



# The Senior Star



410 N. Pearl Street

A Monthly publication for the Wayne Senior Center

February 2022

## Fantastic February



We are going to have a FANTASTIC month of FEBRUARY here at the Senior Center! We have been working on some fun prizes for those who are dining in with us and participating in our fitness activities. These activities will last throughout the entire month of February.

Anyone who joins us for our in-house, congregate meals will be able to enter their name into a drawing for a Free Turkey! One entry per meal that you eat here. At the end of each week, we will draw one winner for a free turkey. This drawing will continue for the whole month of February. Don't miss your chance to win a Free Turkey!

Every time you join us for Walking or FROGs this month, you will have the chance to win a prize! We will have punch tickets here each time you come. For Walking— every 5 punches gets a prize and for FROGs— every 6 punches gets a prize. There is no drawing for these prizes — Anyone who completes a punch card will win!

A little more about our Walking Program. You can come walk laps here from 7:00am-10:00pm every day.

When using the extended path that includes the hallway, every 18 laps is 1 mile. Keep track by placing pennies in a cup each time you pass it until you reach 18 laps! Any walking is beneficial, so you can start with less and build up to 1 mile.

All are welcome!

We have plenty of space in the mornings if you would like to get a group together to play cards, or start a new activity. Take a break for lunch, enjoy a delicious meal, then continue after dinner. Please let us know if you want anything added to the Activities Calendar!

If you are interested in getting free at-home COVID-19 tests, please stop by the office to get the information from Halie. Halie can also order them for you online if you would like! She would be happy to help.



## What's Happening in February



### Wednesday— February 2

Monthly Birthday Party  
Groundhog Day

### Friday— February 4

Drawing for a Turkey

### Tuesday— February 8

9:45-11:45 Health Clinic

### Thursday— February 10

Century Club Movie Drawing

Drawing for a Turkey

### Friday— February 11

Closed for Staff Work Day

### Monday—February 14

9:15-10:45 Toe Nail Clinic

Happy Valentine's Day!

Music by Deb Dickey

### Wednesday— February 16

9:30 Board Meeting

Special Luncheon Drawing by Kinship

### Friday— February 18

Fine Dining Friday with Kinship

Music by Dan Hansen

Drawing for a Turkey

### Tuesday— February 22

11:15 Spotlight on Promise

### Wednesday— February 23

We Serve Wednesday with Country View

Music by Susan Boust

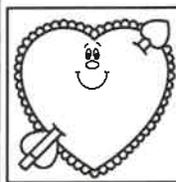
### Friday— February 25

Drawing for a Turkey

### Monday— February 28

Special Luncheon Drawing by Kinship

As always there are daily activities of AM and PM Coffee, Walking, FROGs, Puzzling, Quilting, Pool, Bridge, Hand & Foot, Pitch, SkipBo and Bingo. See the Activities calendar for the full schedule of all of these events. We look forward to seeing you here!





## Valentines Day

There are varying opinions as to the origin of Valentine's Day. Some historians believe that it originated from St. Valentine, a Roman who was martyred for refusing to give up Christianity. He died on February 14, 269 A.D. Legend also says that St. Valentine left a farewell note for the jailer's daughter, who had become his friend, and signed it "From Your Valentine." Another detail of the story is that St. Valentine served as a priest at the temple during the reign of Emperor Claudius. Claudius then had Valentine jailed for defying him. In 496 A.D., Pope Gelasius set aside February 14 to honor St. Valentine.

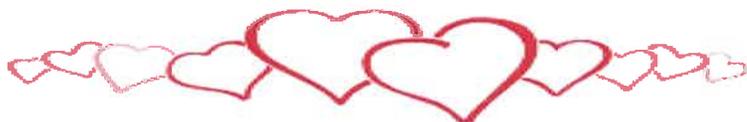
Another theory of the origin is that in ancient Rome, a holiday to honor Juno, the queen of the Roman gods and goddess of women and marriage, was celebrated on February 14. On the next day, the Romans held the Feast of Lupercalia. On the eve of Lupercalia, the names of Roman girls were written on slips of paper and placed into jars. Each young man drew a girl's name from the jar, and they were partners for the duration of the festival. Often, they fell in love and later married.

Over time, February 14 became the date for exchanging love messages, and St. Valentine became the patron saint of lovers. People sent poems and gave simple gifts such as flowers. There were often social gatherings or balls.

## Valentine's Day Trivia Game

Find the answers in the next column!

