



The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

May, 2009

SPECIAL EVENTS

Friday, May 1st

12:45 Phil Pfaltzgraff on piano

Monday, May 5th

1:00p.m. Card Making

Wednesday, May 6th

Noon, Ray Peterson, Accordion

12:45 Early 1900's Slides

3:00 Bill's Birthday Rolls

Friday, May 8th

Mother's Day Celebration

Noon, Connie Glassmeyer

Tuesday, May 12th

Noon, Pat Cook

Wednesday, May 13th

12:45 John Schmitt,

Adaptive Equipment for Vision

Friday, May 15th

Bingo with Miriam Wall,
New Premiere Estates Admin.

Monday, May 18th

12:45 Music by Philip, piano

Sherry Pfaltzgraff, singing

1:00 Board Meeting

Tuesday, May 19th

11:30 Val Koeber, piano

Wednesday, May 20th

Health Screenings, Mary Nichols

Special Luncheon

Noon, Pam, Golden Rod Hills

Funding For Weatherization

Thursday, May 21st

Noon, Cyril Hansen, Organ

Friday, May 22

Memorial Day Luncheon

12:45 Mark Ahmann's

Patriotic Program

Wednesday, May 27th

12:45 Dick Carman's

Bird's of A Feather

Friday, May 29th

Pat Cook, Piano

Bingo Every Friday at

1:15p.m.



Bird Feeding and Bird Watching

Bird Feeding is a cherished part of Spring for many. When a person thinks about it –Bird Feeding is a connection with something that is beyond our control. Although we can set out the right birdseed, we can't make a goldfinch or cardinal stop by to eat it. It's a privilege. And in a world that can be filled with too many worries, attracting birds and listening to their songs is an unexpected gift that always puts a smile on our faces.

Here's a recipe for success for attracting your favorite feathered friends:

1 cup of cornmeal

1 cup of peanut butter

1 cup of sugar

1/2 cup of flour

1 cup of water

1 cup of birdseed

In a microwave safe bowl, combine the 1st five

Ingredients. Microwave on high for 3 to 5 minutes.

Stir in birdseed. Cool. Press into two sandwich size

Plastic container; refrigerate. Fits into suet cages.



Spring Checklist

- Fill feeder daily. Natural food is in shortest supply in early spring, and migration is in full swing.
- Watch for the first birds of spring, red-winged blackbirds, American robins, phoebes, flickers and tree swallows.
- Put up sugar-water feeder for the first arrivals of hummingbirds, orioles and grosbeaks.
- Clean out and restart birdbath operations. Water is very popular and could attract a new visitor to your backyard.
- Attract bluebirds with live mealworms. You can buy these on-line or pet stores.
- Include suet for quick energy on cold spring mornings.
- Look for waves of warblers, all dressed up in their brilliant breeding plumages.
- Put out nesting materials of yarn, string and hair. An empty suet cage feeder makes a good basket for nesting materials. Clean out empty birdhouses.



Mother's Day

You are cordially invited to the Mother's Day celebration on:

Friday, May 8th for the Noon Luncheon
(Mothers get to eat free)

Special Entertainment by Connie Glassmeyer

12:45 pm May 13th
Adaptive Equipment
For Visually Impaired
By
John Schmitt
Com. for the Blind

Menu:

3:00 Coffee, Muffins, Strawberries & Bananas

Salmon Loaf

Butter Baked Potatoes

Creamed Peas

Waldorf Salad

Raisin or Cinnamon Swirl Bread

Angel Food Cake



Happy Mother's Day

Attention

Wayne Senior
Center

Card Makers

Please plan to come:

Tuesday, April 5th:

To: Wayne Senior Center
after lunch.

Card Theme:

Making : Get Well and
Thinking of You-



Memorial Celebration

Friday, May 22nd

You're Invited for Lunch:

Hamburger Vegetable Casserole

Pea and Cheese Salad

Cranberry Juice

Muffin

Peach Melba

Special Entertainment:

12:45 pm Patriotic Program given by Mark Ahmann



Attend Dinner on:

(Wednesday, May 6th)

Come Enjoy Dinner Music by
Ray Peterson, on Accordion

12:45 Steve Gross presents: 2nd
Early 1900's Slide Presentation

3:00 Birthday Club Rolls:
Bill Paysen's Cinnamon Rolls



Thank you to Oaks Retirement Center for the sponsoring the Special Luncheon 14 meal certificates and Easter Snack at 3:00. Thank you to Premiere Estates for sponsoring Century Club and Volunteer's Pie Social at 3:00.

Wayne Public Transit is a great mode of transportation for you to get to appointments & to run errands.

