

# MAY 2009 MENU

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				1 Beef Tips over Rice Tomatoes Three Bean Salad Quick Bread Apricots
4 Ham Sweet Potatoes Green Beans Frozen Fruit Cups WW Bread Club Cracker Bar	5 County Baked Steak Baked Potato California Blend Veg Sweet Pickle WW Bread Pudding	6 BBQ Chicken Scalloped Potatoes Mixed Vegetables Lettuce Rye Bread Fruit Cocktail	7 Roast Pork Mashed Potatoes & Gravy Corn Pasta Salad WW Bread Plums	8 Salmon Loaf Butter Baked Potatoes Creamed Peas Waldorf Salad WW Bread Angel Food Cake
11 Chicken Noodle Casserole Mixed Vegetables Top Hat Salad Tomato Salad WW Bread Peanut Butter Cookie	12 Roast Beef Mashed Potatoes & Gravy Carrots WW Bread Apple Crisp	13 Pork Cutlet AuGratin Potatoes Cauliflower Beet Pickle Diner Roll Pineapple & Mandarin Oranges	14 Fish Nuggets Baked Potato Green Beans Swedish Green Top Salad WW Bread Ice Cream	15 BBQ Meatballs Creamed Potatoes Oriental Blended Vegetables WW Bread Pears
18 Pork Chops Parmesan Cheese Potato Spinach & Sauce Two-fruit Salad Rye Bread Picnic Bar	19 Turkey & Dressing California Blended Vegetables Coleslaw WW Bread Applesauce	20 Salisbury Steak Baked Potato Wax Beans Apple Ring WW Bread Coconut Cream Pie	21 Chicken Fillet on a Bun Potato Salad Wax Beans & Pimentos Fruit Salad Tapioca	22 Hamburger Broccoli Cass Cranberry Juice Pea & Cheese Salad Muffin Peaches
25 MEMORIAL DAY SENIOR CENTER CLOSED	26 Oven Freed Chicken Mashed Potatoes & Gravy Beets WW Bread Cherries	27 Chicken Fried Steak Baked Potato Carrots WW Bread Earthquake Dessert	28 Meatloaf HashBrown Casserole Green Beans Strawberries WW Bread Ice Cream	29 Fillet of Cod Butter Baked Potato Squash Pacific Salad WW Bread Fruit

# MAY 2009 ACTIVITIES

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				<p><b>1</b> Morning Walking Quilting/ Cards 1:00 Pool 1:15 Bingo <b>12:45 Phil Pfaltzgraff</b></p>
<p><b>4</b> Morning Walking Quilting/ Cards 1:00 Pool</p>	<p><b>5</b> Morning Walking Quilting/ Cards Bridge <b>1:00 p.m. Card Making</b></p>	<p><b>6</b> Morning Walking Quilting/ Cards 1:00 Pool <b>12:00 Ray Petersen</b> <b>12:45 Early 1900's Slides</b> <b>3:00 Bill's Birthday Rolls</b></p>	<p><b>7</b> Morning Walking Quilting/ Cards 1:15– 3:00 Pitch party Bridge</p>	<p><b>8</b> Morning Walking Quilting/ Cards 1:00 Pool 1:15 Bingo Mother's Day Celebration <b>12:00 Connie Glassmeyer</b></p>
<p><b>11</b> Morning Walking Quilting/ Cards 1:00 Pool</p>	<p><b>12</b> Morning Walking Quilting/ Cards Bridge <b>12:00 Pat Cook</b></p>	<p><b>13</b> Morning Walking Quilting/ Cards 1:00 Pool <b>12:45 John Schmitt,</b> <b>Adaptive Equipment for Vision</b></p>	<p><b>14</b> Morning Walking Quilting/ Cards 1:15-3:00 Pitch Party Bridge</p>	<p><b>15</b> Morning Walking Quilting/ Cards 1:00 Pool 1:15 Bingo <b>Premier Estates Bingo</b></p>
<p><b>18</b> Morning Walking Quilting/ Cards 1:00 Pool <b>12:45 Music by Phil &amp; Sherry Pfaltzgarff</b> <b>1:00 Board Meeting</b></p>	<p><b>19</b> Morning Walking Quilting/ Cards Bridge <b>11:30 Val Koeber</b></p>	<p><b>20</b> Morning Walking Quilting/ Cards 1:00 Pool <b>Health Screening</b> <b>Noon, Golden Rod Hills Funding</b> <b>for Weatherization</b></p>	<p><b>21</b> Morning Walking Quilting/ Cards 1:15 –3:00 Pitch Party Bridge <b>12:00 Cyril Hansen</b></p>	<p><b>22</b> Morning Walking Quilting/ Cards 1:00 Pool 1:15 Bingo Memorial Day Luncheon <b>12:45 Mark Ahmann Patriotic</b> <b>Program</b></p>
<p><b>25</b> Morning Walking Quilting/ Cards 1:00 Pool</p>	<p><b>26</b> Morning Walking Quilting/ Cards Bridge</p>	<p><b>27</b> Morning Walking Quilting/ Card 1:00 Pool <b>12:45 Dick Carman's Birds of A Feather</b></p>	<p><b>28</b> Morning Walking Quilting/ Cards 1:15-3:00 Pitch Party Bridge</p>	<p><b>29</b> Morning Walking Quilting/ Cards 1:00 Pool 1:15 Bingo 12:00 Pat Cook, Piano</p>