



January 2023 Activities



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>2</p> <p>CLOSED FOR NEW YEARS HOLIDAY</p> 	<p>3</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>4</p> <p>Monthly Birthday Party</p> <p>Morning Walking Quilting FROGs Pitch & Pool</p>	<p>5</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch Skip Bo</p>	<p>6</p> <p>Senior Day Drawing By Kinship Morning Walking Quilting & FROGs Pitch & Pool Bingo Music by Dan Hansen</p>
<p>9</p> <p>Toe Nail Care (Call for a time)</p> <p>Morning Walking Quilting & FROGs Pitch & Pool</p>	<p>10</p> <p>Health Clinic: 9:45 to 11:45</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>11</p> <p>Morning Walking Quilting FROGs Hand & Foot Pitch & Pool</p>	<p>12</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch Skip Bo</p>	<p>13</p> <p>Morning Walking Quilting FROGs Pitch & Pool & Bingo</p>
<p>16</p> <p>Morning Walking Quilting & FROGs Pitch & Pool</p>	<p>17</p> <p>Morning Walking Quilting & Pitch Afternoon Bridge Club</p>	<p>18</p> <p>Board Meeting—12:30</p> <p>Morning Walking Quilting & FROGs Hand & Foot Pitch & Pool</p>	<p>19</p> <p>10:30—11:30 am Magnuson Eye Glass Care Morning Walking Quilting Afternoon Bridge Club Pitch & Skip Bo</p>	<p>20</p> <p>Drawing by Country View Music by: Connie Webber Morning Walking FROGs Quilting & Pitch & Pool Bingo</p>
<p>23</p> <p>Morning Walking Quilting FROGs Pitch & Pool</p>	<p>24</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>CARE 25 GIVERS Meet @ 10:00 am We Serve Wednesday! With Country view Morning Walking Quilting & FROGs Hand & Foot/Pitch & Pool</p>	<p>26</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch & Skip Bo</p>	<p>27</p> <p>Fine Dining Friday By Kinship Morning Walking & FROGs Quilting & Pitch & Pool & Bingo Music by Deb Dickey</p>
<p>30</p> <p>Luncheon Drawing by Country View Morning Walking Quilting FROGs Pitch & Pool</p>	<p>31</p> <p>Morning Walking Quilting Pitch Afternoon Bridge Club</p>		<p>ENJOY PUZZLING DAILY</p> 	<p>DAILY COFFEE/SNACK TIME 7:00—10:00 AM 2:30 PM MONDAY—FRIDAY REMEMBER to sign coffee time sheet to help us take credit for Offering this fun time for all!</p>



January 2023 Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
 <p>2 CLOSED NEW YEARS HOLIDAY!</p>	<p>BRUNCH FOR 3 LUNCH Served 11:00 to Noon Biscuits & Sausage Gravy Hashbrown & Egg Breakfast Casserole Fruit cup Fruit Juice</p>	<p>4 Monthly Birthday Party Goulash Lettuce Salad Assorted Veggies Garlic Bread Stick Cherry Crisp</p>	<p>5 Salisbury Steak Scalloped Potatoes California Blend Mixed Fruit Biscuit & Honey</p>	<p>6 Sr. Drawing by Kinship Music by Dan Hansen Pulled pork Sandwich Calico Beans Cole slaw/Apples Frozen fruit/Yogurt HM Bun</p>
<p>9 Toenail Clinic Vegetable Beef Soup Cherry Cottage Cheese salad w/ Mixed Fruit Blueberry Muffin Cookie</p>	<p>Health 10 Clinic 9:45 to 11:45 am Liver & Onions OR Hamburger patty Dinner Roll & Corn Mashed Potatoes/Gravy Strawberries & Banana's</p>	<p>11 Tater Tot Casserole 7 Layer Salad Orange Jello w/ Mandarin Oranges HM Banana Muffin</p>	<p>12 Lime crusted Tilapia Cheesy Hash browns Creamed Peas/Carrots Mixed Fruit Dinner Roll</p>	<p>13 BBQ Meatballs Scalloped Potatoes Butter Beets Apple Crisp w/ topping WW Dinner Roll</p>
<p>16 BBQ Chicken Breast Baked Potato Dilled Carrots HM Dinner Roll Fruit Salad</p>	<p>17 Sliced Ham w/ Pineapple glaze Mashed Sweet Potatoes Green Beans w/Almonds HM Rye Bread Applesauce Bars Cranberry Juice</p>	<p>18 12:30 Board Meeting Spaghetti w/ Meat Sauce Lettuce Salad Assorted Veggies HM Garlic Bread Peaches</p>	<p>19 Meat Loaf Mashed Potatoes/Gravy California Blend Veggies HM Dinner Roll Cherry Jello/Mixed fruit</p>	<p>20 Music by Connie Webber Fish Sandwich Tarter Sauce & Lettuce Leaf Carrots Au gratin Potatoes HM Bun Fruit Pie</p>
<p>23 Breaded Chicken Sandwich Creamed Potatoes Buttered Peas HM Bun Tapioca Fruit Salad</p>	<p>24 Meat Balls w/ Mushroom Sauce Augratin Potatoes Green beans w/ Bacon HM Pumpkin Muffin</p>	<p>Caregivers 25 Group "We Serve Wednesday" Sliced Pork Roast & Kraut Mashed Potatoes & Gravy Scalloped Corn HM Rye Bread Hawaiian Dinner Roll Apricot Salad</p>	<p>26 Turkey Vegetable Rice Soup Crackers Oatmeal Muffin Strawberry Short Cake Tomato Juice</p>	<p>27 Music by Deb Dickey Fine Dining Friday Ham Balls Stewed Tomatoes Bake Potato HM Dinner Roll Lime Jello w/ Pears</p>
<p>30 Potato Soup w/ Chopped Ham HM Rye Bread Peach Cobbler Celery sticks w/ Peanut Butter</p>	<p>31 Oven Baked Chicken Mashed Potatoes Creamed Corn Mandarin Oranges Dinner Roll</p>		<p>MOW go out at 11:00 am Drive Through on west Side of building from 11:15—11:30 am Congregate meals served In house at 11:45 am</p>	<p>Enjoy Misty's Homemade Breads Daily 2% or Skim Milk Coffee & Water Served Daily</p>