Fee for the van is \$1.50 one way.





VOLUNTEERS NEEDED!!

The Senior Center is looking for volunteers for Meals on Wheels. If you are interested in volunteering your time for this very important and rewarding service please call the Senior Center at 375-1460.

Volunteers Needed for Friday.

Hear Ye! Hear Ye!
Monday, Monday 18th at 1:00p.m.
Wayne Senior Center
Board Meeting
Open to All.

*Plan to Come for the Dinner Program on Wed., May 27th at 12:45 pm:
"Birds of a Feather"*

By Roberta and Dick Carman.



*Enjoy the special carvings of birds
And hear the stories of bird feeding and
bird watching right here in Wayne.*

You might get inspired to start a new hobby

For Your Entertainment
Come Enjoy:
Dinner and Music



Our New Entertainers this Month Features:

Philip Pfaltzgraff on piano, May 1st (May Day)

Philip is the Wayne State College Accompanist.

Secondly-

**Philip and his wife Sherry Pfaltzgraff will perform on
May 18th at 12:45pm.**

Sherry will be our new Song Bird.



May Fire Prevention Tip: Art Barker

**Trash and clutter gives a place for fire to start.
Clean your trash up and organize your storage areas.**



**Health Care Screens by Mary Nichols on
Wednesday, May 20th
9:30a.m.—12:00, Blood Sugar and Blood Pressure**



**Special Luncheon and
Gift Certificates to
14 Lucky Winners
Sponsored by The Oaks**

**Noon Hour: Stimulus Funding/
Weatherization for Homes
By Pam, Goldenrod Hills**

Menu:

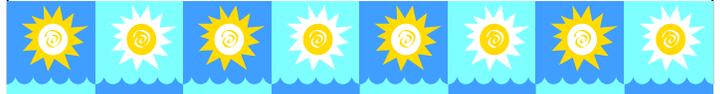
Salisbury Steak
Baked Potato
Wax Beans
Apple Ring
WW Bread
Coconut Cream Pie



**Come for Dinner on May 15th
Stay for Bingo**

Meet Miriam Wall
The new Administrator for Premiere Estates.

**She will be calling Bingo and will bring a special
3:00 treat.**



Spring Fling Pie Recipe:

- 1 Graham Cracker Pie Crust
- 1 3 ounce sugar free or regular Jello package
- 2 6 ounce containers of same Flavored Yogurt (Lite or Lo fat works fine.)
- 8 ounce container of whipped Topping (sugar free or lite or regular topping works)



Dissolve flavored jell with 1/4 cup of boiling water. Add in two containers of yogurt and stir. Add in the whipped topping and stir. Pour mixture into the crust. Refrigerate 2 or more hours. Very light and refreshing. Lo Cal.



**A REFRESHING PIE
FOR
MOTHER'S DAY**



CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

Donations

Cash Donations:

Waldo Johnson

Mabel and Ray Petersen

Coffee Donations:

Eddie Heitholdt

George and Darlene Bierman

Viola and Alvin Meyer

Alta Meyer

Alvin and Janet Anderson

Mable Tietgen

Ice Cream

Delmar Heitholdt

Miscellaneous Donations:

Deb and Bill Dickey-napkins

Thank you to those of you that take the time to bring in baked items, ice cream and all the other goodies for 3:00 coffee.

Thank you to those who help with the Decorating for special occasions.

Thank you for the volunteer hours that many of you provide us each month. You are the Center's treasured angels.

Please notify us if we missed your Donation!!

Thank you Seniors

For

Supporting the Wayne Senior Center
Congregate and Delivered Meal Programs.

Your support has allowed the Center

To receive incentive money for the Months of February, March, and April. Way to Go!!! We're a great place to be!



Century Club Movie—Date To Be Announced

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:15 on this day.

Please make a reservation for your meal by 12:00 the before. May's sponsor was the **Premiere Estates**.

Word List: Auto racing, basketball, bowling, diving, dog, football, golf, gymnastics, hockey, horse, skiing, soccer, surfing, swimming, track, volleyball

Penny Vollbracht	Coordinator
Jeaney Harris	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Dave Headley	Van Driver
Jerry Krueger	Part-Time Custodian
Lori Dickes	Part-Time Custodian
Tom Rose	President
Gloria Leseberg	Vice President
Verna Mae Baier	Secretary
Lucile Luhr	Treasurer

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.

Senior Center Hours

Monday – Friday
9:00 a.m. – 5:00 p.m.

Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.

For van transportation or meal reservations call 375-1460.



A special thank you to United Way for funding the distribution of this newsletter.