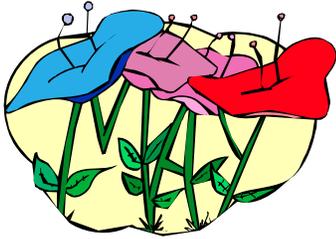


JUNE 2012 ACTIVITIES

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Every Monday & Wednesday: 1:00 Hand & Foot 1:00 Dominoes	Fridays: Bingo at 1:15 pm At 2:00 pm Chicken Foot Dominoes		BRING A FRIEND!	1 Morning Walking Quilting Cards 9:00 & 1:00 Pool 1:15 Bingo 1:00 Dominoes Hand & Foot
4 Walking Quilting / Cards 9:00 & 1:00 Pool 12:45 "Oklahoma" Movie 1:00 Hand & Foot 1:00 Chicken Foot Dominoes	5 Morning Walking Quilting Cards 1:00 Card Making Afternoon Bridge Club	6 Walking / Quilting / Cards 9:00 & 1:00 Pool 11:30 & 3:00 Birthday Party Ray Petersen, Accordion 3:00 Birthday Cake 1:00 Hand & Foot 1:00 Chicken Foot Dominoes	7 Morning Walking / Quilting 1:00 Cards Afternoon Bridge Club	8 Walking/Quilting Cards/Pool Century Club Certificates 12:45 Phil's NGY Rehearsal 1:15 Bingo Dominoes, Hand &Foot
11 Walking Quilting Cards 9:00 & 1:00 Pool 1:00 Hand & Foot 1:00 Chicken Foot Dominoes	12 Morning Walking Quilting Cards 12:45 Phil's NGY Rehearsal Afternoon Bridge Club	13 Morning Walking Quilting Cards 9:00 & 1:00 Pool 1:00 Hand & Foot	14 Morning Walking Quilting Cards Afternoon Bridge Club Flag Day, Charles Maier A Patriotic Poem	15 Walking/Quilting/Cards 9:00 & 1:00 Pool 12:45 Jamie Young, Father's Day - "Automobiles" 1:15 Phil's NGY Rehearsal 1:15 Bingo, 2:00 Dominoes Hand & Foot
18 Walking/Quilting/Cards/Pool 12:45 Library Corner-- Rita McLean, "Chief Standing Bear" 1:00 Board Meeting 1:00 Hand and Foot, Domi-	19 Morning Walking Quilting Cards 12:45 NGY Rehearsal Afternoon Bridge Club	20 Walking/Quilting/Cards 9:30 Health Screenings 11:30 Cyril & Bev Hansen, Piano & Organ Noon: Special Luncheon Pool, Hand & Foot, Dominoes	21 Walking / Quilting Cards Val Koeber, Piano 12:45 Comedy Show Afternoon Bridge	22 Walking / Quilting Cards / Pool 12:45 Phil's NGY Rehearsal 1:15 Bingo Dominoes Hand & Foot
25 Walking Quilting Cards 9:00 & 1:00 Pool 1:00 Hand & Foot 1:00 Chicken Foot Dominoes	26 Morning Walking Quilting Cards Afternoon Bridge Club 5:30 pm Evening Meal 6:30 "Chief Standing Bear"	27 Morning Walking / Quilting 9:00 & 1:00 Pool 12:40 Senior Fraud & Scams, Ryan Sothan, Att. Gen. Office 1:00 Cards, Hand & Foot, Chicken Foot Dominoes	28 Morning Walking Quilting Cards 12:45 "Donna's Day" Afternoon Bridge	29 Morning Walking / Quilting Cards 9:00 & 1:00 Pool 12:45 Phil's NGY Rehearsal 1:15 Bingo, Dominoes Hand & Foot

JUNE 2012 MENU

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Menus Subject to Change By Dietitian	BRING A FRIEND!	2% Milk, Skim Milk, Water, and Coffee are offered with every meal.	Call 402-375-1460 The day before for Reservations and cancels.	1 Tator Tot Casserole w/ Frozen Green Beans Frozen Peas & Carrots WW Fresh Bread & Promise Canned Peaches over Cottage Cheese
4 Chicken Fried Steak with Country Gravy Mashed Potatoes w/ Skins Frozen Corn WW Dinner Roll & Promise Orange Jell-O w/ Carrots & Pineapple	5 Meatloaf with Tomato Sauce Baked Potato F. Green Beans WW Dinner Roll & Promise Canned Pears	6 Sliced Ham Canned Sweet Potatoes Frozen Peas WW Fresh Bread & Promise Canned Pineapple	7 Grilled Chicken Parmesan Frozen Prince William Veg. Lettuce Salad with Tomatoes and Ranch Dressing WW Fresh Bread & Promise Canned Plums	8 BBQ Riblet on a Bun Baked Beans Fresh Coleslaw Corn w/ Red Peppers Promise Canned Mandarin Oranges
11 Tuna Casserole Dilled Frozen Carrots Shredded Lettuce with Carrots, Cheese, & Dorothy Lynch WW Fresh Bread & Promise Canned Fruit Cocktail	12 Beef Tips on Noodles with Mushroom Soup & Onions Frozen Peas & Pearl Onions Fresh Coleslaw WW Dinner Rolls & Promise Canned Sliced Apples	13 Sliced Turkey Red Roasted Potatoes Frozen Green Beans WW Dinner Roll & Promise Canned Pineapple Chunks	14 Ham Salad Sandwich On WW Bread Homemade Pea Salad Homemade Tomato Soup w/ Stewed Tomatoes Crackers & Promise Pears	15 BBQ Beef Sandwich Baked Beans Potato Salad WW 0Bun & Promise Mandarin Fluff Father's Day Cake provided by Senior Center
18 Beef Stroganoff w/ Noodles Frozen Prince William Veg. Cottage Cheese with Pineapple Slices on Lettuce Leaf WW Dinner Roll Promise	19 Polish Dog with Kraut Frozen Creamed Peas Pineapple, Carrot, Raisin & Mayo Salad WW Fresh Bread & Promise Vanilla Pudding w/ Marshmallows & Frozen Mango	20 Baked, Chicken with Cream of Chicken Soup Ranch Roasted Potatoes with Skins Frozen Mixed Vegetables WW Fresh Bread & Promise Apple Pie	21 Hamburger Goulash with Stewed Tomatoes, Celery, Onions, & Tomato Sauce Scalloped Potatoes w/ Parsley on Top WW Dinner Rolls & Promise Lime Jell-O w/ Canned Mandarin Oranges	22 WW Sandwich w/ Chicken Salad, Pineapple & Celery Fresh Sliced Cucumbers in Sauce WW Bread & Promise Frozen Strawberries in Juice
25 Swedish Meatballs w/ Celery Soup & Dill Au Gratin Potatoes Frozen Peas & Pearl Onions WW Fresh Bread & Promise Vanilla Pudding w/ Marshmallow & Peaches	26 Sliced Turkey Canned Sweet Potatoes Frozen Brussels Sprouts WW Dinner Roll & Promise Canned Mandarin Oranges	27 Fried Fish Tartar Sauce Baked Potato Frozen Mixed Vegetables WW Fresh Bread & Promise Canned Apricots	28 Country Beef Steak Country Gravy Mashed Potatoes w/ Skins Frozen Corn WW Fresh Bread & Promise Frozen Strawberries	29 Pork Loin with Pork Gravy Mashed Potatoes w/ Skins Dilled Frozen Carrots WW Fresh Bread & Promise Canned Applesauce With Cinnamon