



April 2012 Activities



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>2 Morning Walking Quilting Cards 9:00 & 1:00 Pool 1:00 Hand & Foot 1:00 Chicken Foot Dominoes</p>	<p>3 Morning Walking Quilting Cards Afternoon Bridge Club Card Making</p>	<p>4 Morning Walking Quilting 9:00 & 1:00 Pool 11:30 Ray Petersen, Accordion 12:00 Volunteer Appreciation Cards</p>	<p>5 Morning Walking Quilting / Cards 11:30 Special Music Careage Spring Dessert Afternoon Bridge Club</p>	<p>6 CLOSED FOR GOOD FRIDAY</p>
<p>9 Walking / Quilting Cards 9:00 & 1:00 Pool 12:45 Senior Housing Study, Amy Haase 1:00 Hand & Foot 1:00 Chicken Foot Dominoes</p>	<p>10 Morning Walking Quilting Cards Afternoon Bridge Club 12:45 Book Review- Hills of Mars by Dick Haskin</p>	<p>11 Morning Walking Quilting 9:00 & 1:00 Pool Cards 1:00 Hand & Foot 1:00 Chicken Foot Dominoes</p>	<p>12 Morning Walking Quilting 11:30 Connie Webber, "Spring Into Broadway" 1:00 Cards Afternoon Bridge Club</p>	<p>13 Walking/Quilting/Cards/Pool Century Club Movie 12:05 Dinner 1:15 Bingo Chicken Foot Dominoes, H&F</p>
<p>16 Walking/Quilting/Cards 9:00 & 1:00 Pool 1:00 Hand & Foot 12:45 Rita McLean, "Train Travel" 1:00 Board Meeting 1:00 Chicken Foot Dominoes</p>	<p>17 Morning Walking Quilting Cards Afternoon Bridge Club</p>	<p>18 Walking / Quilting / Cards 9:00 & 1:00 Pool 9:30 Health Screening 11:30 Ray Petersen, Accordion 12:00 Volunteer Luncheon 1:00 Hand & Foot</p>	<p>19 Morning Walking Quilting Noon: Elderfest Luncheon Cards Afternoon Bridge Club</p>	<p>20 Morning Walking Quilting Cards / Pool 1:15 Bingo 2:00 Dominoes Hand & Foot</p>
<p>23 Walking/Quilting/Cards 9:00 & 1:00 Pool 12:45 Diabetes Guide, Kortney Digiorgio 1:00 Hand and Foot 1:00 Chicken Foot Dominoes</p>	<p>24 Walking / Quilting / Cards Afternoon Bridge Club</p>	<p>25 Walking/Quilting/Cards Pool 11:30 Ray Petersen, Accordion 12:00 Volunteer Luncheon 1:00 Hand & Foot</p>	<p>26 Walking / Quilting Cards 11:30 Cyril Hansen, Organ Afternoon Bridge</p>	<p>27 Walking/Quilting/Cards 9:00 & 1:00 Pool 11:30 & 12:45 "Spotlight on Promise" - Phil P & ??? 1:15 Bingo Dominoes</p>
<p>30 Walking/Quilting/Cards 9:00 & 1:00 Pool 1:00 Hand and Foot 1:00 Chicken Foot Dominoes</p>	<p>Every Monday & Wednesday: 1:00 Hand & Foot 2:00 Dominoes</p>	<p>Bring a Friend. Always something to do At The Wayne Senior Center</p>		<p>Fridays: Bingo at 1:15 pm At 2:00 pm Chicken Foot Domi- noes</p>



April 2012 Menu



Monday

Tuesday

Wednesday

Thursday

Friday

<p>2 Swedish Meatballs w/ Celery Soup & Dill Au gratin Potatoes Frozen Peas & Pearl Onions WW Fresh Bread & Promise Van. Pudding w/ Peaches</p>	<p>3 Sliced Turkey Sweet Potatoes Frozen Broccoli WW Dinner Roll & Promise Canned Mandarin Oranges</p>	<p>4 Country Beef Steak/C. Gravy Mashed Potatoes w/ Skins Frozen Corn WW Fresh Bread & Promise Cherry Jell-O w/ Pears Pie by Senior Center</p>	<p>5 Fish (Pollock) Tartar Sauce Fresh Baked Potato Frozen Mixed Vegetables WW Fresh Bread & Promise Canned Apricots</p>	<p>6 CLOSED FOR GOOD FRIDAY</p>
<p>9 Spaghetti & Meatballs w/ Spaghetti Sauce Frozen Green Beans Shredded Lettuce w/ Cheese Dorothy Lynch WW Fresh Bread & Promise Canned Peaches</p>	<p>10 Crispy Chicken Fresh Baked Potato w/ Butter Frozen Corn WW Dinner Roll & Promise Frozen Strawberries</p>	<p>11 Sausage Gravy Over a Biscuit Mashed Potatoes w/ Skins Frozen Key Largo Blend Promise Canned Tropical Fruit</p>	<p>12 Roasted Pork Loin Fresh Red Roasted Potatoes w/ Skins Frozen Creamed Peas WW Fresh Bread & Promise Hot Cinnamon Apples</p>	<p>13 Beef Lasagna Fresh Broccoli Salad WW Fresh Bread & Promise Cottage Cheese with Canned Peaches</p>
<p>16 Turkey Stack & Turkey Gravy Mashed Potatoes w/ Skins Frozen Broccoli WW Fresh Bread & Promise Canned Apple Sauce</p>	<p>17 Swiss Steak w/ Gravy, Stewed Tomatoes, & Onions Scalloped Potatoes Beets WW Dinner Roll & Promise Frozen Strawberries</p>	<p>18 Sliced Beef Roasted Russet Potatoes w/ Skins Frozen Key Largo Blend WW Dinner Roll & Promise Canned Mandarin Oranges Special Luncheon Pie</p>	<p>19 Creamed Chicken Over a Biscuit Frozen Cauliflower Shredded Lettuce w/ Carrots & Dorothy Lynch Promise Apricot Halves</p>	<p>20 Tater Tot Casserole w/ Frozen Green Beans Frozen Peas & Carrots WW Fresh Bread & Promise Canned Peaches over Cottage Cheese</p>
<p>23 Chicken Fried Steak w/ Country Gravy Fresh Mashed Potatoes w/ Skins Frozen Corn WW Dinner Roll & Promise Orange Jell-O w/ Carrots & Pineapple</p>	<p>24 Meatloaf with Tomato Sauce Fresh Baked Potato Frozen Green Beans WW Dinner Roll & Promise Canned Pears</p>	<p>25 Sliced Ham Sweet Potatoes Frozen Peas WW Sliced Bread & Promise Canned Pineapple Pie by Senior Center</p>	<p>26 Grilled Chicken Smothered in Cream of Chicken Soup Frozen Prince Williams Veg. Frozen Lettuce Salad with Tomatoes & Ranch Dressing WW Fresh Bread & Promise Canned Apricot Halves</p>	<p>27 Beef Taverns Baked Beans Fresh Cole Slaw Corn with Red Peppers Hamburger Bun & Promise Canned Mandarin Oranges</p>
<p>30 Tuna Casserole Frozen Dilled Carrots Shredded Lettuce w/ Carrots, Cheese, & Dorothy Lynch WW Fresh Bread & Promise Canned Fruit Cocktail</p>	<p>Menus Subject to Change By Dietitian</p>		<p>Bring a Friend. Always something to do At The Wayne Senior Center</p>	<p>2% Milk, Skim Milk, Water, and Coffee are offered with every meal.</p>