



# The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

November, 2009

## SPECIAL EVENTS

Tuesday, November 3rd

1:15pm Card Making

Wednesday, November 4th

11:30 Ray Petersen, Accordion

Complimentary Meal from

Herman Chiropractic

12:45 "Osteoporosis Concerns:

By Joelle Herman

3:00 BD Orange Cinnamon Rolls

Thursday, November 5th

12:45 "Accidentally Disinheriting Your Grandchildren"

By Randy Rohde

Friday, November 6th

11:30 "Hour of Promise"

WSC students & Phil Pfaltzgraff

Monday, November 9th

12:45 John Wayne Movie

Tuesday, November 10th

11:30 Pat Cook, Piano

Wednesday, November 11th

11:30 Cyril Hansen

Noon Veteran's Day Dinner

1:30 Veteran's Day Program

& Flag Ceremony

Monday, November 16th

12:45 Hallie's Comment

"Aprons & Apron Parade"

1:15 Board Meeting

Wednesday, November 18th

9:30-12:00 Pamper Yourself Spa and Health Screenings

11:30 Connie Webber Glassmeyer, Organ & Piano

Friday, November 20th

11:30 Pat Cook, Piano

Monday, November 23rd

10:30 Rainbow World's Gobblers

Tuesday, November 24th

11:30 & 12:45 Artie & Gwen

Thanksgiving Dance

12:00 Thanksgiving Feast

Thursday, November 26th &

Friday, November 27th

Happy Thanksgiving -

Senior Center Closed &

No Home Delivered Meals

No Van Service

Monday, November 30th

11:30 Val Koeber, Piano

Bingo 1:15 Every Friday



## Our Blessings of Freedom from Want

November is a busy month for us at the Wayne Senior Center. We have a multitude of wonderful activities that we are so grateful to share with everyone. I would like to cordially invite all persons that read our newsletter to come and partake in activities, programs, and meals offered at our home away from home.

First please notice the Norman Rockwell picture on our bulletin board- it is a puzzle entitled the "Four Freedoms". It shows our four rights as U.S.A. citizens-Freedom to Worship, Freedom From Fear, Freedom From Want, and Freedom of Speech. We can be thankful this Thanksgiving that we have these cherished freedoms in the United States of America. This puzzle was done by our participants that love to puzzle.

We will be celebrating Veterans Day with a dinner, dinner entertainment, Veterans Day Program and Flag Ceremony followed by refreshments on Wednesday, November 11th. Come and honor our brave Veterans. Please feel free to invite community veterans to our Center.

We are hosting our Thanksgiving Feast on Tuesday, November 24th with Turkey and all the trimmings. For your dining and dancing entertainment we are featuring Artie and Gwen Schmidt for a wonderful time shared by all our dinner guests.

Wayne Senior Center is "The Place to Be" because we have a horn of plenty of things to do. Our Center abounds with an abundance of great Seniors with a variety of talents in the music, culinary, and art fields. We have many hobbyists who share their collections. Many professionals who share their vast knowledge to make our Center "The Place to Be".



## *Veterans Day Program Invitation:*

*Wednesday, November 11th*

*11:30 & 12:45 Organ Music*

*by Cyril Hansen*

*Dinner Special-Americana Beef Pot Pie*

*1:30 Veteran's Day Program & Flag Ceremony "We Honor You"*

*Area Guests Welcome*

*Song "The One Who Waits" featured by Robert Beckom*

*3:00 Punch and Cake Served to All Guests*

Home Delivered Meal will be: \$3.50 if 60+ and \$6.25 charge if -60years old.

November 23rd:  
Rainbow World  
Preschoolers-



November  
24th

11:30 &  
12:45 to 1:15



**Program:**  
**“Don’t Disinherit  
Your Grandchildren”**  
By Randy Rohde  
November 5th  
12:45pm

**Legal Issues  
Your Legacy**

Thanksgiving Dance featuring Artie & Gwen Schwidt

*Reservations are to be made early for the Thanksgiving Feast*

Menu Includes:  
Turkey & Gravy  
Marshmallow Sweet Potatoes  
Green Bean Casserole  
Cranberry Fruited Jello Salad  
Dinner Roll & Promise  
Pumpkin Pie with Whipped Topping  
Milk



**Attention  
Card Makers**

Please come: **Tuesday, Nov. 3rd**  
Wayne Senior Center: **At 1:15 pm**  
Cards Needed are: **Get Well &  
Quick Recovery & Holiday**

**Attention: New to Wayne Senior  
Center Activities at  
1:15pm. Wednesdays:  
Come for Table Games  
Friday: Dominoes**



\*Always remember to please call in cancellations to the Wayne Senior Center at 375-1460 the day before to be courteous. Check the day of to see if we still have meals or cancellations. This happens often. Suggested contribution per meal at Wayne Senior Center will be : \$3.25 for +60 years old and \$6.00 charge if- 60 yrs.