- 1) Who is the patron saint of Valentine's Day?
- 2) How did sailors of old send messages to their loved ones while at sea?
- 3) What fruit is also known as the love apple?
- 4) What type of bird symbolizes Valentine's Day?
- 5) True/False: Doves mate for life.
- 6) What is the name of the winged child who is depicted as shooting arrows?
- 7) What part of the body must his arrows hit to be effective?
- 8) Does the date of Valentine's Day ever change?
- 9) Name the love-struck couple created by Shakespeare.
- 10) What flower is most commonly symbolic of Valentine's Day?
- 11) What color of this flower is symbolic of love?
- 12) Where do you "wear your heart"?



## Sweets Word Game

Find answers below!

- 1) \_\_\_\_\_ in the sky
- 2) \_\_\_\_\_ moon
- 3) \_\_\_\_\_ y keen
- 4) Go \_\_\_\_\_
- 5) \_\_\_\_\_ of his eye
- 6) A smart \_\_\_\_\_
- 7) It's a piece of \_\_\_\_\_
- 8) Slow as \_\_\_\_\_
- 9) \_\_\_\_\_-coat the truth
- 10) Nutty as a \_\_\_\_\_
- 11) Through the \_\_\_\_\_ vine
- 12) Proof is in the \_\_\_\_\_
- 13) Like taking \_\_\_\_\_ from a baby



## Answers to Valentine's Day Trivia

- |                  |                     |
|------------------|---------------------|
| 1) St. Valentine | 7) Heart            |
| 2) Bottles       | 8) No               |
| 3) Tomato        | 9) Romeo and Juliet |
| 4) Dove          | 10) Rose            |
| 5) True          | 11) Red             |
| 6) Cupid         | 12) Sleeve          |



## Sweets Word Game Answers

- |            |               |
|------------|---------------|
| 1) Pie     | 8) Molasses   |
| 2) Honey   | 9) Sugar      |
| 3) Peach   | 10) Fruitcake |
| 4) Bananas | 11) Grape     |
| 5) Apple   | 12) Pudding   |
| 6) Cookie  | 13) Candy     |
| 7) Cake    |               |



## Chocolate Covered Strawberry Brownies

Ingredients:

- \*One box brownie mix
- \*One pint heavy whipping cream
- \*Diced strawberries
- \*1 bag chocolate chips

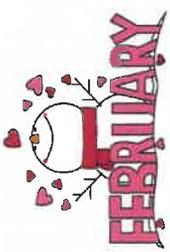
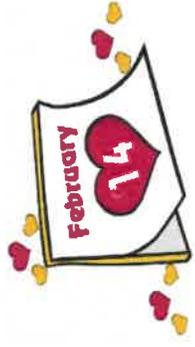


Directions:

- \*Make a 13X9 pan of brownies, according to the directions on the box
- \*Once brownies are cooked and cooled slightly, cover the top with diced strawberries
- \*In a medium sized bowl, add chocolate chips and heavy whipping cream. Microwave them for 60-90 seconds, stirring every 15-20 seconds
- \*Pour the chocolate over the top of the strawberries and put in the fridge to let cool fully before cutting
- \*For best outcome, make sure to wipe knife off between each cut

Enjoy!

# February 2022 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>7</p> <p>Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p>	<p>1</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch</p> <p>8</p> <p>9:45-11:45 Health Clinic Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>2</p> <p>Monthly Birthday Party Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool Groundhog Day</p> <p>9</p> <p>11:15 Eye Glass Clinic with Wayne Eye Care Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p>	<p>3</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch &amp; SkipBo</p> <p>10</p> <p>Century Club Movie Drawing Morning Walking Quilting Afternoon Bridge Club Pitch &amp; Skip Bo Drawing for a Turkey</p>	<p>4</p> <p>Drawing for a Turkey Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool Bingo</p> <p>11</p> <p>Closed for a Staff Work Day</p> 
<p>14</p> <p>9:15-10:45 Toe Nail Clinic Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool Music by Deb Dickey Happy Valentine's Day!</p>	<p>15</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>16</p> <p>9:30 Board Meeting Special Luncheon Drawing with Kinship Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p>	<p>17</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch &amp; Skip Bo</p>	<p>18</p> <p>Fine Dining with Kinship Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool &amp; Bingo Music by Dan Hansen Drawing for a Turkey</p>
<p>21</p> <p>Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p>	<p>22</p> <p>11:15 Spotlight on Promise Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>23</p> <p>We Serve Wednesday and chat with CountryView 10:00—Caregivers Support Morning Walking Quilting &amp; FROGS Hand &amp; Foot—Pitch &amp; Pool Music by Susan Boust</p> 	<p>24</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch &amp; Skip Bo</p>	<p>25</p> <p>Drawing for a Turkey Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool &amp; Bingo</p>
<p>28</p> <p>Special Luncheon Drawing with Kinship Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p>	<p>DAILY COFFEE/SNACK TIME 7:00—10:00 AM 2:30—3:00 PM MONDAY—FRIDAY REMEMBER to sign coffee time sheet to help us take credit for Offering this fun time for all!</p>		<p>Would you like to see some more morning activities? Stop by and talk with us about the options.</p>	

