

MARCH 2009 MENU

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>2</p> <p>Beef Stew Double Cheese Pear Halves Grape Juice Biscuit Apple Cake</p>	<p>3</p> <p>Pork Roast Mashed Potatoes & Gravy Mixed Vegetables Pasta Salad WW Bread Plums</p>	<p>4</p> <p>Swiss Steak Baked Potato Cauliflower Apple Ring Rye Bread Ice Cream</p>	<p>5</p> <p>Porcupine Meatballs Creamed Potatoes Oriental Blended Vegetables Swedish Green Top Salad WW Bread Fruit Cocktail</p>	<p>6</p> <p>Fillet of Cod Au Gratin Potatoes Lima Beans Vegetable Salad WW Bread Pudding</p>
<p>9</p> <p>Chicken Fried Steak Baked Potato California Blended Veggies WW Bread Butterfinger Dessert</p>	<p>10</p> <p>Turkey Sweet Potatoes Peas Dinner Roll Cherries</p>	<p>11</p> <p>Beef & Noodles Refreshing Bean Salad Top Hat Salad WW Bread Country Apple Dessert</p>	<p>12</p> <p>Pork Steak Mashed Potatoes & Gravy Wax Beans Fruit Salad WW Bread Tapioca</p>	<p>13</p> <p>Fish on a Bun Butter Baked Potato Italian Blended Vegetables Dill Pickles Peaches</p>
<p>16</p> <p>Oven Fried Chicken Mashed Potatoes & Gravy Broccoli Beet Pickle Rye Bread Pineapple & Mandarin Oranges</p>	<p>17</p> <p>Lasagna Mixed Vegetables Lettuce Fruit Cocktail Bread Stick Mounds Bar</p>	<p>18</p> <p>Salisbury Steak Baked Potatoes Baby Carrots WW Bread Lemon Meringue Pie</p>	<p>19</p> <p>Roast Beef Mashed Potatoes & Gravy Harvard Beets Coleslaw WW Bread Sherbet</p>	<p>20</p> <p>Salmon Loaf Butter Baked Potatoes Creamed Peas Frosted Orange Salad WW Bread Applesauce</p>
<p>23</p> <p>County Baked Steak Baked Potato Peas & Carrots WW Bread Strawberry Cheesecake</p>	<p>24</p> <p>Meatloaf Hash Brown Casserole Broccoli Fruit Salad WW Bread Wheat Germ Cookie</p>	<p>25</p> <p>Pork Chops Scalloped Potatoes Tomato Vegetable Medley Pasta Salad WW Bread Peaches</p>	<p>26</p> <p>Baked Chicken Rice Pilaf Spinach & Sauce Mardi Gras Salad WW Bread Cherries</p>	<p>27</p> <p>Scalloped Potatoes & Ham Asparagus Kidney Bean Salad Dinner Roll Chocolate Pudding</p>
<p>30</p> <p>Pepper Steak over Rice Oriental Blended Vegetables Pea Salad Applesauce WW Bread Gingersnap</p>	<p>31</p> <p>Fillet of Cod Scalloped Potatoes Cauliflower Sea breeze Salad WW Bread Apricots</p>			

MARCH 2009 ACTIVITIES

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>2</p> <p>Morning Walking Quilting/Cards 1:00 Pool</p>	<p>3</p> <p>Morning Walking Quilting/Cards Bridge 1:00 Card Making</p>	<p>4</p> <p>Morning Walking Quilting/Cards 1:00 Pool Birthday Club– Bill’s Rolls Ray Petersen, Accordion</p>	<p>5</p> <p>Morning Walking Quilting/Cards 12:45 Gene Hansen “New Energy” 1:15– 3:00 Pitch party Bridge</p>	<p>6</p> <p>Morning Walking Quilting/Cards 1:00 Pool 1:15 Bingo 11:45 Hansen Family Music</p>
<p>9</p> <p>Morning Walking Quilting/Cards 1:00 Pool 1:00 Center Public Hear- ing</p>	<p>10</p> <p>Morning Walking Quilting/Cards Bridge</p>	<p>11</p> <p>Morning Walking Quilting/Cards 1:00 Pool 12:45 League of Human Dignity Advocate Services</p>	<p>12</p> <p>Morning Walking Quilting/Cards 1:15– 3:00 Pitch party Bridge Century Club Movie Pat Cook, Piano</p>	<p>13</p> <p>Morning Walking Quilting/Cards 1:00 Pool 1:15 Bingo</p>
<p>16</p> <p>Morning Walking Quilting/Cards 1:00 Pool 1:00 Board Meeting</p>	<p>17</p> <p>Morning Walking Quilting/Cards Bridge St. Patrick’s Day Celebra- tion 1:00 “Shades of Ireland”</p>	<p>18</p> <p>Morning Walking Quilting/Cards 1:00 Pool <u>Blood Sugar & Pressures</u> <u>Special Luncheon</u></p>	<p>19</p> <p>Morning Walking Quilting/Cards 1:15-3:00 Pitch Party Bridge 12:45 Lance Webster Drug Issues in Wayne</p>	<p>20</p> <p>Morning Walking Quilting/Cards 1:00 Pool 1:15 Bingo Spring Fling Sing-a-long By Kaki Ley</p>
<p>23</p> <p>Morning Walking Quilting/Cards 1:00 Pool</p>	<p>24</p> <p>Morning Walking Quilting/Cards Bridge 12:00 Connie’s Organ Recital</p>	<p>25</p> <p>Morning Walking Quilting/Cards 1:00 Pool Healthy Heart Tips by Connie Voyt</p>	<p>26</p> <p>Morning Walking Quilting/Cards 1:15 –3:00 Pitch Party Bridge 12:45 Music by Cyril Hansen</p>	<p>27</p> <p>Morning Walking Quilting/Cards 1:00 Pool 1:15 Bingo</p>
<p>30</p> <p>Morning Walking Quilting/Cards 1:00 Pool</p>	<p>31</p> <p>Morning Walking Quilting/Cards Bridge 12:45 Wayne County Slide Pres- entation</p>			