hand & Foot</p>
<p>12 Walking/Quilting/Cards 9:00 & 1:00 Pool 12:45 Wayne High Jazz Choir 1:00 Hand & Foot 1:00 Chicken Foot Dominoes</p>	<p>13 Morning Walking Quilting / Cards 12:45 "Red Cross Overview" by Heather Claussen Afternoon Bridge Club</p>	<p>14 Walking / Quilting / Cards 9:00 & 1:00 Pool 12:30 Wayne 2nd Grade "Caroling Party" 1:00 Hand & Foot</p>	<p>15 Morning Walking Quilting Cards Afternoon Bridge Club</p>	<p>16 Walking/Quilting/Cards 9:00 & 1:00 Pool 11:30 & 12:45 Pat Boilsen, "Wrapped Up in Christmas" Pie Social by Careage of Wayne 1:15 Bingo, Dominoes, H & F</p>
<p>19 Walking/Quilting/Cards 9:00 & 1:00 Pool 1:00 Hand and Foot 1:00 Chicken Foot Dominoes</p>	<p>20 Morning Walking / Quilting Cards 11:30 Bill & Val Koeber, "Christmas Duet" 1:00 Board Meeting Afternoon Bridge Club</p>	<p>21 Walking/Quilting/Cards/Pool 9:30 Health Clinic 11:30 & 12:45 Carolyn Eckstrom, "Christmas Celebration" Noon Christmas Dinner</p>	<p>22 Walking/Quilting/Cards 12:45 "Dickey Christmas Program" Afternoon Bridge</p>	<p>23 <i>Closed For Christmas</i> No Center or Home Delivered Meals, No Van</p>
<p>26 <i>Closed For Christmas</i> No Center or Home Delivered Meals, No Van</p>	<p>27 Morning Walking / Quilting Cards Afternoon Bridge Club</p>	<p>28 Walking / Quilting / Cards 9:00 & 1:00 Pool 1:00 Hand & Foot</p>	<p>29 Morning Walking Quilting Cards Afternoon Bridge Club</p>	<p>30 Walking / Quilting / Cards 9:00 & 1:00 Pool 11:30 & 3:00 Bev & Cyril Hansen, "New Year's Party" 1:15 Bingo 2:00 Dominoes, H & F</p>

December 2011 Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	2% Milk, Skim Milk, Water, and Coffee are offered with every meal.	Menus Subject to Change By Dietitian	1 Fish - Pollack Tartar Sauce Baked Potato Frozen Mixed Vegetables WW Fresh Bread & Promise Canned Apricots	2 Pork Loin with Kraut & Caraway Seeds Pork Gravy Mashed Potatoes w/ Skins Frozen Dilled Carrots WW Fresh Bread & Promise Applesauce w/ Cinnamon
5 Spaghetti & Meatballs with Spaghetti Sauce Frozen Green Beans Shredded Lettuce w/ Cheese & Dorothy Lynch WW Fresh Bread & Promise Canned Peaches	6 Crispy Chicken Baked Potato & Butter Honey Glazed Frozen Carrots WW Dinner Roll & Promise Canned Fruit Cocktail	7 Sausage Gravy Over a Biscuit & Promise Mashed Potatoes with Skins Country Gravy Frozen Key Largo Veg. Canned Tropical Fruit	8 Roast Pork Loin Fresh Red Roasted Potatoes w/ Skins Creamed Frozen Peas WW Fresh Bread & Promise Hot Cinnamon Apples	9 Beef Lasagna Frozen Green Beans Fresh Broccoli Salad WW Fresh Bread & Promise Canned Pineapple Tidbits
12 Swiss Steak with Gravy, Stewed Tomatoes & Onion Scalloped Potatoes Beets WW Dinner Roll & Promise Frozen Strawberries	13 Turkey Stack Turkey Gravy Mashed Potatoes with Skins Frozen Broccoli WW Fresh Bread & Promise Canned Apple Sauce	14 Sliced Beef Russet Roasted Potatoes with Skins Frozen Key Largo Veg. WW Dinner Roll & Promise Canned Mandarin Oranges	15 Creamed Chicken Over Biscuit Cauliflower Shredded Lettuce w/ Carrots & Dorothy Lynch Promise Canned Apricot Halves	16 Tator Tot Casserole with Frozen Green Beans Frozen Peas & Carrots WW Fresh Bread & Promise Canned Peaches over Cottage Cheese
19 Chicken Fried Steak with Country Gravy Mashed Potatoes with Skins Frozen Corn WW Dinner Roll & Promise Orange Jell-O with Fresh Shredded Carrots & Pineapple	20 Meatloaf with Tomato Sauce Baked Potato w/ Butter Frozen Green Beans WW Dinner Roll & Promise Canned Pears	21 Sliced Ham Sweet Potatoes Frozen Peas WW Fresh Bread & Promise Cherry Pie & Pecan Pie	22 Grilled Chicken with Cream of Chicken Soup Frozen Prince William Veg. Fresh Lettuce Salad with Tomatoes & Ranch Dressing WW Fresh Bread & Promise Canned Tropical Fruit	23 <i>Closed For Christmas</i> No Center or Home Delivered Meals, No Van
26 <i>Closed For Christmas</i> No Center or Home Delivered Meals, No Van	27 Tuna Casserole Dilled Frozen Carrots Shredded Lettuce with Fresh Shredded Carrots, Cheese & Dorothy Lynch WW Fresh Bread & Promise Canned Fruit Cocktail	28 WW Ham Salad Sandwich Homemade Pea Salad Homemade Tomato Soup With Stewed Tomatoes Crackers & Promise Canned Pears	29 Sliced Turkey with Gravy Red Roasted Potatoes Frozen Green Beans WW Dinner Roll & Promise Canned Pineapple Chunks	30 BBQ Beef Sandwich Baked Beans Potato Salad Bun & Promise Mandarin Fluff