**Wayne Senior Center at Wayne, Nebraska --  
Monthly Business Meeting  
January 19, 2022**

The monthly meeting of the Wayne Senior Center was held with Vice President Carol Dunning calling the meeting to order. (9:30 a.m.) Present: Senior Center Coordinator: Diane Bertrand, Vice President: Carol Dunning, Secretary: Verna Mae Baier, Treasurer: Joan Lage. Absent: President: George Burcum and Board Member: Fransisco Morales.

The December 15 minutes were approved as published in the January Senior Star in a motion by Joan Lage and seconded by Carol Dunning. Motion carried.

Treasurer Joan Lage, presented financial information for 12-10-21 through 1-9-22 with expenses of \$190.00. This amount of expenses was approved in a motion by Verna Mae Baier and seconded by Carol Dunning. Motion carried and this financial report was accepted.

Coordinator Bertrand presented an overview of January Calendar/Highlights of February: February will be "Fantastic February" with extra encouragement on walking and FROGS.

Ongoing Covid Concerns: There is a vaccination clinic on January 21 at the Center. The NE Nebraska Public Health Department will be in charge.

Everyone was reminded of the weather closing policy for the Center: This is joint decision with City Administrator Wes Blecke and Senior Center Coordinator Diane Bertrand in charge. Announcements are aired on the Wayne Radio Station KTCH. Participants should watch for Drive Through meal pickup change with winter weather. The west alley quickly becomes slick and pickup will be on the south side of the Center.

By unanimous decision all future Senior Center Board meetings will begin at 9:30 a.m.

The number of participants at the Senior Center is slowly increasing and that is encouraging.

Coordinator Bertrand presented information concerning a possible ad in the local paper entitled "Community Pride Tab." No action was taken.

The meeting was adjourned at 10:00 a.m.

The next meeting will be February 16, 2022.

Verna Mae Baier, Secretary

# Sharing Is Caring: Here's How Families Can Allocate Caregiving Responsibilities

Caregiving is on the rise. Data from the National Alliance for Caregiving and AARP's 2020 report "Caregiving in the U.S." reveals there are approximately 53 million caregivers in the United States, a number that has increased by 9.5 million since 2015. This demonstrates that increasing numbers of people are stepping up to provide the care needed to family, friends, and loved ones who need assistance.

It can be one of the most rewarding experiences, but it's not without its fair share of challenges. That's why it's so important for caregivers to have a strong support system while taking care of older parents and loved ones struggling with illness. Sharing the load among other family members reduces the stress on any one person, allowing everyone to take an active role and support each other in addition to their loved ones. Here's how to talk to siblings about your aging parents and how to share the load.

