



The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

January, 2012

SPECIAL EVENTS

Monday, January 2nd

*New Years Day Holiday
Wayne Senior Center Closed
No Congregate &
No Delivered Meals &
No Van Rides*

Tuesday, January 3rd 1:15 Card Making

Wednesday, January 4th
11:30 and 3:00
*Ray Petersen, Accordion
Birthday Celebration
Snowball Birthday Cake*

Tuesday, January 10th 2:00 Toe Nail Clinic By Anne Hoeman, P.A.

Friday, January 13th
11:30 & 12:45
*Sheri Lundahl, Guitar & Piano
Noon, Century Club*

Wednesday, January 18th
9:30 to 12:00 Health Clinic
(Blood Sugar & Blood Pressure)
By Mary Nichols, R.N.

Monday, January 23rd 1:00 Board Meeting

Tuesday, January 24th 12:45 Donna's Day

Wednesday, January 25th
11:30 and 3:00
*Snowball Dance
Cyril Hansen, Organ*

Monday, January 30th
1:00 Afternoon at the Movies
"The Help"

1:00 Monday & Wednesdays
*Chicken Foot Dominoes
Hand & Foot Cards*

Bingo every Friday at 1:15

New Year's Eve and New Years Day

It is traditional to sing: "Auld Lang Syne" at the stroke of midnight on New Years Eve following the count down.

Originally it was written as a Scottish poem by Robert Burns in 1788 and later set to the tune of a traditional folk song. It is well known in many English-speaking countries, and it is often sung to celebrate the start of the new year. The words literally mean "old long since".

The song is used in celebration in Scotland, British Isles, the Republic of Ireland, the United States, Australia, New Zealand, South Africa, Hong Kong, Singapore and English-speaking areas of India, Pakistan, and Canada.

The most common use of the song involves only the first verse and the chorus, with the last line often changed to "and days of auld lang syne".

The band leader Guy Lombardo is often credited with popularizing the use of the song at New Year's celebrations in America, through his annual broadcast on radio and television, beginning in 1929: "Should old acquaintance be forgot, and never brought to mind? What are your New Year Eve memories of how and who you celebrated this evening with?"

.Just For Today

By the Gathering Place Poetry Club
Hoxie, KS

May I walk through this day with love and grace
And may no harm come to the human race
May I make this world a little brighter
May I make my brother's load a little lighter.
May I accept the challenges that come before me.
May I keep my mind judgment free.
May God bless my friends and family and keep me strong.
May He keep my actions free from wrong.
May I take God's creatures into my embrace.
May I always have sunshine on my face.



In Observance of New Years

The Wayne Senior Center will be closed on January 2, 2012

The Center will be open on January 3rd so be sure to make your dinner reservation before December 30th.

Toe Nail Clinic

By Anne Hoeman, P.A.
2:00 p.m. Tuesday, January 10th

Remember to sign up for this clinic
Located at reception table at the Wayne Senior Center.

You can also call the center and we can sign up a time for your clinic.

Call 402-375-1460



Sheri Lundahl's Winter Wonderland Fun

11:30 & 12:45 Performances
Friday, January 13th

Variety Show
Includes a mix of
Singing, Guitar, Mandolin,
And Piano.

Sheri hopes to see all of you.
Call for a dinner reservation

Thank You

Participants thank you for the support throughout 2011
Wayne Senior Center will celebrate your support with a
Snow Ball Dance. 11:30 & 3:00 Wednesday, January 25th

For Your Special Entertainment:

11:30 and 3:00 Live Music by Cyril Hansen On Organ

Noon Meal Wednesday, January 25th

Sliced Roast Beef

Russett Roasted Potatoes

Key Largo Blend Vegetables

Fresh Dinner Roll and Promise

Canned Mandarin Oranges

Milk, Coffee, and Water

96 Limited seating.

Afternoon at the Movies

1:00 p.m. Monday, January 30th at the living area at the center.

Plan to see "The Help" a movie about the 60's in the south. It's serious but ends with a Surprising outcome.



Van tickets are available.

10 one way rides (each stop) equals \$15.00.
Checks can be made out to Wayne Senior Center.

**Wayne Public Transit is a great mode of transportation
for you to get to appointments & to
run errands.**

9:00a.m. to 4:30 p.m.

The fee for the van is \$1.50 one way.





VOLUNTEERS NEEDED!!