**Special Free Dinner at Wayne Senior Center to all.  
Yes a Free Meal for Wayne Seniors!**

**November 4th at Noon  
Compliments of Herman Chiropractic  
Followed by Informative program on-  
“Osteoporosis Concerns”**



**Special Entertainment at 11:30, 12:45, & 3:00 Ray Petersen & Birthday Treats  
Sign up early. 88 person limit.**



**Birthday Party  
Wednesday, November 4th  
11:30 am, 12:45 & 3:00 pm  
Enjoy Ray Petersen  
on Accordion  
Playing your oldies but  
goodies.  
3:00pm Orange Cinnamon  
Rolls**



**Thank you to Oaks for sponsoring  
3 Century Club Certificates.  
Thank you to the Premier Estates for supporting the  
14 Special Luncheon certificates.**

*Wayne Public Transit is a great mode of transportation  
for you to get to appointments & to  
run errands.*

*Fee for the van is \$1.50 one way.*





## **VOLUNTEERS Thank You!!**

The Senior Center is looking for volunteers for

### **Tuesday Home Route for Home Delivered Meals**

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

**Volunteers Needed.**

**Hear Ye! Hear Ye!**  
**Monday, November 16th at 1:15p.m.**  
**Wayne Senior Center**  
**Board Meeting**  
**Open to All.**

### *Home Delivered Meal Volunteers*

*Thank you for being so flexible  
To adjust to delivering meals  
From Wayne State College,  
Student Center.*



*Thank you Chartwells to have staff meet the volunteers at the front  
Door to be more convenient and efficient. Thank you Linda  
Gamble and Chartwells staff for preparing our excellent meals.*



## **Hallie's Comments:**

**Apron Program & Parade of the Aprons**

**Come: November 16th for Lunch**

**Wear : Your favorite apron to be in the Parade of Aprons. MEN & WOMEN INCLUDED**

**12:45pm Hallie will present: "Aprons"**

**We are hoping to feature THE OLDEST APRON IN WAYNE**

**GIFT TO PARADERS: FALL FLOWER**

**November Fire Prevention Hint:**  
**Be more careful in the kitchen with guests this Holiday Season.**

**Remember:**  
**Fall Back your Clock**  
**November 1st**



## ***Pamper Yourself Spa & Health Care Screens*** **Wednesday, November 18th**

**9:30a.m.—12:00, Blood Sugar and Blood Pressure**  
**9:30 am– Nail Polish Manicures & Chair Massage**  
**Special Luncheon and**  
**Gift Certificates to**  
**14 Lucky Winners**

**Sponsored by The Oaks Retirement Center**  
**Special Music by Connie Webber Glassmeyer**

### **Menu:**

Sliced Beef  
Russet Potatoes  
Diced Carrots  
Pears  
Dinner Rolls & Promise  
Strawberry Rhubarb  
Milk, Coffee, & Water



**"One Hour of Promise"**  
**Featuring-**  
**PERFORMERS FROM**  
**WAYNE STATE COLLEGE**  
**WITH**  
**PHILIP PFALTZGRAFF**  
**AS ACCOMPANIST**  
**Friday, November 6th, 11:30am and 12:45pm**  
**Come for Lunch.**



***Fruity Chicken Salad***  
***Mix Together in Large Bowl: Refrigerate.***

***2 large cooked & diced cold chicken breasts***  
***1 can (8oz) mandarin oranges, drained***  
***1 cup pineapple chunks, drained (save 1 tsp.)***  
***1 large eating apple, cored & sliced***  
***1/4 to 1/2 cup toasted slivered almonds***  
***(optional) 1 cup halved red seedless grapes***

***Dressing:***  
***2/3 cup mayonnaise (or less)***  
***1/3 cup whipped topping (or more)***  
***1 Tablespoon grated orange peel***  
***1 Teaspoon reserved pineapple juice***  
***1 Teaspoon vanilla*** ***Serves 8***

***Note: diced leftover turkey can be substituted***



**A**  
**FAMILY**  
**GATHERING FAVORITE**

# CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

### Donations

**Baked Goodies-Numerous Friends  
Ice Cream- Numerous Friends**

### Cash Donations:

**Delmar & Betty Heithold  
Donella Johnson  
Viola & Alvin Meyer**

### Coffee Donations:

**Ed Heithold  
Tom Rose  
Margaret Korn  
Duaine Jacobsen  
George & Darlene Biermann**

### This & That

**Doris Lutt- Nut Cups  
Deb and Bill Dickey- Halloween Napkins  
Gertrude Vahlkamp- Lace Doilies & Goodies**

Thank you to those of you that take the time to bring in baked items, ice cream and all the other goodies for 3:00 coffee.

Thank you to those who help with the Decorating for special occasions.

Thank you for the volunteer hours that many of you provide us each month. You are the Center's treasured angels.

*Thank you Seniors  
For*

*Supporting the Wayne Senior Center  
Congregate and Delivered Meal Programs.*

*Your support has allowed the Center  
To receive incentive money for the Months of July, August, &  
September. Way to Go!!! We're a great place to be!*



### Century Club Movie—To Be Arranged

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:15 on this day. Reservations made the day before. November sponsor will be Premier Estates.

**Puzzle Word List:** Beauty, Brothers, Children, Clean, Enemy, Leaf, Life, Respect, Rock, Shame, Small, Spirit, Straight, Sunset, Understand, Weak, Winds, Wisdom

Penny Vollbracht	Coordinator
Rick Barelman	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Dave Headley	Van Driver
Jerry Krueger	Part-Time Custodian
Lori Dickes	Part-Time Custodian
Gloria Leseberg	President
Marj Porter	Vice President
Verna Mae Baier	Secretary
Norma Backstrom	Treasurer

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.

### **Senior Center Hours**

**Monday – Friday  
9:00 a.m. – 5:00 p.m.**

**Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.**

**For van transportation or meal reservations call 375-1460.**



*A special thank you to United Way for funding the distribution of this newsletter.*