- 1. Create Your Team:** Before allocating parent care duties and tasks, the family needs to have a frank conversation about what's going on and how you all need to come together to move forward. When possible, include the care recipient in the mix to empower that person and get firsthand knowledge of his or her feelings, concerns, and how he or she would like to be helped. Together, you can start planning how you'll execute the tasks and responsibilities.
- 2. Learn All You Can:** It's not always easy to talk to siblings about aging parents or loved ones struggling with illness or medical conditions but it is necessary. Every family member should have a solid understanding of the family member's limitations and capabilities along with relevant information about the illness or disability, treatments, medications, and other care details. The more you know and the more you're all on the same page, the less anxiety and friction you're likely to experience during your caregiving journey.
- 3. Define Everyone's Roles:** Caregiving can be stressful, and it also presents an opportunity for resentments and arguments to arise. Without clearly defining the family's expectations and each person's role in providing care, it's all too easy for one person to end up shouldering all the work. Ideally, you'll be able to allocate responsibilities to play off one another's strengths. For example, if one sibling is great with finances, he might take over balancing accounts and paying bills. Perhaps someone else is great with keeping everyone updated, and she can be the communications point person. Clearly defining who will do what can go a long way to preventing future conflict.
- 4. Consider Individual Limitations:** While the family is considering how to allocate responsibilities, each person should be open and honest about his or her own limitations. Family members should ask themselves about how they'll be able to fit caregiving responsibilities into their schedules and how frequently they'll be able to check in or visit their family member. Those who live close will likely take on the role of primary caregivers. But those who are farther away can still take a share of the load by performing tasks like paying bills, organizing communications, and providing respite care to give primary caregivers a break.
- 5. Work Together, Get Help When Needed:** Teamwork is at the heart of successful parent care and caregiving in general. Communicate clearly and often to foster the spirit of teamwork and to reassess everyone's roles and responsibilities as needed. Additionally, it's important to build a support system outside of the family. Caregiver support groups are one option. Your family member's doctors are a valuable part of your team. Medical professionals can provide sound advice about what to expect in the future, how to proceed in the present, and options regarding treatments.

Caregiving is an emotional journey for everyone involved. Lean on each other and encourage everyone to take time for themselves to help balance the feelings, emotions, and stress you're all experiencing. No matter what each person's role is, make sure that person takes time to connect with your shared loved one and the rest of the family.

# Groundhog Day

S R G O H D N U O R G H D Z K X Y D D M H O Z U  
 S H O V W C R M D S P R K C U H C D O O W L N D  
 G N A D Q S W X P H M A R M O T E I D Y H Q G H  
 S S O D E P N N X E S J Z W Q F N A U V X C F B  
 S I X W O N E Q F E N K X L I H L E R Q F E Z A  
 K N S W F W T O C B S N N T Z F T V I T M K Y H  
 C Q K N Q D L O Y L A Z S J S A D U B B H A M W  
 C F G R T K N S E M M T U Y L A I Z D P M W O O  
 E H W B L D A E K P Z V O Z L Y C M X N Q A O R  
 Y G Q O O H P J B E L E M N E V Z E S P B N B R  
 R E R Z D C F S O U E L A D G I A L R N V F O U  
 A E T G O Y S E E R P W F C C Q H N D O C H N B  
 U O N H I B E R N A T E M A M M A L I E F P Y G  
 R R Z A T X P T R A D I T I O N S G Y A W O E O  
 B C L O U D Y U N D E R G R O U N D I V E N N V  
 E F A T C C E C A G H D L H M T H M Q J N M W E  
 F S P Y S S X F I T N V N I B V G E A R L Y A R  
 L J P O P U L A R S F I N I H C N L N P A R T C  
 S U Z V Y G O Y Z L W H R E A P Y Z P M E T U A  
 Q U A W V W G X J A B G F P A D E R X T I Z S S  
 X J N Z Y O M W N M R J U O S J N L N L E K X T  
 Q A F K W U Y E G I J Z R R W C W I O P T H N I  
 J W Q N D O O N X N C E Q Z D Y W E U H P G U O  
 W P I K F N J Z Y A F F Z N T Y Q L H Z T P P X