The Senior Center is looking for volunteers for Meals on Wheels.

If you are interested in volunteering your time for this very important and rewarding service please call the Senior Center at 375-1460.

Substitutes Needed

Grandma's Chicken Soup Recipe:

One stewing hen (cleaned into large kettle 2/3's full of water)

1 large onion cut up

1 Large Sweet Potato Cut up

2 Parsnips cup up or 2 Large Potatoes Cut Up

1 Turnip cup up

4 Carrots peeled and cut up

3 Celery stems cut up

Parsley fresh or dried, Salt, and Pepper

Cook chicken and debone, add rest of vegetable simmer until done.



We're hoping
For additional
January Music
We will keep you posted.
TBA



Wayne Center Board Meeting And Safety Meeting

1:00 pm Monday, January 23rd



Following a great meal of:
Turkey Stack
Mashed Potatoes with Skins
Broccoli
Fresh Bread
Canned Apple Sauce
Milk, Coffee, Water
Please plan to attend.

January

Fire Prevention Tips

Make sure all candles and cigarettes are dead out before
Retiring for the night.

Check Furnace filters, and replace if they are dirty.



Special Luncheon and 14 Gift Certificates Sponsored by the Oaks

Menu

*Sausage & Gravy
Over Biscuit*

*Mashed Potato with skins
With Country Gravy*

Creamed Peas

*Hot Cinnamon Apples
Surprise Pie*



Make your reservation
early for lunch.

Health Care Screens by Mary Nichols on Wednesday, January 18th from 9:30-12:00.

Blood sugar and blood pressure screens will now be
done from 9:30-12:00

FYI: Fasting blood sugar screens are the most
accurate.

After your blood sugar and blood pressure screens join us for
our Special Luncheon. Pie is served and meal gift certificates are
given away to **14 lucky winners**. The gift Certificates are good
for one free Center meal. This event is sponsored by .

The Oaks Retirement Community.

Ray Petersen is Back.



**11:30 & 3:00
Wednesday, January 4th**

January Birthday Celebrations
Please welcome Ray and Mabel Petersen
Back to the Wayne Senior Center
By Making Dinner Reservations and
Dancing to Ray's music.

**3:00 Ray's Accordion Music
&
Snow ball Cake with Coconut Flakes**

**Have a candlelight dinner
For your January Birthday.**



CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

Donations

Cash Donations:

VFW Auxiliary

Alta Meyer

Ray & Mabel Petersen

Helga Nedergaard

Fern Test

Coffee Donations:

Gertrude Vahlkamp

Betty & Delmar Heithold

Mabel Sommerfeld

Margaret Korn

Esther Baker

Marv Nelson

Al and Betty Wittig

Miscellaneous Donations:

Deb and Bill Dickey-napkins

Margaret Korn Cash Memorials received from:

Bob & Mary Denesia, Daisy Lee Shores, Hallie Sherry, Gloria Leseberg, Bob & Tracy Keating, Bev & Cyril Hansen, John & Dee Rebensdorf, Donald & Corrine Casey, Esther Hansen, MARY Ann McKillip and cash donations from many friends.

Thank you to those of you that take the time to bring in baked items, fruit and all the other goodies for 3:00 coffee.

Thank you to those who brought cards to be recycled for the Center's Christmas cards.

Thank you for the volunteer hours that-

Remember John F. Kennedy's quote: "And so, my fellow Americans, ask not what your country can do for you-ask what you can do for your country."

Century Club Movie—January 13th

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:10 on this day. Please make a reservation for your meal by 12:00 the day before. This month's sponsor is
Careage of Wayne

Z Day Crossword Puzzle: Zany, Zeal, Zenith, Zephyr, Zeppelin, Zest, Zigzag, Zilch, Zillion, Zinc, Zion, Zip code, Zippy, Zit, Zither

Penny Vollbracht	Coordinator
Rick Barelman	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Fred Krenk	Van Driver
Gary Wright	Van Driver
Lori Dickes	Part-Time Custodian
Betty Heithold	President
Herb Biermann	Vice President
Verna Mae Baier	Secretary
Norma Backstrom	Treasurer

Senior Center Hours

**Monday – Friday
9:00 a.m. – 5:00 p.m.**

Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.

For van transportation or meal reservations call 375-1460.

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.



A special thank you to United Way for funding the distribution of this newsletter.