animal  
 earth  
 fur  
 mammal  
 popular  
 six  
 tradition

awake  
 famous  
 groundhog  
 marmot  
 Punxsutawney  
 sleep  
 underground

burrow  
 February  
 hibernate  
 overcast  
 rodent  
 snow  
 weeks

cloudy  
 folklore  
 hole  
 Pennsylvania  
 second  
 spring  
 winter

early  
 forecast  
 late  
 Phil  
 shadow  
 sun  
 woodchuck

# Valentines Day Wordsearch

V R V N H L P R O P O S A L J F D A F E R X F R  
C Y T O Q E L C P J B O S G V N A Y I D R Q O U  
Y L V V G Q A E A R W Z G W C B T K J E D U N Q  
Y W O O Y S L R E N N Q F N L M E Y S V M E D I  
N D X E D P B V T V D A T T R A C T I O N O N J  
P C D D U Z E U L S H L E W W D A E M A L F E S  
N A Y O S R K J E I Y M E C G U A B Y E C D S R  
I G C K O E I T H V K S Y S R I J C L X R O S E  
L P O F Y Y U C J C K E E A D V R H M I U L D W  
O Z F E B R U A R Y N D N T V E V L B Y S D P O  
D W S E N T I M E N T T S J A O W Y F Z H A P L  
I W N K I H V O M Y M A G N I L R A D R R K L F  
P R O Z F L Y Z B R B U D K J T O R N T I O Z D  
U E I K B O R G S R J E B M R D R C N M V E N X  
C L T R F V E A F E S E L A I X C E O E Q E N V  
P A C I R E L J J A S W Z O O R R F B H I J A D  
P T E I I R L T O Z N O E D V B E I D R C L Q A  
M I F F E S E F V F T C R E E E R R F L E Z Q S  
R O F D N U W I T W N A Y A T D D Y S N B M K N  
H N A H D P E G I A R Y G D S H O O T U V E S O  
Y S I H S Z J R M A N J V O C B E I K X I X A W  
T H U K H A S O E Z A C K R D S N A W O M T G U  
H I D U I M R D C F Q H M E C E J X R Q K H O E  
V P P Q P F C B I M S N O I T O V E D T W A Y R

ADMIRER	ADORE	AFFECTION	ATTRACTION	BEAU	BELOVED
BOYFRIEND	CANDLES	CHOCOLATES	COUPLE	CRUSH	CUPID
DARLING	DATE	DEAR	DEVOTION	FANCY	FEBRUARY
FLAME	FLOWERS	FONDNESS	FOREVER	FRIENDSHIP	GIFT
GIRLFRIEND	HEARTS	JEWELLERY	LIKE	LOVEBIRDS	LOVERS
PARTNER	PROPOSAL	RELATIONSHIP	RESTAURANT	ROMANCE	ROSES
SENTIMENT	SUITOR	SWEETHEART	VALENTINE		

## PLEASE NOTICE

**We will be closed on Friday, February 11th for a Staff Work Day. Staff will be available to answer phones and City Transit will be available.**

### Groundhog Day

February 2nd each year brings the most-watched weather forecast of the year—and the only one led by a rodent. Legend has it that on this morning, if a groundhog can see its shadow, there will be six more weeks of winter. If it cannot see its shadow, spring is on the way.

Since a groundhog hibernates for the winter, its coming out of the ground is a natural sign of spring. In England, centuries ago, people watched for other hibernating animals, including badgers, bears, and hedgehogs, as signs of winter's end. Germans who immigrated to Pennsylvania in the mid-1800s began keeping an eye on the groundhog. The widespread population of the rodent made it a handy agent for this particular superstition.

In the 1880s some friends in Punxsutawney, Pennsylvania, went into the woods on February 2nd to look for groundhogs. This outing became a tradition, and a local newspaper editor nicknamed the seekers "the Punxsutawney Groundhog Club". Starting in 1887 the search became an official event centered on a groundhog called Punxsutawney Phil.

Today Punxsutawney Phil lives in a climate-controlled habitat adjoining the Punxsutawney Library. The weather-watching rodent's predictions are recorded in the Congressional Records of our National Archive. So far, Phil has seen his shadow about 85% of the time. Canada's Groundhog Day relies on the predictions of an albino groundhog named Wiarton Willie. Although Punxsutawney Phil gets the most attention, various American cities have their own special groundhogs; New York City's official groundhog is called Pothole Pete.

### Groundhog Quiz

- 1) Approximately how long has Groundhog Day been celebrated?
- 2) What is a baby groundhog called?
- 3) What is another common name for a groundhog?
- 4) How big does a groundhog get?
- 5) Does the groundhog hibernate?
- 6) What does a groundhog eat?
- 7) Can groundhogs swim?
- 8) Can groundhogs climb trees?



### Answers to Groundhog Quiz

- 1) 135 years
- 2) Kit or Cub
- 3) Woodchuck
- 4) 20 inches long, 10 to 15 pounds
- 5) Yes
- 6) Fruits and vegetables and drinks very little water
- 7) Yes
- 8) Yes



### Weather in History

- ⇒ Weather forecasts, which called for favorable winds and tides, prompted the decision to invade Normandy on June 6, 1944.
- ⇒ During World War II, restrictions were imposed on weather broadcasts because they "could aid the enemy".
- ⇒ Almanacs are not known for their accuracy in weather forecasting. They are accurate, though, with tide tables and astronomical predictions.

### Cranberry Shortbread Bars

#### Ingredients:

- \*2 cups butter, softened
- \*1 1/4 cups granulated sugar
- \*1/3 cup brown sugar
- \*1 tablespoon vanilla
- \*4 cups all purpose flour
- \*1 1/2 teaspoons salt
- \*1/2 chopped walnuts
- \*1 (12 oz) bag of fresh cranberries



#### Directions:

- \*Line a 9X13 inch baking pan with parchment paper
- \*In a large bowl add 2 cups of softened butter, beat until the mixture is smooth and creamy
- \*Add sugar and brown sugar, beat until the mixture is fluffy
- \*Add vanilla and salt, combine well
- \*Add flour 1 cup at a time. May have to hand stir at the end due to thick texture. Mix until white streaks are gone and then stop
- \*Add 2/3 of the dough to the pan and press it evenly along the bottom and 1 inch up the sides
- \*Top the dough with all of the cranberries
- \*Add the chopped walnuts into the remaining 1/3 of the dough and beat well
- \*Use your hand to take medium size chunks of dough and drop them on top of the cranberries
- \*Refrigerate for 20 minutes
- \*Preheat oven to 350 degrees, and bake for 42-45 minutes. The edges and top of the crumbles should be golden brown
- \*Let cool for 10-20 minutes before cutting into bars
- \*Best served warm and with ice cream!

**OUR GENEROUS DONATIONS**

Mardelle Brudigan Loren & Dot Park Pat Smith  
Ron & Jude Milliken Gerald & Marilyn Otte  
George Burcum & Susan Boust Roy Gramlich  
Ginny Otte Deb Dietrich Ken Liska Ardyce Stanley  
Bev Ruwe Orphan Grain Train

Thank you to Country View for providing 10 free meal tickets and the birthday treat & Kinship Pointe for providing 4 free meal tickets

In Memory of Betty & Delmar Heithold:  
Paul & Penny Heithold



**The Wayne Public Transit**

*A COMMUNITY SERVICE FOR ALL*

Open for transportation—Monday through Friday  
8:00 am to 4:00 pm (Only)

We are an On-demand service with reservations . Call: 375-1460

Please schedule trips and appointments according to hours of operation—\$1.50 Fare for each stop

**COVID PROTOCOLS IN PLACE TO PROTECT BOTH THE DRIVERS AND PASSENGERS**

**IT IS STILL A FEDERAL MANDATE THAT MASKS ARE REQUIRED ON ALL PUBLIC TRANSIT. PLEASE WEAR A MASK!!**



**WHO'S WHO AT THE WAYNE SENIOR CENTER**

Diane Bertrand	Manager
Misty Brasch	Assistant Manager/Head Kitchen
Frank Sheda	Van Driver/Asst.
Halie Chinn	Dispatch/Asst.
Roger Hochstein	Van Driver
Dan Carroll	Van Driver
Denny Spangler	Van Driver
Phil Does	Van Driver
George Burcum	President
Carol Dunning	Vice President
Verna Mae Baier	Secretary
Joan Lage	Treasurer
Francisco Morales	Board Member



Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, Wayne Community Chest, and your donations.

As a reminder, if we have to close due to inclement weather, it will be announced on KTCH radio. We will let them know as soon as we know about the closing. If we are closed and do not serve a meal, that menu will be served the following day. Once we begin to see some snow and ice on the ground, we will return to delivering the Drive-Through meals out of the SOUTH SIDE of the building since the back alley gets so slick. We will let you know when this change occurs.

Another reminder about our meal options. We are still offering both Drive Through and Congregate meals. You are free to choose whichever of these options is best for you. HOWEVER— We ask that you let us know at least one day ahead of time if you are planning to change from one service to the other. The meals are cooked at different times to guarantee their freshness. If you call the morning of, we may not be able to get your meal portion changed over and ready for you.



**Senior Center Staff Hours**

*Available to take your calls*

**Monday – Friday**

**7:00 am to 4:00 pm**

*Open to the Public from 7:00am-4:00pm for coffee and social activities*

**For Curb Side Delivery, Congregate Dining or Meals on Wheels Delivery—Please call by noon the day before!**

**Suggested Contribution remains:**

**\$4.95 for 60 & up**

**Meals on Wheels delivery leaves the Center at 11:00 am. For Curb Side pickup meal reservations—Drive to the WEST Side of the building, between 11:15—11:30 am. Congregate dining begins at 11:45 am.**

*If you are unable to be out and about and would like a meal delivered directly to your home by our Great Volunteers—give us a call and Visit with Misty or Diane for Details!*

*A special thank you to Wayne Community Chest for funding the distribution of this newsletter.*